

WIC Code Cheat Sheets – Child
Effective October 1, 2023







Category	Abbreviation
Child 12-23 months	C1
Child 2-4 years	C2-C4

“A” (Anthropometric) Codes




Code #	C1	C2-C4	Code Name *Authorized Representative must confirm physician diagnosis before code can be assigned	Description/Cut-off	Icon
103.1	C1	C2-C4	<ul style="list-style-type: none"> • Infant and C1: Weight for Length less than or equal to the 2nd percentile • C2, C3, C4: BMI For Age less than or equal to 5th percentile 	<ul style="list-style-type: none"> • Infant and C1: Weight/Length is at or below the 2nd percentile on WHO growth grid • C2, C3, C4: BMI/age is at or below the 5th percentile on the CDC growth grid 	HR
103.2	C1	C2-C4	<ul style="list-style-type: none"> • Infant and C1: Weight for Length greater than 2nd percentile and less than the 5th percentile • C2, C3, C4: BMI for Age greater than 5th percentile and less than 10th percentile 	<ul style="list-style-type: none"> • Infant and C1: Weight/Length is above the 2nd percentile, but at or below the 5th percentile on WHO growth grid • C2, C3, C4: BMI/age is above the 5th percentile but less than or equal to the 10th percentile on the CDC growth grid 	
113		C2-C4	Obese (Children 2-5 Years of Age)	greater than or equal to 95 th percentile Body Mass Index (BMI) or weight-for-stature as plotted on the 2000 Centers for Disease Control and Prevention (CDC) 2-20 years gender specific growth charts	HR
114	C1	C2-C4	<ul style="list-style-type: none"> • Infant and C1-C4: Family History of BMI greater than or equal to 30 OR • C2, C3, C4: BMI for Age greater than 85th percentile and less than 10th percentile or Family History of BMI greater than or equal to 30 	<p>Overweight:</p> <ul style="list-style-type: none"> • C2, C3, or C4: greater than or equal to 85th and less than the 95th percentile Body Mass Index (BMI)-for-age or weight-for-stature as plotted on the 2000 Centers for Disease Control and Prevention (CDC) 2-20 years gender specific growth charts <p>At Risk of Overweight:</p> <ul style="list-style-type: none"> • Infant: Biological mother with a BMI greater than or equal to 30 at the time of conception or at any point in the first trimester of pregnancy • C1- C4: Biological mother with a BMI greater than or equal to 30 at the time of certification. (If the mother is pregnant or has had a baby within the past 6 months, use her preconceptional weight) • Birth to C4: Biological father with a BMI greater than or equal to 30 at the time of certification 	M
115	C1		High Weight-for Length (Infants and Children less than 24 Months of Age)	greater than or equal to 97.7 th percentile weight-for-length as plotted on the Centers for Disease Control and Prevention (CDC)	MR
134	C1	C2-C4	Failure to Thrive*	Inadequate growth pattern where growth is significantly lower than what is expected for age and sex	HR M

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141	C1		Low Birth Weight and Very Low Birth Weight	<ul style="list-style-type: none"> Low Birth Weight (LBW) is defined as less than 5 pounds 8 ounces (less than 2500 g), for infants and children less than 24 months Very Low Birth Weight (VLBW) is defined as less than 3 pounds 5 ounces (less than 1500 g), for infants and children less than 24 months High risk: Not previously seen during infancy by RDN or State Approved Nutritionist. Medium risk: Previously seen during infancy by RDN or State Approved Nutritionist. 	HR MR 
142.1	C1		Preterm Delivery	Delivery of an infant born less than or equal to 36 6/7 weeks gestation <ul style="list-style-type: none"> High risk: Not previously seen during infancy by RDN or State Approved Nutritionist. Medium risk: Previously seen during infancy by RDN or State Approved Nutritionist. 	HR MR 
142.2	C1		Early Term Delivery	Delivery of an infant born greater than or equal to 37 0/7 & less than or equal to 38 6/7 weeks gestation	
151	C1		Small for Gestational Age*	Infants and children less than 24 months of age diagnosed as small for gestational age	

