

# NAVAJO HEALTH EDUCATION PROGRAM



Navajo  
Nation  
Department  
of Health

Est. Dec 2014



■ **Vivian Bahe**, Health Educator

I have no relevant financial or nonfinancial relationships to disclose.



**May you walk in Beauty**

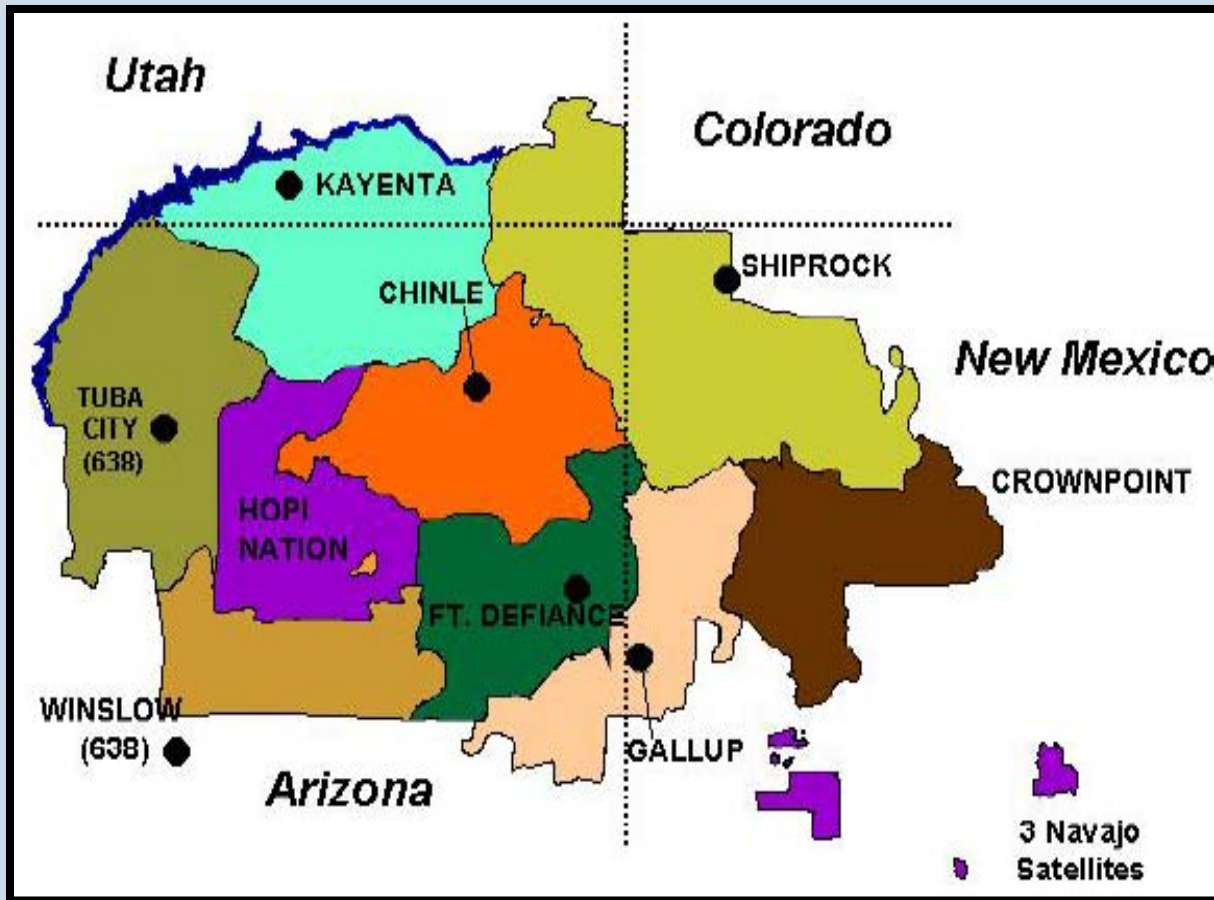
**KAYENTA  
SERVICE  
AREA**

PO Box 368  
Kayenta, AZ  
86033

Tel: (928) 697  
4225/7



# SITE LOCATIONS



## 8 Service Areas

- Kayenta
- Shiprock
- Crownpoint
- Gallup
- Ft. Defiance
- Winslow
- Tuba City
- Chinle

