

How to stay safe while waiting for your COVID-19 test results

Take the following precautions until you receive the results of your COVID-19 test

STAY AT HOME

Take everyday precautions to slow the spread of COVID-19.

If you have symptoms:

- Do not go to work or school.
- Physically distance from others at home by at least 6 ft.

If you do not have symptoms:

- No isolation is required.



KEEP YOUR HANDS CLEAN

- Wash hands often with soap and water for at least 20 seconds.
- If soap and water are unavailable, use an alcohol-based hand sanitizer with at least 60% alcohol.



PRACTICE GOOD COUGH AND SNEEZE HYGIENE

- Cover your cough and sneeze with a tissue or your elbow, then throw the tissue away.
- Wash hands immediately after coughing or sneezing.



CLEAN AND DISINFECT SURFACES AND OBJECTS

- Clean and disinfect frequently touched objects and surfaces, such as tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, and electronics.
- Use an EPA-approved disinfectant.

