

Arizona WIC Risk Table

FFY 2023

X = Requires documentation by a Physician or Primary Care Provider

XX = Requires documentation by a Physician, Primary Care Provider, or Nutritionist

XXX = Requires documentation by a Physician, Primary Care Provider, Nutritionist, or Competent Professional Authority

XS = Self-reported by the applicant/participant/caregiver as a diagnosis received from a Physician

HR = Referral to a Registered Dietitian/High-Risk Nutritionist

MR = Referral to a Nutritionist that can counsel medium risks if one is available, otherwise referred to High-Risk Nutritionist

NA = Not Applicable

Code	Risk Name	Priority —PG	Priority —BF	Priority —PP	Priority —Infant	Priority —Child	Documentation	Mandatory Nutritionist Referral
101	Pre-Pregnancy BMI less than 18.5	1	1	3	NA	NA	NA	HR
103.1	Weight for length less than or equal to 2nd percentile (Infants, children less than 2 years old) BMI for age less than or equal to 5th percentile (children 2 or over)	NA	NA	NA	1	3	NA	HR
103.2	Weight for length above the second 2nd percentile, but less than or equal to the 5th (Infants, children less than 2 years old) BMI for age less above the 5th percentile, but less than or equal to the 10th (children 2 or over)	NA	NA	NA	1	3	NA	NA
111	Pre-Pregnancy BMI greater than or equal to 25	1	1	6	NA	NA	NA	HR
113	BMI for age greater than or equal to 95th percentile	NA	NA	NA	NA	3	NA	HR
114	BMI/age > 85th % but < 95th % or Family History of BMI > 30	NA	NA	NA	1	3	NA	NA
115	Weight for length greater than or equal to 98th percentile	NA	NA	NA	1	3	NA	MR
131	Low Maternal Weight Gain	1	NA	NA	NA	NA	NA	MR
133	High Maternal Weight Gain	1	1	6	NA	NA	NA	MR
134	Failure to Thrive	NA	NA	NA	1	3	XS	HR
135	Slowed/Faltering Growth Pattern	NA	NA	NA	1	NA	NA	HR
141	Low Birth Weight (Children less than 24 months)	NA	NA	NA	1	3	NA	HR (MR - low birth weight infants/ children, previously seen by High-Risk Nutritionist, when infants are between 12-24 months)

Code	Risk Name	Priority —PG	Priority —BF	Priority —PP	Priority —Infant	Priority —Child	Documentation	Mandatory Nutritionist Referral
142.1	Preterm Delivery	NA	NA	NA	1	3	NA	HR (MR - preterm infants/children previously seen by High-Risk Nutritionist, when infants are between 12-24 months.)
142.2	Early Term Delivery	NA	NA	NA	1	3	NA	MR
151	Small for Gestational Age (Children less than 24 months)	NA	NA	NA	1	3	XS	NA
153	Large for Gestational Age	NA	NA	NA	1	NA	NA	NA
201.1	Low Hemoglobin/Low Hematocrit (Nutritionist range)	1	1	3	1	3	NA	HR (see App. C/ Lab Manual) or (MR - anemia, when hemoglobin is in the "Nutritionist" ranges)
201.2	Low Hemoglobin/Low Hematocrit (non-Nutritionist range)	1	1	3	1	3	NA	NA
211	Elevated Blood Lead Levels	1	1	3	1	3	XS	NA
301	Hyperemesis Gravidarum	1	NA	NA	NA	NA	XS	HR
302	Gestational Diabetes	1	NA	NA	NA	NA	XS	HR
303	History of Gestational Diabetes	1	1	6	NA	NA	XS	MR
304	History of Preeclampsia	1	1	6	NA	NA	XS	MR
311	History of Preterm or Early Term Delivery	1	1	6	NA	NA	NA	NA
312	History of Low Birth Weight	1	1	6	NA	NA	NA	NA
321	History of Fetal or Neonatal Loss	1	1	6	NA	NA	NA	NA
331	Pregnancy at a Young Age	1	1	3	NA	NA	NA	NA
332	Short Interpregnancy Interval	1	1	3	NA	NA	NA	NA
334	Inadequate Prenatal Care	1	NA	NA	NA	NA	NA	NA
335	Multi-fetal Gestation	1	1	6	NA	NA	NA	MR
336	Delayed Uterine Growth	1	NA	NA	NA	NA	XS	NA
337	History of Large for Gestational Age	1	1	6	NA	NA	XS	NA
338	Pregnant Woman Currently Breastfeeding	1	NA	NA	NA	NA	NA	NA
339	History of Birth with a Congenital Defect	1	1	6	NA	NA	XS	NA
341	Nutrient Deficiency or Disease	1	1	6	1	3	XS	HR
342	Gastro-Intestinal Disorders	1	1	6	1	3	XS	HR
343	Diabetes Mellitus	1	1	6	1	3	XS	HR
344	Thyroid Disorders	1	1	6	1	3	XS	MR
345	Hypertension and Pre-hypertension	1	1	6	1	3	XS	HR
346	Renal Disease	1	1	6	1	3	XS	HR
347	Cancer	1	1	6	1	3	XS	HR
348	Central Nervous System Disorders	1	1	6	1	3	XS	HR
349	Genetic & Congenital Disorders	1	1	6	1	3	XS	HR
351	Inborn Errors of Metabolism	1	1	6	1	3	XS	HR
352.1	Infectious Diseases-Acute	1	1	6	1	3	XS	MR
352.2	Infectious Diseases-Chronic	1	1	6	1	3	XS	HR
353	Food Allergies	1	1	6	1	3	XS	HR