“B” (Biochemical/Blood Work) Codes

Code #	C1	C2-C4	Code Name	Description/Cut-off	Icon
201.1	C1	C2-C4	Low Hemoglobin	Low Hemoglobin <ul style="list-style-type: none"> High Risk: Very Low Hemoglobin Value Medium Risk: Nutritionist Range 	HR MR 
201.2	C1	C2-C4	Low Hemoglobin	Low Hemoglobin	
211	C1	C2-C4	Elevated Blood Lead Levels	Blood lead level of greater than or equal to 3.5 µg/deciliter within the past 12 months	

“C” (Clinical/Health and Medical) Codes

Code #	C1	C2-C4	Code Name *Authorized Representative must confirm physician diagnosis before code can be assigned	Description/Cut-off	Icon
341	C1	C2-C4	Nutrient Deficiency or Disease*	Any currently treated or untreated nutrient deficiency or disease. Including, but not limited to: <ul style="list-style-type: none"> Protein Energy Malnutrition Scurvy Rickets Beriberi Hypocalcemia Osteomalacia Vitamin K Deficiency Pellagra Xerophthalmia Iron Deficiency 	HR 

HR = High Risk

MR = Med Risk



= HANDS assigned codes










= Manually or Staff Assigned

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342	C1	C2-C4	Gastrointestinal Disorders*	<p>Disease(s) and/or condition(s) that interferes with the intake or absorption of nutrients. The diseases and/or conditions include, but are not limited to:</p> <ul style="list-style-type: none"> • Gastroesophageal reflux disease (GERD) • Post-bariatric surgery • Inflammatory bowel disease, including ulcerative colitis or Crohn’s disease • Pancreatitis • Peptic ulcer • Short bowel syndrome • Liver disease • Biliary tract disease 	HR 
343	C1	C2-C4	Diabetes Mellitus*	A group of metabolic diseases characterized by inappropriate hyperglycemia resulting from defects in insulin secretion, insulin action or both	HR 
344	C1	C2-C4	Thyroid Disorders*	<p>Thyroid dysfunctions that occur in pregnant and postpartum women, during fetal development, and in childhood are caused by the abnormal secretion of thyroid hormones. The medical conditions include, but are not limited to, the following:</p> <ul style="list-style-type: none"> • Hyperthyroidism • Hypothyroidism • Congenital Hyperthyroidism • Congenital Hypothyroidism • Postpartum Thyroiditis 	MR 
345	C1	C2-C4	Hypertension and Prehypertension*	<ul style="list-style-type: none"> • Hypertension is defined as high blood pressure • Prehypertension is defined as being at high risk for developing hypertension 	HR 
346	C1	C2-C4	Renal Disease*	Any renal disease including pyelonephritis and persistent proteinuria, but excluding urinary tract infections (UTI) involving the bladder	HR 
347	C1	C2-C4	Cancer*	A chronic disease whereby populations of cells have acquired the ability to multiply and spread without the usual biologic restraints. The current condition, or the treatment for the condition, must be severe enough to affect nutritional status	HR 
348	C1	C2-C4	Central Nervous System Disorders*	<p>Conditions which affect energy requirements, ability to feed self, or alter nutritional status metabolically, mechanically, or both. These include, but are not limited to:</p> <ul style="list-style-type: none"> • Epilepsy • Cerebral Palsy • Neural Tube Defects (NTDs) such as spina bifida • Parkinson’s • Multiple Sclerosis 	HR 



