

#### **ARIZONA TREATMENT CAPACITY SURVEY ANALYSIS**

#### **QUARTER ENDING MARCH 31, 2020**

#### Introduction

Under the Arizona Opioid Epidemic Act of 2018, each facility that provides inpatient or outpatient substance use disorder treatment (SUDT) is required to submit a quarterly report to Arizona Department of Health Services (ADHS) that includes information regarding the number of days in the quarter that the facility was at capacity and unable to accept referrals for treatment. The purpose of the reporting is to identify gaps in care and unmet SUDT needs in the state. A survey was developed by ADHS Office of Injury Prevention and distributed to all facilities licensed by ADHS in May 2020 and remained opened through June 2020.

#### Methods and Response Rate:

A total of 311 facilities responded to the survey this quarter. Of those who responded, 56% (N=173) reported that they provided at least one type of substance abuse services.

#### Limitations

The survey was distributed through the Division of Licensing Services to reach licensed facilities and through the Arizona Health Care Cost Containment System (AHCCCS). It is likely that it did not reach all providers of substance use disorder treatment in Arizona.

#### **Key Findings:**

- Only 10% of facilities accepted children 0-5 years old, 15% of facilities accept children 6-11 years old, and only 25% of facilities accept patients 12-17 years old.
- Seventy-four percent of respondents accept AHCCCS, 27% accept Medicare, 22% accept Tri-Care or other military insurance as payment, and only 15% accept IHS or 638 contact funds.
- Fifty-seven percent of facilities accept referrals from corrections, 69% accept referrals from adult probation, but only 30% accept referrals from juvenile/adolescent probation and 40% from Department of Child Safety.
- At the time of the survey, facilities reported having 2,261 inpatient treatment beds,
  2,168 of which were occupied.

- Facilities reported a total of 29,896 outpatient treatment places, chairs, or openings available, with 24,756 occupied.
- During this quarter, 659 individuals presented for inpatient treatment but were not able to receive inpatient services.
- During this quarter. 584 people presented for outpatient care, but were unable to receive services.
- Of those facilities that had a waitlist for services, 131 people were on the waitlist. These facilities were, on average, unable to accept new patients for 38 days.
- Forty-four percent of respondents offered any type of medication assisted treatment (MAT) with Suboxone the most commonly offered (88%).
- Respondents indicated that they had a total of 157 MAT providers and 75 people interested in becoming waivered MAT providers.
- This quarter respondents were asked about closures due to COVID-19. Respondents indicated a total of 45 clinics were temporarily closed.

## 1. Respondents by county facility is contracted with $\!\!\!\!^*$

County	Number of Responses	Percent of Total Respondents (N=136)
Apache	6	4%
Cochise	6	4%
Coconino	7	5%
Gila	8	6%
Graham	6	4%
Greenlee	5	4%
La Paz	3	2%
Maricopa	66	49%
Mohave	6	4%
Navajo	13	10%
Pima	22	16%
Pinal	16	12%
Santa Cruz	4	3%
Yavapai	12	9%
Yuma	6	4%
All Arizona Counties	38	28%

<sup>\*</sup> Respondents could select multiple responses

### Respondents by residence county of clients served\*

County	Number of Responses	Percent of Total Respondents
		(N=148)
Apache	7	5%
Cochise	7	5%
Coconino	3	2%
Gila	8	5%
Graham	4	3%
Greenlee	5	3%
La Paz	3	2%
Maricopa	74	50%
Mohave	3	2%
Navajo	12	8%
Pima	30	20%
Pinal	24	16%
Santa Cruz	5	3%
Yavapai	10	7%
Yuma	9	6%
All Arizona Counties	44	30%

### 2. Gender and Age of Population Served

	Number of Responses	Percent of Total Respondents (N=150)
Gender		
Male	10	7%
Female	3	2%
Co-ed	133	91%
Age		
Infant & Early Childhood (0-5)	15	10%
Children (6-11)	22	15%
Adolescents (12-17)	38	25%
Young Adults (18-25)	129	86%
Adults (26-64)	136	91%
Senior (65+)	101	67%

<sup>\*</sup> Respondents could select multiple responses for ages served

### 3. Accepted Payment Methods

Service Type	Number of Responses	Percent of Total Respondents (N=150)
Cash/Self-Payment	108	72%
AHCCCS	111	74%
Medicare	40	27%
Military insurance (e.g. Tri-Care, CHAMPVA)	33	22%
Private health insurance	82	55%
Access to Recovery (ATR) voucher	3	2%
IHS/638 contract care funds	23	15%
Capitated	2	1%
Fee-for-service	71	47%
Sliding fee scale	37	25%
No fee	8	5%

<sup>\*</sup> Respondents could select multiple responses

### 4. Who can Make Referrals for Services?

Referral Source	Number of Responses	Percent of Total Respondents (N=150)
Self-referred	123	82%
Family or Friend	109	73%
Employer	92	61%
Health Plan/Insurance	120	80%
Company		
Health Care Provider	130	87%
Behavioral Health Provider	138	92%
Hospital	120	80%
School	70	47%
Church	77	51%
Court	105	70%
Corrections	86	57%
Adult Probation	104	69%
Juvenile/Adolescent Probation	45	30%
Department of Child Safety	60	40%