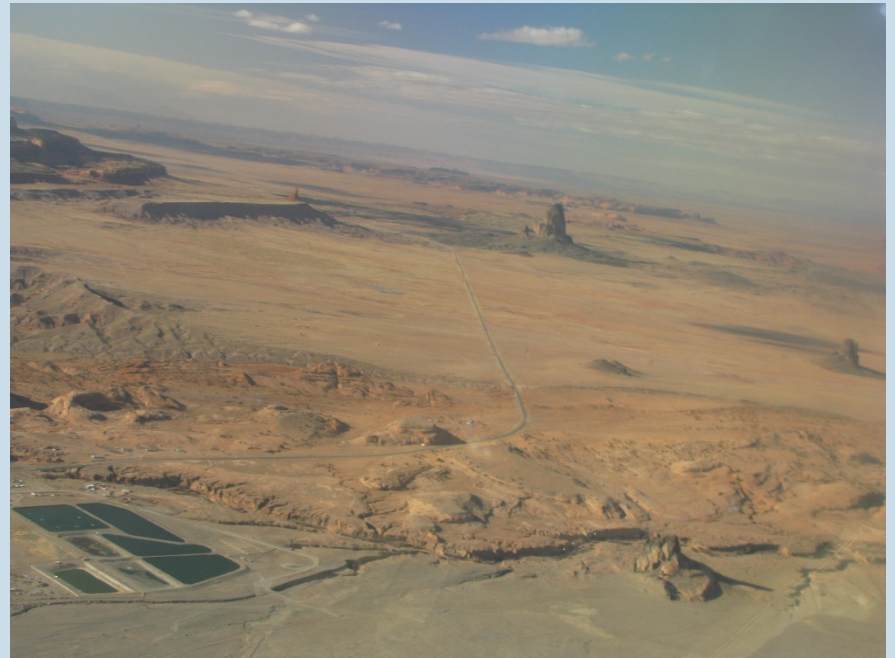
## Sub Offices

- DZ
- Red Mesa
- Pinon
- Tsaile
- Many Farms
- Tohatchi

-Window Rock Central Office (Main office)

# KAYENTA SERVICE AREA

- Oljato Chapter
- Kayenta Chapter
- Dennehotso Chapter
- Chilchinbeto Chapter
- Shonto Chapter
- Inscription House Chapter
- Navajo Mountain Chapter



# PERSONNEL

## Central Office

- **Program Manager**
- **Administrative Assistants**
  - **Senior Accountant**
- **Temporary Employees**

## Site Locations

- **Senior Health Educators**
  - **Health Educators**
- **Health Ed Technicians**
  - **Office Specialists**
- **Temporary Employees**

# MISSION STATEMENT

**Creating a Healthy  
Nation by promoting  
healthy lifestyles.**

# GOAL

**To increase healthy, productive, and functional life of all Navajo individuals by delivering culturally relevant health education services.**



# HEALTH LITERACY

**“The capacity of an individual to obtain, interpret, & understand basic health information and services and the competence to use such information and services in ways which are health enhancing.”**

**-Joint Health Education Standards Committee**



# HEALTH EDUCATION

- Process with intellectual, psychological, and social dimensions relating to activities which increase the abilities of people to make informed decisions affecting their personal, family, & community's well being.
- This process, based on scientific principles, facilitates learning for behavioral change in both health personnel & consumers including children & youth.

# PROGRAM BACKGROUND

## ■ 1934

- Officially marked the start of the health education program
- Sally Jean Lucas was appointed as the first supervisor

## ■ 1952

- Growth expanded to include community based general education & economic development, adult education, & child growth & development

## ■ 1955

- Congressionally mandated line item allowed for continued expansion

# PROGRAM BACKGROUND

## ■ 1956

- 3 Universities developed American Indian specific projects for field based training of health educators
- Prototype Established-peace corp volunteers & other international development workers
- Expansion & growth lead from a disease specific focus to multi-focused social, economic, educational, community development & health promotion program
- Congress had supported the Indian Health Service commitment to a comprehensive health education program

# HEALTH EDUCATION TODAY 2015

- By July 1988, The Navajo Nation contracted the Health Education Branch through Public Law 93-638 from NAIHS.
- By July 2015 will record the 27 year mark of successful tribal management of a federal program.
- Since 1995 to the present, the Navajo Health Education Program is managed under a Master Contract with the Navajo Area Indian Health Service.
- Today, Health Education has taken on a broader role and its viewed as a means of improving the health status of the Navajo people through use of acquired knowledge of health matters. The information is provided in a culturally acceptable method to enable people to understand healthful lifestyle changes.
- The Navajo Health Education Program is supported by a Congressionally appropriated Discretionary line item at 100% federal funds.