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349	C1	C2-C4	Genetic and Congenital Disorders*	<p>Hereditary or congenital condition at birth that causes physical or metabolic abnormality. The current condition must alter nutrition status metabolically, mechanically, or both. May include, but is not limited to:</p> <ul style="list-style-type: none"> • Cleft lip or palate • Down's syndrome • Thalassemia major • Sickle cell anemia (not sickle cell trait) • Muscular dystrophy 	HR 
351	C1	C2-C4	Inborn Errors of Metabolism*	<p>Inherited metabolic disorders caused by a defect in the enzymes or their co-factors that metabolize protein, carbohydrate, or fat. Inborn errors of metabolism (IEM) generally refer to gene mutations or gene deletions that alter metabolism in the body, including but not limited to:</p> <ul style="list-style-type: none"> • Amino Acid Disorders • Organic Acid Metabolism Disorders • Fatty Acid Oxidation Disorders • Lysosomal Storage Diseases • Urea Cycle Disorders • Carbohydrate Disorders • Peroxisomal Disorders • Mitochondrial Disorders 	HR 
352.1	C1	C2-C4	Infectious Diseases - Acute*	<p>A disease which is characterized by a single or repeated episode of relatively rapid onset and short duration. These diseases and/or conditions include, but are not limited to:</p> <ul style="list-style-type: none"> • Hepatitis A • Hepatitis E • Meningitis (Bacterial/Viral) • Parasitic Infections • Listeriosis, Pneumonia • Bronchitis (3 episodes in past 6 months) 	MR 
352.2	C1	C2-C4	Infectious Diseases - Chronic*	<p>Conditions likely lasting a lifetime and require long-term management of symptoms. These diseases and/or conditions include, but are not limited to:</p> <ul style="list-style-type: none"> • Human Immunodeficiency Virus (HIV) • Acquired Immunodeficiency Syndrome (AIDS) • Hepatitis D • Hepatitis B • Hepatitis C 	HR 
353	C1	C2-C4	Food Allergies*	<p>Adverse health effects arising from a specific immune response that occurs reproducibly on exposure to a given food</p>	HR 
354	C1	C2-C4	Celiac Disease*	<p>Celiac Disease (CD) is an autoimmune disease precipitated by the ingestion of gluten (a protein in wheat, rye, and barley) that results in damage to the small intestine and malabsorption of the nutrients from food. CD is also known as:</p> <ul style="list-style-type: none"> • Celiac Sprue • Gluten-sensitive Enteropathy • Non-tropical Sprue 	HR 



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355	C1	C2-C4	Lactose Intolerance*	Syndrome of one or more of the following: <ul style="list-style-type: none"> • Diarrhea • Abdominal pain • Flatulence, and/or bloating, that occurs after lactose ingestion 	M
356	C1	C2-C4	Hypoglycemia*	Low Blood Sugar	HRM
359	C1	C2-C4	Recent Major Surgery, Physical Trauma, Burns	Major surgery (including cesarean sections), physical trauma or burns severe enough to compromise nutritional status.	M
360	C1	C2-C4	Other Medical Conditions*	Diseases or conditions with nutritional implications that are not included in any of the other medical conditions. The current condition, or treatment for the condition, must be severe enough to affect nutritional status. This includes, but is not limited to: <ul style="list-style-type: none"> • Juvenile Idiopathic Arthritis (JIA) • Systemic Lupus Erythematosus (SLA) • Polycystic Ovarian Syndrome (PCOS) • Cardiovascular Diseases • Moderate to Severe Asthma • Cystic Fibrosis (CF) 	M
361	C1	C2-C4	Mental Illnesses*	Mental illnesses where the current condition, or treatment for the condition may affect nutrition status include, but are not limited to: <ul style="list-style-type: none"> • Depression • Anxiety Disorders • Post-Traumatic Stress Disorder (PTSD) • Obsessive-Compulsive Disorder (OCD) • Personality Disorders • Bipolar Disorders • Schizophrenia • Attention-Deficit/Hyperactivity Disorder (ADHD) 	M
362	C1	C2-C4	Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat	Developmental, sensory or motor disabilities that restrict the ability to intake chew or swallow food or require tube feeding to meet nutritional needs. Disabilities include but are not limited to: <ul style="list-style-type: none"> • Minimal brain function • Feeding problems due to a developmental disability such as pervasive development disorder (PDD) which includes autism • Birth injury • Head trauma • Brain damage • Other disabilities 	HRM
381	C1	C2-C4	Oral Health Conditions*	<ul style="list-style-type: none"> • Dental caries • Periodontal disease • Tooth loss 	M
382	C1	C2-C4	Fetal Alcohol Spectrum Disorders*	Fetal alcohol spectrum disorders (FASDs) are a group of conditions that can occur in a person whose mother consumed alcohol during pregnancy. FASDs is an overarching phrase that encompasses a range of possible diagnoses, including:	HRM




