

# 2021 Valley Fever Awareness Poster Contest

Help Arizonans learn about Valley fever!



ADHS

## What to do

Create a poster that uses some (or all) of the following messages to increase the public's knowledge about Valley fever.

These include:

- ❖ Know the signs and symptoms of Valley fever
- ❖ Valley fever and COVID-19 can have similar symptoms (e.g., cough, fever, exhaustion)
- ❖ Ask your doctor to test you if you think you have Valley fever
- ❖ Stay out of blowing dust
- ❖ Wet the ground before disturbing the soil
- ❖ **ANYONE** can get Valley fever — even healthy people, **DOGS**, and other pets

## The Rules

- ❖ Posters must be on unlined regular paper 8 ½" x 11" in size.
- ❖ A completed entry form (found at the bottom of this page) **MUST** accompany each poster.
- ❖ Only Arizona residents 18 years and younger are eligible to participate.
- ❖ Posters must be received **by December 17<sup>th</sup>, 2021** to be eligible for prizes.
- ❖ Mail the poster and entry form to:

***Guillermo Adame, Arizona Department of Health Services  
150 N. 18<sup>th</sup> Ave., Suite 140, Phoenix, AZ 85007***

***Or***

***Email the scanned poster and entry form to [cocci@azdhs.gov](mailto:cocci@azdhs.gov)***

## The Fine Print

**Materials must be original.** Posters that have any unoriginal material will be disqualified. Judges reserve the right to disqualify any entry that does not conform to the rules. All posters become the property of ADHS and may be used in future promotional Valley fever campaigns.

Questions? Please contact [cocci@azdhs.gov](mailto:cocci@azdhs.gov). For more information about Valley fever please visit the ADHS website at [valleyfeverarizona.org](http://valleyfeverarizona.org)

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***Submitter First and Last Name***

***Age***

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***Parent Name/ Email/ Phone #***

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***Teacher/ Camp/ School Name***

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***Teacher/ Camp/ School Email/ Phone #***

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***How did you hear about the Valley Fever Poster Contest?***

