



Look before you lock

More info: azhealth.gov/SafeRide



Make a routine

Get in the habit of checking the back seat of your car every time you park - whether your child is with you or not. Always be sure to look before you lock.



Put something in the back seat

If you are driving with a child, after you correctly buckle them in a car seat or booster seat - place something you need at your destination in the back seat so you will be sure to open the back door. For example: a cellphone, employee badge, a handbag, or another important item.



Use a stuffed animal

Keep a stuffed animal in the child's car seat. Place it on the front passenger seat as a reminder when the child is in the back seat.



Be sure to communicate

If you have a change in routine, such as your partner or parent dropping your child off at child care instead of you, make sure you and the other person communicate to confirm the drop-off was made.

More tips



Set an alarm on your cell phone or computer calendar as a reminder to drop your child off at child care.

Remember to make the alarm song/sound different from all other alert sounds on your device.



Consider technology that alerts drivers to check the back seat.

Vehicle and child restraint manufacturers have been working on various evolving alert systems and some technologies are available now!



Ask your babysitter or child care provider to contact you if your child hasn't arrived as scheduled.