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354	Celiac Disease	1	1	6	1	3	XS	HR
355	Lactose Intolerance	1	1	6	1	3	XS	NA
356	Hypoglycemia	1	1	6	1	3	XS	HR
358	Eating Disorders	1	1	6	NA	NA	XS	HR
359	Recent Surgery, Trauma, Burns	1	1	6	1	3	XS (if less than 2 months) X (if greater than 2 months)	NA
360	Other Medical Conditions	1	1	6	1	3	XS	NA
361	Depression	1	1	6	NA	NA	XS	NA
362	Developmental Delays, Sensory or Motor Delays Interfering with the Ability to Eat	1	1	6	1	3	XS	HR
363	Pre-Diabetes	NA	1	6	NA	NA	XS	MR
371	Nicotine and Tobacco Use	1	1	5	NA	NA	NA	NA
372	Alcohol and Substance Use	1	1	3	NA	NA	NA	NA
381	Oral Health Conditions	1	1	6	1	3	XS	NA
382	Fetal Alcohol Spectrum Disorders	1	1	6	1	3	XS	HR
383	Neonatal Abstinence Syndrome (NAS)	NA	NA	NA	1	NA	XS	HR
401	Failure to Meet Dietary Guidelines for Americans	4	4	6	NA	5	XXX	NA
411	Inappropriate Nutrition Practices for Infants	NA	NA	NA	4	NA	NA	NA
411.1	Routinely using a substitute for breastmilk or FDA approved iron- fortified formula as primary nutrient source during first year of life	NA	NA	NA	4	NA	NA	MR
411.2	Routinely using nursing bottles or cups improperly	NA	NA	NA	4	NA	NA	NA
411.3	Routinely offering complementary foods or other substances that are inappropriate in type or timing	NA	NA	NA	4	NA	NA	NA
411.4	Routinely using feeding practices that disregard the development needs or stage of the infant	NA	NA	NA	4	NA	NA	NA
411.5	Feeding foods to an infant that could be contaminated with harmful microorganisms	NA	NA	NA	4	NA	NA	NA
411.6	Routinely feeding inappropriately diluted formula	NA	NA	NA	4	NA	NA	NA
411.7	Routinely limiting the frequency of nursing of the exclusively breastfed infant when breast milk is the sole source of nutrients	NA	NA	NA	4	NA	NA	MR
411.8	Routinely feeding a diet very low in calories and/or essential nutrients	NA	NA	NA	4	NA	NA	MR
411.9	Routinely using inappropriate sanitation in preparation, handling, and storage of formula	NA	NA	NA	4	NA	NA	NA
411.10	Feeding dietary supplements with potentially harmful consequences	NA	NA	NA	4	NA	NA	NA

