Free Living Amoebae

WHAT ARE THE SYMPTOMS?

Nausea, vomiting
Severe frontal headache
Fever
Stiff neck
Seizures
Hallucinations

WHAT ARE FREE LIVING AMOEBAE?

Germs that live in warm fresh water; like lakes, streams, in dirty pools or tap-water. They are not harmful if swallowed, but if dirty water goes up your nose, these germs can get into your brain and make you sick.

HOW DO I AVOID GETTING THEM?

These germs can live in regular tap water. If you do any kind of nasal rinsing, use bottled or boiled water to stay safe!

Remember, these germs are not harmful if swallowed, but be careful of getting water up your nose!

WHERE DO THESE GERMS LIVE?

Lakes
Water heaters
Tap water
Pipes
Warm water

More Info

AZ Department of Health Services
www.azhealth.gov/waterborne
www.cdc.gov/dpdx/freeLivingAmebic

Arizona Department of Health Services