<sup>\*</sup> Respondents could select multiple responses

### 5. Does your facility have programs designed to serve any of the following populations?

Population	Number of Responses	Percent of Total Respondents (N=150)
Veterans	51	37%
Pregnant Women	39	28%
People with Children	34	24%
LGBTQ	48	34%
American Indian/Alaska	65	46%
Native		
Prisoner Re-entry	42	30%
People with Disabilities	49	35%
People who have experienced	65	46%
intimate partner/domestic		
violence		
Drug court/Pre-trial	61	43%
Dual diagnosis	105	75%

<sup>\*</sup> Respondents could select multiple responses

## 6. What types of services are offered at your facility?

Services	Number of Responses	Percent of Total Respondents (N=147)
Substance Use Disorder	130	80%
Treatment		
Dual Diagnosis/Co-Occurring	103	70%
Intensive Outpatient	44	30%
Chemical Dependency		
Treatment		
Mental Health	103	70%
Trauma / PTSD	86	59%
Residential	64	44%
Day Treatment	21	14%
Detox	21	14%
Emergency Medical Services	2	1%
Self-help groups (AA/NA)	52	35%
Peer Support Services	59	40%
Recreational Therapy	33	22%
Occupational Therapy	14	10%
Assisted Living	8	5%
Skilled Nursing	4	3%
Crisis Services	28	19%

<sup>\*</sup> Respondents could select multiple responses

### 7. What levels of care are offered at your facility?

Levels of Care	Number of Responses	Percent of Total Respondents (N=147)
Outpatient – Individual	89	61%
Outpatient – Group	77	52%
Intensive Outpatient	51	35%
Program		
Partial Hospitalization	19	13%
Sober and Transitional Living	19	13%
Group Home	35	24%
Inpatient	34	23%
Residential	66	45%
Day Treatment	20	14%
Detox	17	12%
Emergency Medical Services	2	1%
Self-help groups (AA/NA)	32	22%
Peer Support Services	51	35%
24 hour Crisis Services	20	14%

<sup>\*</sup> Respondents could select multiple responses

### 8. What is the total number of inpatient beds available at your facility?

Measure	Count
Total places	2261
Average places/respondent	31
Median places	10
Minimum	1
Maximum	238

### 9. What is the current number of occupied inpatient beds at your facility?

Measure	Count
Total places	2168
Average places/respondent	34
Median places	11
Minimum	1
Maximum	378

# 10. What is the total number of outpatient treatment places, chairs, or openings available at your facility?

Measure	Count
Total places	29,896
Average places/respondent	374
Median places	26
Minimum	1
Maximum	12000

# 11. What is the current number of occupied outpatient treatment places, chairs, or openings at your facility?

Measure	Count
Total places	24,756
Average places/respondent	272
Median places	25
Minimum	1
Maximum	10,000

### 12. Do you track individuals that present for care but are unable to receive service?

	Number of Respondents	Percent
Yes	55	37%
No	58	40%
Unknown	34	23%
TOTAL	147	100%

# 13. (For those who track individuals who present for care but do not receive services) Within the last 3 months, how many individuals presented for care, but were unable to receive any inpatient services?

Measure	Count
Total individuals	659
Average	66
individuals/respondent	
Median individuals	20
Minimum	1
Maximum	300

# 14. (For those who track individuals who present for care but do not receive services) Within the last 3 months, how many individuals presented for care, but were unable to receive any outpatient services?

Measure	Count
Total individuals	584
Average	97
individuals/respondent	
Median individuals	100
Minimum	4
Maximum	200

### 15. Do you have a waitlist for inpatient services?

	Number of Respondents	Percent
Yes	16	11%
No	128	89%
TOTAL	144	100%

### 16. Do you have a waitlist for outpatient services?

	Number of Respondents	Percent
Yes	8	6%
No	137	94%
TOTAL	145	100%

# 17. How many days in the past quarter was your facility at capacity and unable to accept new patients?

Measure	Count
Average days/respondent	38/1170
Median days	30
Minimum	1
Maximum	180

### 18. Within the last 3 months, what is the total number of individuals on the waitlist?

Measure	Count
Total individuals	131
Average	
individuals/respondent	11
Median individuals	5
Minimum	1
Maximum	45

# 19. How many individuals from the total 3-month waitlist were provided referrals to other services while waiting?

Measure	Count
Total individuals	109
Average	11
individuals/respondent	
Median individuals	5
Minimum	1
Maximum	45

### 14. Does your facility offer medication-assisted treatment (MAT)?

	Number of Respondents	Percent
Yes	64	44%
No	81	56%
TOTAL	145	100%

### 15. What types of medication assisted treatment (MAT) does your facility offer?

	Number of Responses	Percent of MAT facilities
Methadone	13	23%
Suboxone	49	88%
Buprenorphine	40	71%
Vivitrol	34	61%

<sup>\*</sup> Respondents could select multiple responses

# 16. What is the number of waivered medication-assisted treatment (MAT) providers at your facility?

Measure	Count
Total providers	157
Average	4
providers/respondent	
Median providers	3
Minimum	1
Maximum	18

# 17. What is the number of providers at your facility with an interest in becoming waivered medication-assisted treatment (MAT) providers?

Measure	Count
Total providers	75
Average	
providers/respondent	3
Median providers	2
Minimum	1
Maximum	15

### 18. How many facilities sites were temporarily closed due to COVID-19?

Measure	Count
Total facilities	45
Average	
providers/respondent	2
Median providers	1
Minimum	1
Maximum	20