



Measles

Measles is caused by the measles virus.

Signs & Symptoms:

- High fever
- Cough
- Runny nose
- Red, watery eyes

Three to five days after the symptoms start a rash will usually appear on the hairline and then move down the body and arms to the legs.

The rash will fade in the opposite direction.

How It's Spread:

Measles is spread person to person by coughing or sneezing.

Measles can stay in the air for up to 2 hours after someone with measles has left a room.

You can spread measles 4 days before your rash appears until 4 days after.

Prevention:

- Stay **up-to-date** on your MMR (measles-mumps-rubella) vaccinations.

Additional Resources:

azdhs.gov/measles

cdc.gov/measles

cdc.gov/vaccines/schedules/