Abbott

Patient Instructions for Preparation of Powdered Similac® Infant Formulas

Infant Formula Mixing Instructions: Powder

- Hypocaloric and hypercaloric formulas should be used under the direction of a physician
- 27 Cal/fl oz or more calorically dense formula may not supply enough water for some infants. Hydration status should be monitored and water supplied from other sources if necessary
- For improved tolerance, it is best to increase caloric density slowly, by 2 to 4-Cal/fl oz increments
- On the next page, please fill out sections 1 or 2.

The following tables show the quantity of water to mix with the number of unpacked, level scoops(s) of powder to arrive at the approximate caloric densities shown. Use only the scoop provided in the container.

1)

Caloric Density (Cal/fl oz)	Water, fl oz (mL)	Unpacked, level scoop(s)	Approx. Yield (fl oz)
20 (standard)	2 (60)	1	2
22	3½ (105)	2	4
24	5 (150)	3	5½
26	1½ (45)	1	2
27	4¼ (125)	3	5
28	5½ (165)	4	6½
30	5 (150)	4	6

For Select Similac® Containers (8.6 – 8.8 g powder per scoop)

2)

Caloric Density (Cal/fl oz)	Water, fl oz (mL)	Unpacked, level scoop(s)	Approx. Yield (fl oz)
20 (standard)	2 (60)	1	2
22	3½ (105)	2	4
24	5 (150)	3	5½

For Select Similac® Containers (8.8 g powder per scoop)

Similac® for Spit-Up should not be reconstituted above 24 Cal/oz.

Powdered Similac® Infant Formula Recipe

Date: _____

It is important that you use the formula checked by your doctor below and follow the appropriate mixing directions.

Baby's Name: _____ Health Care Professional: _____ Patient # _____

1)

Caloric Density (Cal/fl oz)	Water, fl oz (mL)	Unpacked, level scoop(s)*	Approx. Yield (fl oz)
_____ Calories per fl oz	_____ fl oz	_____ level, unpacked scoop(s)	_____ fl oz

For Select Similac® Containers (8.6 – 8.8 g powder per scoop)

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2)

Caloric Density (Cal/fl oz)	Water, fl oz (mL)	Unpacked, level scoop(s)*	Approx. Yield (fl oz)
_____ Calories per fl oz	_____ fl oz	_____ level, unpacked scoop(s)	_____ fl oz

For Select Similac® Containers (8.8 g powder per scoop)

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Similac® for Spit-Up should not be reconstituted above 24 Cal/oz.

*Use only scoop supplied in container.

Questions? Get live help at **800-986-8800.**

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