NAVAJO HEALTH EDUCATION PROGRAM

Navajo Nation Department of Health
Est. Dec 2014
Vivian Bahe, Health Educator

I have no relevant financial or nonfinancial relationships to disclose.

May you walk in Beauty
SITE LOCATIONS

- 8 Service Areas
  - Kayenta
  - Shiprock
  - Crownpoint
  - Gallup
  - Ft. Defiance
  - Winslow
  - Tuba City
  - Chinle

- Sub Offices
  - DZ
  - Red Mesa
  - Pinon
  - Tsaile
  - Many Farms
  - Tohatchi

- Window Rock Central Office (Main office)
KAYENTA SERVICE AREA

- Oljato Chapter
- Kayenta Chapter
- Dennehotso Chapter
- Chilchinbeto Chapter
- Shonto Chapter
- Inscription House Chapter
- Navajo Mountain Chapter
PERSONNEL

Central Office
- Program Manager
- Administrative Assistants
- Senior Accountant
- Temporary Employees

Site Locations
- Senior Health Educators
- Health Educators
- Health Ed Technicians
- Office Specialists
- Temporary Employees
MISSION STATEMENT

Creating a Healthy Nation by promoting healthy lifestyles.
To increase healthy, productive, and functional life of all Navajo individuals by delivering culturally relevant health education services.
“The capacity of an individual to obtain, interpret, & understand basic health information and services and the competence to use such information and services in ways which are health enhancing.”

-Joint Health Education Standards Committee
Process with intellectual, psychological, and social dimensions relating to activities which increase the abilities of people to make informed decisions affecting their personal, family, & community’s well being.

This process, based on scientific principles, facilitates learning for behavioral change in both health personnel & consumers including children & youth.
1934
- Officially marked the start of the health education program
- Sally Jean Lucas was appointed as the first supervisor

1952
- Growth expanded to include community based general education & economic development, adult education, & child growth & development

1955
- Congressionally mandated line item allowed for continued expansion
1956

- 3 Universities developed American Indian specific projects for field based training of health educators
- Prototype Established- peace corp volunteers & other international development workers
- Expansion & growth lead from a disease specific focus to multi-focused social, economic, educational, community development & health promotion program
- Congress had supported the Indian Health Service commitment to a comprehensive health education program
<table>
<thead>
<tr>
<th>HEALTH EDUCATION TODAY 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>By July 1988, The Navajo Nation contracted the Health Education Branch through Public Law 93-638 from NAIHS.</td>
</tr>
<tr>
<td>By July 2015 will record the 27 year mark of successful tribal management of a federal program.</td>
</tr>
<tr>
<td>Since 1995 to the present, the Navajo Health Education Program is managed under a Master Contract with the Navajo Area Indian Health Service.</td>
</tr>
<tr>
<td>Today, Health Education has taken on a broader role and its viewed as a means of improving the health status of the Navajo people through use of acquired knowledge of health matters. The information is provided in a culturally acceptable method to enable people to understand healthful lifestyle changes.</td>
</tr>
<tr>
<td>The Navajo Health Education Program is supported by a Congressionally appropriated Discretionary line item at 100% federal funds.</td>
</tr>
</tbody>
</table>
NHEP SERVICES

- Actual application /implementation of health education interventions
- Planned according to identified need (needs assessment)
- Delivered from a general to a specific target population
AREAS OF FOCUS

- School Health
- Worksite Health
- Community Health
- Patient Health
- Health Literacy
SCOPE OF WORK

Substance Abuse & Injury Prevention
Family Health & Wellness
Physical Activity
Chronic Diseases
Bioterrorism & Emergency Preparedness
Communicable Disease
There are 5 HIV/AIDS Health Educators with the NN HIV Prevention Program

- Ft. Defiance Agency-WR
  - Fannie Jackson
- Western Agency-Tuba
  - Vacant
- Eastern Agency-Crwnpt
  - Vacant
- Southwest Agency-Dilkon
  - Gerry Chee
- Northern Agency-SR
  - Evangeline Tohdacheeny
NATIONAL NATIVE HIV/AIDS AWARENESS DAY 2015

Learn about HIV/AIDS & STD’s
LOCATION: KAYENTA FLEE MARKET
DATE: WEDNESDAY, MARCH 18, 2015
TIME: 10:00AM – 2:00PM

For more information:
Kayenta Navajo Health Education Program
Navajo Nation HIV Prevention Program
(928) 697-4225/4227

LIKE US ON FACEBOOK:
Navajo Health Education Program-Gallup Service Unit
Navajo Nation HIV Prevention Program
www.facebook.com/NHPP
SCHOOL HEALTH

Shonto School Wellness

Middle School Flu Clinic
COMMUNITY HEALTH

Utah Navajo Fair

MV Community Celebration
INJURY PREVENTION

Kayenta Carseat Clinic

Parent installing carseat
SCHOOLS

4 High Schools:
- Monument Valley Mustangs (AZ)
- Monument Valley Cougars (UT)
- Shonto Prep HS Bears
- Navajo Mountain Jaguars

9 Junior High & Elementary Schools:
- Monument Valley Junior High School
- Tse Bii' Nidzisgai Elementary School
- Kayenta Middle School
- Kayenta Elementary School
- Dennehotso Boarding School
- Chilchinbeto Community School
- Shonto Preparatory Junior High School
- Kayenta Community School
- Naa Tsis’ Aan Community School
NHEP ACTIVITIES

- Emergency Operations
  - Winter Preparedness
- Fitness Events
  - Just Move It
  - Community Walks
  - Running Together in Beauty for a Healthier NN
- Health Conferences/Workshops
- Health Fairs (Schools, Communities)
- Projects
  - Navajo Youth Risk Behavior Survey
  - Rocky Mountain Spotted Fever
  - Worksite Employee Wellness
  - Carseat Program
- HIV/STD’s Outreach
  - Safe Sex Kits
  - HIV/AIDS/STD Education
SPECIAL THANKS TO OUR PARTNERS
THANK YOU