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				<ul style="list-style-type: none"> Fetal alcohol syndrome (FAS) Partial fetal alcohol syndrome (pFAS) Alcohol-related birth defects (ARBD) Alcohol-related neurodevelopmental disorder (ARND) Neurobehavioral disorder associated with prenatal alcohol exposure (ND-PAE) 	
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“D” (Dietary) Codes

Code #	C1	C2-C4	Code Name	Description/Cut-off	Icon
401		C2-C4	Failure to Meet Dietary Guidelines for Americans	<p>Women and children two years of age and older who meet the income, categorical, and residency eligibility requirements may be presumed to be at nutrition risk for failure to meet Dietary Guidelines for Americans [Dietary Guidelines]. Based on an individual’s estimated energy needs, the failure to meet Dietary Guidelines risk criterion is defined as consuming fewer than the recommended number of servings from one or more of the basic food groups (grains, fruits, vegetables, milk products, and meat or beans)</p> <p>Note: The Failure to meet Dietary Guidelines for Americans risk criterion can only be used when a complete nutrition assessment has been completed and no other risk criteria have been identified. This includes assessing for risk #425, Inappropriate Nutrition Practices for Children or risk #427, Inappropriate Nutrition Practices for Women.</p>	 M
425.1	C1	C2-C4	Routinely feeding inappropriate beverages as the primary milk source	<ul style="list-style-type: none"> Non-fat or reduced-fat milks (between 12 and 24 months of age, unless allowed by State agency policy for a child for whom overweight or obesity is a concern) or sweetened condensed milk Goat’s milk, sheep’s milk, imitation or substitute milks (that are unfortified or inadequately fortified), or other “homemade concoctions” 	M
425.2	C1	C2-C4	Routinely feeding a child any sugar-containing fluids	<ul style="list-style-type: none"> Soda/soft drinks Gelatin water Corn-syrup solutions; and Sweetened tea 	M
425.3	C1	C2-C4	Routinely using nursing bottles, cups, or pacifiers improperly	<p>Using a bottle to feed:</p> <ul style="list-style-type: none"> ○ Fruit juice, or ○ Diluted cereal or other solid foods <ul style="list-style-type: none"> Allowing the child to fall asleep or be put to bed with a bottle at naps or bedtime Allowing the child to use the bottle without restriction (e.g., walking around with a bottle) or as a pacifier Using a bottle for feeding/drinking beyond 14 months Using a pacifier dipped in sweet agents such as sugar, honey, or syrups Allowing a child to carry around and drink throughout the day from a covered or training cup 	M




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425.4	C1	C2-C4	Routinely using feeding practices that disregard the developmental needs or stages of the child	<ul style="list-style-type: none"> Inability to recognize, insensitivity to, or disregarding the child's cues for hunger and satiety (e.g., forcing a child to eat a certain type and/or amount of food or beverage or ignoring a hungry child's requests for appropriate foods) Feeding foods of inappropriate consistency, size, or shape that put children at risk of choking Not supporting a child's need for growing independence with self-feeding (e.g., solely spoon-feeding a child who is able and ready to finger-feed and/or try self-feeding with appropriate utensils) Feeding a child food with an inappropriate texture based on his/her developmental stage (e.g., feeding primarily pureed or liquid food when the child is ready and capable of eating mashed, chopped or appropriate finger foods) 	M
425.5	C1	C2-C4	Feeding foods to a child that could be contaminated with harmful microorganisms	<ul style="list-style-type: none"> Unpasteurized fruit or vegetable juice Unpasteurized dairy products or soft cheeses such as feta, Brie, Camembert, blue-veined, and Mexican-style cheese Raw or undercooked meat, fish, poultry, or eggs Raw vegetable sprouts (alfalfa, clover, bean, and radish) Deli meats, hot dogs, and processed meats (avoid unless heated until steaming hot) 	M
425.6	C1	C2-C4	Routinely feeding a diet very low in calories and/or essential nutrients	<ul style="list-style-type: none"> Vegan diet Macrobiotic diet Other diets very low in calories and/or essential nutrients 	MR M
425.7	C1	C2-C4	Feeding dietary supplements with potentially harmful consequences	<ul style="list-style-type: none"> Single or multi-vitamins Mineral supplements and Herbal or botanical supplements/remedies/teas 	M
425.8	C1	C2-C4	Routinely not providing dietary supplements recognized as essential by national public health policy when a child's diet alone cannot meet nutrient requirements	<ul style="list-style-type: none"> Providing children under 36 months of age less than 0.25 mg of fluoride daily when the water supply contains less than 0.3 ppm fluoride Providing children 36-60 months of age less than 0.50 mg of fluoride daily when the water supply contains less than 0.3 ppm fluoride Not providing 400 IU of vitamin D if a child consumes less than 1 liter (or 1 quart) of vitamin D fortified milk or formula 	M
425.9	C1	C2-C4	Routine ingestion of non-food items (pica)	<ul style="list-style-type: none"> Ashes Carpet fibers Cigarettes or cigarette butts Clay Dust Foam rubber Paint chips Soil and Starch (laundry and cornstarch) 	M