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411.11	Routinely not providing dietary supplements recognized as essential	NA	NA	NA	4	NA	NA	NA
425	Inappropriate Nutrition Practices for Children	NA	NA	NA	NA	5	NA	NA
425.1	Routinely feeding inappropriate beverages as the primary milk source	NA	NA	NA	NA	5	NA	NA
425.2	Routinely feeding a child any sugar-containing fluids	NA	NA	NA	NA	5	NA	NA
425.3	Routinely using nursing bottles, cups, or pacifiers improperly	NA	NA	NA	NA	5	NA	NA
425.4	Routinely using feeding practices that disregard the developmental needs or stages of the child	NA	NA	NA	NA	5	NA	NA
425.5	Feeding foods to a child that could be contaminated with harmful microorganisms	NA	NA	NA	NA	5	NA	NA
425.6	Routinely feeding a diet very low in calories and/or essential nutrients	NA	NA	NA	NA	5	NA	MR
425.7	Feeding dietary supplements with potentially harmful consequences	NA	NA	NA	NA	5	NA	NA
425.8	Routinely not providing dietary supplements recognized as essential by national public health policy when a child's diet alone cannot meet nutrient requirements	NA	NA	NA	NA	5	NA	NA
425.9	Routine ingestion of non-food items (pica)	NA	NA	NA	NA	5	NA	NA
427	Inappropriate Nutrition Practices for Women	4	4	6	NA	NA	NA	NA
427.1	Consuming dietary supplements with potentially harmful consequences	4	4	6	NA	NA	NA	NA
427.2	Consuming a diet very low in calories and/or essential nutrients	4	4	6	NA	NA	NA	MR
427.3	Compulsively ingesting non-food items (pica)	4	4	6	NA	NA	NA	NA
427.4	Inadequate vitamin/mineral supplementation recognized as essential by national public health policy	4	4	6	NA	NA	NA	NA
427.5	Pregnant women ingesting foods that could be contaminated with pathogenic microorganisms	4	NA	NA	NA	NA	NA	NA
428	Dietary Risk Associated with Complementary Feeding Practices	NA	NA	NA	4	5	NA	NA
501	Possibility of Regression	NA	4	7	4	5	XXX	NA
502	Transfer of Certification	0	0	0	0	0	NA	NA
503	Presumptive Eligibility for PG Women	4	NA	NA	NA	NA	NA	NA
601	Woman Breastfeeding an Infant at Nutritional Risk	1	1	NA	NA	NA	NA	NA
602	Breastfeeding Complications (BF)	1	1	NA	NA	NA	NA	HR or IBCLC (for breastfeeding complications; after initial consultation may be referred to MR, CBC or CLC)

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603	Breastfeeding Complication(s)	NA	NA	NA	1	NA	NA	HR or IBCLC (for breastfeeding complications; after initial consultation may be referred to MR, CBC or CLC)
701	Infant Up To 6 Months of Age Born to WIC Mother or WIC-Eligible Mother	NA	NA	NA	2	NA	NA	NA
702	Infant Being Breastfed by a Woman at Nutritional Risk	NA	NA	NA	1	NA	NA	NA
801	Homelessness	4	4	6	4	5	NA	NA
802	Migrant status	4	4	6	4	5	NA	NA
901	Recipient of Abuse	4	4	6	4	5	NA	NA
902	Woman or Infant/Child of Primary Caregiver with Limited Ability	4	4	6	4	5	XS (mental illness only)	NA
903	Foster Care	4	7	7	4	5	NA	NA
904	Exposure to Environmental Tobacco Smoke	1	1	4	1	3	NA	NA