

ADIME Documentation

A: Assessment

D: Nutrition Diagnosis

- Problem-high risk code assigned
- Etiology-the cause of the problem or risk code
- Signs/Symptoms-the evidence collected that trigger the high risk code to be assigned

I: Intervention – Specific behavior change identified to address the Nutrition Diagnosis

M/E: Monitoring/Evaluation - next steps, follow-up information and referrals

ADIME Note Example 1

A: Per mother, continues to offer formula in the bottle which she feels keeps infant fuller longer & sleeps better. Mother states infant eats well, likes mashed potatoes. Mother is surprised infant likes to self-feed. Offered 3 (oz) bottles of formula/day and 6oz apple juice/day.

D: Limited adherence to nutrition related recommendations r/t infant feeding practices AEB mother offering cereal in the bottle with belief infant is fuller longer & sleeps better.

I: Begin protein foods such as plain meat & beans. Recommended/encouraged to spoon feed cereal and avoid offering cereal in bottle.

ME: No RD F/U unless requested by client. F/U on how introduction to protein foods went.

ADIME Note Example 2

A: RD referral for Code 115. Mom feels child is growing perfectly, she agrees more with MD assessments that growth is WNL. Reports child digests 2% milk fine and MD has recommended Neocate three 8 oz bottles mixed to less than package directions. Tests indicated blood in stool and further tests are pending results, follow up in 1 month.

Just moved to AZ from CA and MD's for child are in San Jose CA. Mom is hesitant to transfer care in middle of allergy testing. Brought Rx (not on WIC form) for 2% milk from MD in CA, approved for 1 more month, no duration listed. Mom is happy with the variety in his food groups except for grains, however, he eats corn and rice frequently.

D: Nutrition diagnosis of altered GI function r/t intolerance to high fat foods AEB blood in stool.

I: Praised for offering a variety of foods and encouraged to continue. Discussed policies of AZ WIC for 2% milk and Neocate, RD will follow up with details of accepted out of state Rx's. Assured that corn and rice are grain foods. Discussed option to have WIC provide Neocate if prescribed by MD. Provided with 2 blank Rx forms for 2% milk and Neocate.

M/E: 1) Tell me about the results of the most recent testing. MD recommending to continuing Neocate? 2) How do you feel about the amount of grains he eats.