

Doula Approved Education & Training Requirement(s)

Initial Path 1	Initial Path 2	Initial Path 3	Initial Path 4	Initial Path 5	Culturally Relevant	Continuing Education
Documentation of at least 30 hours of in-person or a combination of in-person and online instruction in core competency topics that may include: <ul style="list-style-type: none"> ● Entrepreneurship ● Standards of practice & ethics ● Childbirth process ● Parental engagement ● Postpartum care ● Grief ● Trauma-informed care ● Cultural doula practices ● Anatomy and physiology 	Documentation of current certification with a nationally recognized doula organization.	For doulas from a community trained in non-western doula practices as determined by the director, documentation confirming that core competencies have been met through culturally specific training or education that is subject to review by the director. <p align="center">OR</p> Other related individualized or experiential training or education that is subject to review by the director.	For doulas from a community trained in non-western doula practices as determined by the director, documentation confirming that core competencies have been met through culturally specific training or education that is subject to review by the director. <p align="center">OR</p> Other related individualized or experiential training or education that is subject to review by the director.	Documentation of current certification with a nationally recognized doula organization.	The advisory council shall identify classes that address culturally relevant doula practices.	15 hours of continuing education required to renew license (three-year license period).

Approved Organizations	Initial Path 1 (30 hours)	Initial Path 2	Initial Path 3	Initial Path 4	Initial Path 5	Culturally Relevant	Continuing Education
Ancient Song							x
Arizona Birthworkers of Color						x	x
Bebo Mia Certification						x	x

BEST Doula Training		x			x	x	x
Birth Advocacy Doula Training		x			x	x	x
Birth Arts International		x			x		x
Catholic Doula Program						x	x
Childbirth and Postpartum Professional Association	x	x			x		x
Cihuapactli Collective Doula Training	x					x	x
Commonsense Childbirth Institute		x			x	x	x
DONA International	x	x			x	x	x
Elite Doula & Co						x	
Health Connect One	x	x			x		x
International Childbirth Education Association	x	x			x		x
International Doula Institute	x					x	x
Madriella Training		x			x		
Mama Glow	x *	x			x		x
Maternity Wise International	x					x	x
Matrona Holistic Doula Training	x	x			x	x	x
Modaba Doula Training						x	x
ProDoula		x			x	x	x
Sista Midwife Productions Doula Training		x			x	x	x
SMS Full Circle Doula Training	x	x			x	x	x
Sumistouch	x	x			x	x	x
Tewa Women United						x	x
Uzazi Village	x	x			x	x	x

Zaagi'idiwin Full Spectrum Indigenous Doula Training	x	x			x	x	x
	*If both programs are taken to ensure the completion of 30 hours.						