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428	C1		Dietary Risk Associated with Complementary Feeding Practices	<p>An infant or child who has begun to or is expected to begin to:</p> <ol style="list-style-type: none"> 1) consume complementary foods and beverages 2) eat independently 3) be weaned from breast milk or infant formula, or 4) transition from a diet based on infant/toddler foods to one based on the Dietary Guidelines for Americans, is at risk of inappropriate complementary feeding. <p>A complete nutrition assessment, including for risk #425, Inappropriate Nutrition Practices for Children, must be completed prior to assigning this risk.</p>	 M
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“E” (Environmental) Codes

Code #	C1	C2-C4	Code Name	Description/Cut-off	Icon
801	C1	C2-C4	Homelessness	<p>A woman, infant or child who lacks a fixed and regular nighttime residence; or whose primary nighttime residence is:</p> <ul style="list-style-type: none"> • A supervised publicly or privately-operated shelter (including a welfare hotel, a congregate shelter, or a shelter for victims of domestic violence) designed to provide temporary living accommodations • An institution that provides a temporary residence for individuals intended to be institutionalized • A temporary accommodation of not more than 365 days in the residence of another individual • A public or private place not designed for, or ordinarily used as, a regular sleeping accommodation for human beings 	
802	C1	C2-C4	Migrancy	<p>Categorically eligible women, infants and children who are members of families which contain at least one individual whose principal employment is in agriculture on a seasonal basis, who has been so employed within the last 24 months, and who establishes, for the purposes of such employment, a temporary abode.</p>	
901	C1	C2-C4	Recipient of Abuse	<p>Recipient of abuse is defined as an individual who has experienced physical, sexual, emotional, economic, or psychological maltreatment that has frightened, intimidated, terrorized, manipulated, hurt, humiliated, blamed, injured, and/or wounded the individual.</p>	M



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902	C1	C2-C4	<p>Woman or Infant/Child of Primary Caregiver with Limited Ability to Make Appropriate Feeding Decisions and/or Prepare Food</p>	<p>A woman or an infant/child whose primary caregiver is assessed to have a limited ability to make appropriate feeding decisions and/or prepare food. Examples include, but are not limited to, a woman or an infant/child of caregiver with the following:</p> <ul style="list-style-type: none"> • Documentation or self-report of misuse of alcohol, use of illegal substances, use of marijuana, or misuse of prescription medications • Mental illness, including clinical depression diagnosed, documented, or reported by a physician or psychologist or someone working under a physician’s orders, or as self-reported by applicant/participant/caregiver • Intellectual disability diagnosed, documented, or reported by a physician or psychologist or someone working under a physician’s orders, or as self-reported by applicant/participant/caregiver • Physical disability to a degree which impairs ability to feed infant/child or limits food preparation abilities • less than or equal to 17 years of age 	M
903	C1	C2-C4	Foster Care	<p>Entering the foster care system during the previous six months or moving from one foster care home to another foster care home during the previous six months.</p>	
904	C1	C2-C4	Environmental Tobacco Smoke Exposure	<p>Environmental tobacco smoke (ETS) exposure is defined (for WIC eligibility purposes) as exposure to smoke from tobacco products inside enclosed areas, like the home, place of child care, etc. ETS is also known as secondhand, passive, or involuntary smoke. The ETS definition also includes the exposure to the aerosol from electronic nicotine delivery systems.</p>	M