Which Pump to Issue? – Breast Pump Distribution Flow in Arizona WIC

An active WIC participant requests a pump. An assessment shall be done by an appropriate WIC staff member to determine which pump to issue (at least one scenario in a box must be met to issue that type of pump):

Multiple User Breast Pump

To be loaned to a mother when:

- She has maternal medical needs (e.g., severe engorgement, breast surgery, low milk supply)
- She has an infant with a medical need (e.g., prematurity)
- She is returning to work or school before one month postpartum and/or
- A complete breastfeeding assessment finds that the breast pump will help build or maintain her milk supply

Single User Breast Pump

To be issued to a mother when:

- Her infant is at least 4 weeks old
- The infant is exclusively nursing (EN/IEN) or partially nursing (PN/IPN)
- Mother and baby are not having any complications or concerns with breastfeeding
- A complete breastfeeding assessment finds that the single user pump is an appropriate resource

Manual Breast Pump

To be issued to a mother when:

- Mom would only like to use the pump occasionally
- To support extended nursing at the discretion of the LA
- Mom needs temporary relief from engorgement
- A complete breastfeeding assessment finds that the manual user pump is an appropriate resource

*If **none** of the criteria listed above are met, **do not issue** a pump. Determine what other resources or referrals may meet the participant's needs.

When issuing the appropriate breast pump:

Check that the breast pump kit is complete.
Show how to assemble, use, and clean the breast pump.
Discuss the participant's plan for pumping, maintaining, and storing breast milk.
Provide the 24-Hour Hotline and other appropriate educational materials and resources.

Key Terms:

FDA:

Multiple User Breast Pump: Many hospitals, lactation consultants, and specialty medical supply stores rent breast pumps that are safe for multiple users (sometimes referred to as hospital-grade pumps). These pumps are designed to decrease the risk of contamination, and each renter is required to buy a new accessories kit that includes breast shields and tubing. Please note that the term "hospital-grade pump" is not recognized by the FDA and there is no consistent definition for this term, so individual companies could mean different things when they label their breast pumps as hospital-grade.

Single User Breast Pump: A breast pump that should only be used by one woman because there is no way to guarantee that the pump can be cleaned and disinfected between uses by different women. Breast pumps that are reused by different mothers can carry infectious particles, which can make you or your baby sick.

Manual Breast Pump: non-electric or battery-powered pumps which are designed for one user only (single use) and should *never* be rented or shared for safety reasons.