

Look before you lock

More info: azhealth.gov/SafeRide



Make a routine

Get in the habit of checking the back seat of your car every time you park whether your child is with you or not. Always be sure to look before you lock.



Put something in the back seat

Place something you need at your destination in the back seat so you will be sure to open the back door. For example: a cellphone, employee badge, a handbag, or another important item.



Never leave your child alone

A vehicle can reach a dangerous temperature in as little as 10 minutes, even on a relatively cool day. Parking in the shade or rolling down a window does not prevent car deaths.



Be sure to communicate

If you have a change in routine, such as your partner or parent is dropping your child off at child care, make sure you communicate to confirm the drop-off was made.

More tips



Set an alarm with a distinct sound on your cell phone or computer calendar as a reminder to drop your child off at child care.



Consider technology that alerts drivers to check the back seat.



Ask your babysitter or child care provider to contact you if your child hasn't arrived as scheduled.