

Cryptosporidium

WHAT ARE THE SYMPTOMS?

diarrhea

fever

vomiting

stomach
Cramps/Pain

nausea

weight loss

WHAT IS CRYPTOSPORIDIUM?

Cryptosporidium is a germ that causes diarrhea. Often called "crypto," it is the leading cause of human disease transported by water in the U.S.

HOW IS IT SPREAD?

Crypto is spread through contact with poop. A person must swallow contaminated food or water to get sick. It is tolerant to chlorine, so it can be found in poorly treated pools.

HOW DO I STAY SAFE?

If traveling to an area with poor water treatment, drink bottled or boiled water, and avoid drinks with ice cubes.

Wash hands after using the bathroom or changing diapers, and before preparing food.

Shower with soap before swimming, and avoid swimming for 2 weeks after having diarrhea.

WHO IS AT RISK?

Travelers from areas with poor water treatment and food sanitation

People exposed to fecal matter during sexual activity

Swimmers who swallow contaminated water

Diaper-wearing children

Close contacts of someone with Crypto

People who have contact with cattle and other livestock

More Info



AZ Department of Health Services
www.azhealth.gov/waterborne
www.cdc.gov/parasites/crypto/



ARIZONA DEPARTMENT
OF HEALTH SERVICES