# NHEP SERVICES

- Actual application /implementation of health education interventions
- Planned according to identified need (needs assessment)
- Delivered from a general to a specific target population

# AREAS OF FOCUS

- School Health
- Worksite Health
- Community Health
- Patient Health
- Health Literacy



# SCOPE OF WORK

- 
- Substance Abuse & Injury Prevention
  - Family Health & Wellness
  - Physical Activity
  - Chronic Diseases
  - Bioterrorism & Emergency Preparedness
  - Communicable Disease



# NN HIV/AIDS PREVENTION PROGRAM - 2006

- There are 5 HIV/AIDS Health Educators with the NN HIV Prevention Program
  - Ft. Defiance Agency-WR
    - Fannie Jackson
  - Western Agency-Tuba
    - Vacant
  - Eastern Agency-Crownpt
    - Vacant
  - Southwest Agency-Dilkon
    - Gerry Chee
  - Northern Agency-SR
    - Evangeline Tohdacheeny





# NATIONAL NATIVE HIV/AIDS AWARENESS DAY 2015



**Learn about HIV/AIDS & STD's**

**LOCATION: KAYENTA FLEE MARKET**  
**DATE: WEDNESDAY, MARCH 18, 2015**  
**TIME: 10:00AM – 2:00PM**



For more information:  
**Kayenta Navajo Health Education Program**  
**Navajo Nation HIV Prevention Program**  
(928) 697-4225/4227



**LIKE US ON FACEBOOK:**  
Navajo Health Education Program-Gallup Service Unit  
and  
Navajo Nation HIV Prevention Program  
[www.facebook.com/NNHPP](http://www.facebook.com/NNHPP)

# HEALTH EDUCATION SETTINGS



# SCHOOL HEALTH



**Middle School Flu Clinic**

## Shonto School Wellness





# COMMUNITY HEALTH

**Utah Navajo Fair**



**MV Community Celebration**

# INJURY PREVENTION

## Kayenta Carseat Clinic

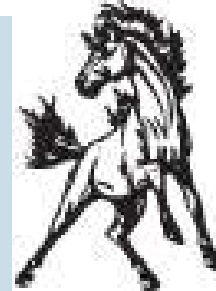


Parent installing carseat

# SCHOOLS

## 4 High Schools:

- Monument Valley Mustangs (AZ)
- Monument Valley Cougars (UT)
- Shonto Prep HS Bears
- Navajo Mountain Jaguars



## 9 Junior High & Elementary Schools:

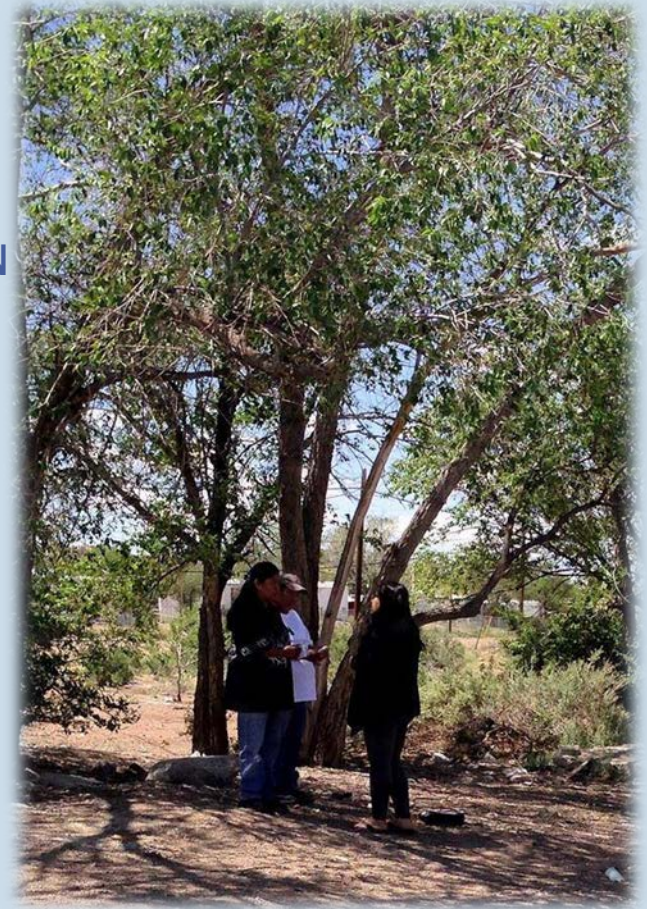
- Monument Valley Junior High School
- Tse Bii' Nidzizgai Elementary School
- Kayenta Middle School
- Kayenta Elementary School
- Dennehotso Boarding School
- Chilchinbeto Community School
- Shonto Preparatory Junior High School
- Kayenta Community School
- Naa Tsis' Aan Community School





# NHEP ACTIVITIES

- **Emergency Operations**
  - Winter Preparedness
- **Fitness Events**
  - Just Move It
  - Community Walks
  - Running Together in Beauty for a Healthier NN
- **Health Conferences/Workshops**
- **Health Fairs (Schools, Communities)**
- **Projects**
  - Navajo Youth Risk Behavior Survey
  - Rocky Mountain Spotted Fever
  - Worksite Employee Wellness
  - Carseat Program
- **HIV/STD's Outreach**
  - Safe Sex Kits
  - HIV/AIDS/STD Education



# SPECIAL THANKS TO OUR PARTNERS







THANK YOU

