

Monsoon resources & tools

Monsoon resources

Monsoon safety

Information on staying safe during monsoon weather from the Arizona Department of Health Services (ADHS).

Monsoon awareness

Information on monsoon awareness and safety from the National Oceanic and Atmospheric Administration.

• The North American Monsoon

Information about the North American Monsoon from the National Oceanic and Atmospheric Administration.

Monsoon safety

Information on monsoon safety from the National Weather Service.

• Northern Arizona monsoon season

Information about Northern Arizona's monsoon season from the National Weather Service.

Monsoon weather map

Map of current Monsoon weather conditions from the National Weather Service.

• Environmental public health tracking data explorer past precipitation data Historic and projected precipitation data for Arizona counties.

Arizona summer monsoon season precipitation mapping

Maps of Arizona monsoon season precipitation from the University of Arizona and the Climate Assessment for the Southwest (CLIMAS).

Monsoon information

Monsoon information as well as outlooks, tracking and other tools from the University of

Arizona and the Climate Assessment for the Southwest (CLIMAS).

Disaster supplies kit

Information on making a disaster supplies kit from ADHS.

Household disaster checklist

Information on preparing a household emergency plan from ADHS.

Heat resources

Arizona Department of Health Services extreme heat page
 Information about extreme heat prevention and safety from ADHS.

• ADHS heat alert notice subscription

Notifications of extreme heat in Arizona from ADHS.

• Heat-Related Illness Dashboard

Data on heat-related illnesses in Arizona.

HeatRisk map

The National Weather Service's Heat Risk map showing risks of heat health impact.

UV index map

A forecast map from the Environmental Protection Agency of expected risk of overexposure to UV radiation from the sun.

Heat index chart

Chart with health effects and safety recommendations from ADHS.

Heat forecast tools

Heat forecast tools from the National Weather Service.

• Cooling center map

A map of cooling centers offering water or shelter from the sun around the state.

SunWise resources

Sun safety

ADHS SunWise sun safety tips.

• SunWise Tip Sheet [Español]

ADHS SunWise sun safety tip sheet.

Arizona Cancer Registry Data Dashboard

A population-based surveillance system that collects information on the incidence, survival, and mortality of people diagnosed with cancer of Arizona residents.

• Sunscreen 101

ADHS SunWise information about sunscreen to offer your skin the best protection possible.

Sunscreen infographic

Infographic about when to apply sunscreen, applying sunscreen to babies and sunscreen rules for Arizona schools from ADHS.

• Melanoma profile

A 2017 report on Arizona's melanoma profile from ADHS.

Melanoma in Arizona

Data infographic on melanoma cases in Arizona from 2015 to 2019 from ADHS.

• Profile of melanoma cases

A 2019 profile of myeloma cases in Arizona based on data from the Arizona Cancer Registry.

• Different forms of sun protection

Information on different types of clothing and shade that can provide sun protection from ADHS.

Flooding resources

Flooding

Information about flooding safety from ADHS.

Flood educational materials

Educational information on floods from the Centers for Disease Control & Prevention.

Emergency updates

Emergency updates from the Arizona Division of Emergency Management.

Past flood information

Information on past flooding from the U.S. Geological Survey.

• What to do after a flood [Español]

Fact sheet on steps to take after a flood from ADHS.

• Food safety after a flood [Español]

Fact sheet on how to ensure water and food safety following a flood from ADHS.

• Mold symptoms, identification, and clean-up procedures

Fact sheet on symptoms of mold exposure as well as how to identify and clean mold from ADHS.

Frequently asked questions (FAQs) about mold

Answers to commonly asked questions about mold from ADHS.

• Flood response plan

ADHS' Public Health Emergency Preparedness flood response plan.

Well water flooding resources

Information on protecting your well water from flooding and ensuring well water safety following flooding from the National Ground Water Association.

Wildfire resources

What to do after a wildfire?

Fact sheet on what to do after a wildfire from ADHS.

Valley fever resources

Valley fever

Information about valley fever prevention, symptoms, risk and more from ADHS.

Valley fever

Information about valley fever from the Centers for Disease Control and Prevention.

Valley fever dashboard

Data dashboard on reported Arizona valley fever cases from ADHS.

Valley fever brochures (<u>English</u>)/(<u>Spanish</u>)/(<u>Pregnancy</u>)

Informational brochures about valley fever symptoms and prevention from ADHS.

Valley fever frequently asked questions (FAQs)

Answers to commonly asked questions about valley fever from ADHS.

- Those at risk for severe Valley fever disease
 Information about people who are more at risk of developing severe forms of valley fever.
- Valley Fever Center for Excellence (VFCE)
 Information and resources on valley fever from the Valley Fever Center for Excellence.

Mosquito-borne illness resources

- Extreme weather and vector-borne diseases
 Information on mosquito-borne diseases from ADHS.
- <u>Protection from mosquito bites</u>
 Information on how to protect against mosquito bites and mosquito repellents.
- <u>Find the repellent that is right for you</u>
 Information on finding the best mosquito repellent from the Environmental Protection Agency.
- Mosquito breeding sites fact sheet
 Infographic fact sheet on how to prevent mosquito breeding sites in your home and yard.
- West Nile virus fact sheet
 Fact sheet about West Nile virus symptoms and prevention from ADHS.
- West Nile virus
 Information about the virus from the Centers for Disease Control and Prevention.