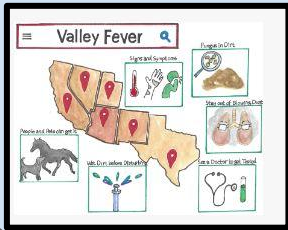


## Ages 6-13:

Lots of prizes!

Create a poster about Valley Fever. These can include both text and graphics. Designs should be eye-catching and informative. See previous examples [here](#).



## Ages 14+

Create an infographic, fact sheet, short video, or other creative products.

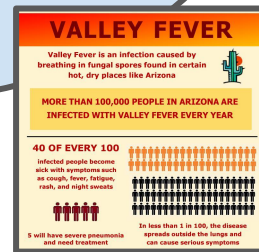


- An Infographic/Fact sheet should include a mixture of pictures and data visuals that offer an easy-to-understand topic overview.
- A short video should be about 1-2 minutes long and shareable by email.

Feel free to explore our [Public Resources](#) for great [examples](#) of what you submit!



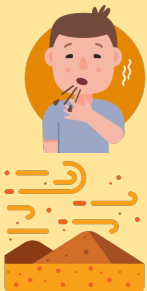
**How Can You Help  
Arizonans Learn  
about Valley Fever?**



Images from Flaticon.com

Posters, infographic, fact sheet, videos, etc. should include some of the following messages to improve the public's awareness about Valley fever:

- Anyone can get Valley fever, even healthy people, dogs, and other pets
- Know the [signs and symptoms](#) of Valley fever
- Valley fever and COVID-19 can have similar symptoms (cough, fever, exhaustion)
- Ask your doctor to test you if you think you have Valley fever
- Stay out of blowing dust
- Wet the ground before disturbing the soil



- Email your submission to [cocci@azdhs.gov](mailto:cocci@azdhs.gov) by 12/15/2023
- A completed entry form must accompany each submission (next page)
- Submissions must be original!
- Only Arizona residents are eligible to participate.
- All submissions become the property of ADHS and may be used in future promotional Valley fever campaigns.





## Valley Fever Contest Entry Form

(include this with every submission emailed to [cocci@azdhs.gov](mailto:cocci@azdhs.gov) )

Submitter First and Last Name

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Submitter Age

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Ages 6-13:

Guardian Name, Email and Phone #

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Teacher/ Camp/ School Name

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Ages 14+

Email and Phone #

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Teacher/College/Other Affiliation/Job (if any)

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How did you hear about the Valley Fever Contest?

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Questions? Please contact [cocci@azdhs.gov](mailto:cocci@azdhs.gov). For more information about Valley fever please visit the ADHS website at [www.valleyfeverarizona.org](http://www.valleyfeverarizona.org)