Arizona Diabetes Resource Directory
2009
Arizona Diabetes Coalition
ACKNOWLEDGEMENTS

Edited By:

Arizona State University
Undergraduate Internship Program
Sarah Whitehead, Intern

Arizona Diabetes Coalition Volunteers
A special thanks to the many volunteers for helping us update and locate new resources.

Penny Fischer, Coconino
Darlene Horst, Graham and Greenlee
Harriet “Dolly” High, La Paz and Mohave
Jean Duncan, Leigh Shovestull, and Carole Whitlock, Maricopa
Margaret Caitlin, Shawnee Inez, Linda Parker, and Donna Zazworsky, Pima
Mary Gonzales, Pinal
Nereida Cruz and Kate Flummer, Yavapai
Frances Herrera, Yuma

Arizona Department of Health Services Staff
Arizona Diabetes Program
Trish Herrmann, MS, RD, Program Manager
Carmen Ramirez, Community Program Coordinator
Sandie Ikeda, Program Assistant
Talisa Umfress, Project Specialist

June 2009

Funding for this diabetes resource directory was provided by the State-Based Programs to Reduce the Burden of Diabetes, Cooperative Agreement 3U32DP922682-05W1, between the Arizona Department of Health Services and the U.S. Centers for Disease Control and Prevention.
Arizona Diabetes Coalition

Our Vision
A state without diabetes

Our Mission
To reduce the health, social, and economic burden of diabetes in Arizona
# TABLE OF CONTENTS

## County Resources

- Apache County .................................................................................................. 5
- Cochise County ................................................................................................ 11
- Coconino County ............................................................................................. 17
- Gila County ........................................................................................................ 23
- Graham County ................................................................................................ 27
- Greenlee County .............................................................................................. 29
- La Paz County .................................................................................................. 31
- Maricopa County ............................................................................................... 33
- Mohave County ................................................................................................ 51
- Navajo County ................................................................................................. 55
- Pima County ...................................................................................................... 61
- Pinal County ...................................................................................................... 73
- Santa Cruz County ............................................................................................ 79
- Yavapai County ................................................................................................ 83
- Yuma County ..................................................................................................... 89

## Other Resources

- Native American Resources ............................................................................ 94
- State Resources ................................................................................................ 99
- Diabetes Training Resources .......................................................................... 104
- National Resources ......................................................................................... 105
- International Resources .................................................................................. 111

- List of Abbreviations ....................................................................................... 112
- Index ................................................................................................................. 113
APACHE COUNTY

Chinle

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
North Highway 191
Chinle, AZ 86503
Phone: (928) 674-5085
Fax: (928) 674-8465
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Chinle Service Unit Diabetes Program
Indian Health Service
Highway 191, Drawer PH
Chinle, AZ 86503
Phone: (928) 674-2911
Fax: (928) 674-7008
Program description: Diabetes education, diabetes screening, nutrition, continuing education/training (for professionals), and gestational/prenatal.
Diabetes complications specific: Hypertension screening, foot care, and eye screening.
Health professionals: MD/DO
Audience: People with diagnosed diabetes, general population and families of people with diabetes.
Languages available: English, Spanish
Year program started: 1995
Materials developed: Yes
Website: www.ihs.gov

Concho

Apache County Public Health Services
Concho WIC
119 Country Road 5051/Evergreen Dr.
Concho, AZ 85924
Phone: (928) 333-2415
Fax: (928) 333-5876
Days/Times 2nd Tuesday 9-1
Website: www.co.apache.az.us

Eager

Apache County Health Department
WIC Program
341 North Main
Eager, AZ 85925
Phone: (928) 333-2218
Fax: (928) 333-5540
Program description: Program that has a diabetes component, weight management, nutrition, exercise, and gestational/prenatal. Also provides nutrition education and appropriate referrals.
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age and General population.
Languages available: English, Spanish
Year program started: 1972
Website: www.co.apache.az.us
Fort Defiance

Fort Defiance Indian Hospital (IHS)
Diabetes Education Program
Corner of Routes. N 7 and N 12
P.O. Box 649
Fort Defiance, AZ 86504
Contact: Secretary
Phone: (928) 729-8467
Fax: (928) 729-8498
Program description: Diabetes education, basic nutrition and physical activity and home visits.
Audience: General population.
Languages available: English and Navajo
Year program started: 1988
Website: www.ihs.gov click on Navajo Area then click on Fort Defiance

Fort Defiance Indian Health Service
Fort Defiance Diabetes Program
Corners of Rt. N7 & N12; P.O. Box 649
Fort Defiance, Arizona 86504
Contact: Edith Edie Kline, R.N., Diabetes Program Director
Phone: (928) 729-8469
Fax: (928) 729-8498
edith.kline@ihs.gov
Program description: We offer 19 week Diabetes education classes involving Providers to teach their specialty, we go to schools to monitor children with diabetes, both type 1 and 2. We have weekly Case management meetings with the Providers, medical social workers, psychologist, elder care, palliative care with Home based care nursing services, courts and the police departments. Program that has a diabetes component, diabetes education, nutrition, exercise, support group, continuing education/training for professionals, and gestational/prenatal.
Diabetes complications specific: Eye screening, foot care, prenatal care, dental care, eye screening, wellness exams for men and women, home visits for high risk patients, medical case management meetings every week, visits to Nahata Dziil Health Center for patient education in outlying clinic associated with the hospital.
Health professionals: CDE, MD/DO, RN, health technicians
Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes, pregnant women.
Languages available: English, Navajo language teaching included
Year program started: 1988
Website: www.ihs.gov

Navajo Nation Health Education Program
Old Community Health Bldg. on old Hospital Grounds, Second Floor
P.O. Box 288
Fort Defiance, AZ 86504
Contact: Natasha Bitsui, Senior Health Educator
Phone: (928) 729-4481
Fax: (928) 729-4484
Program description: The Navajo Health Education Program is federally funded under Indian Health Services Public Law 93-638. The mission of the program is to continue to encourage and emphasize the active participation in health promotion and maintenance of good health and prevention of disabilities through participation and community. Diabetes education, active participants in health promotion and involvement.
Audience: General population.
Languages available: English, Navajo
Year program started: 1988
**Ganado**

**Arizona Department of Economic Security**  
Temporary Assistance to Needy Families (TANF)  
8C58, Box 65  
Lower Greasewood Administrative Building  
Ganado, AZ 86505  
Phone: (928) 654-3325  
Fax: (928) 654-3293

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Navajo  
**Website:** [www.azdes.gov](http://www.azdes.gov)

**Sage Memorial Hospital**  
Diabetes Program  
Hwy 264 and Hwy 191  
P.O. Box 457  
Ganado, AZ 86505  
**Contact:** Diabetes Outreach Program Coordinator  
Phone: (928) 755-4516 or 4572 (Wellness Center)  
Phone: (928) 755-4821 (Clinic)  
Fax: (928) 755-4604

**Program description:** Diabetes education, weight management, nutrition.  
**Diabetes complications specific:** Diabetes screening and hypertension screening.  
**Health professionals:** MD, NP, RN  
**Audience:** People diagnosed with diabetes and families of people with diabetes.  
**Languages available:** English, Navajo  
**Year program started:** 1998

**Sanders**

**Arizona Department of Economic Security**  
Temporary Assistance to Needy Families (TANF)  
On Hwy 191 half a mile from I 40 (exit 339 Eastbound)  
P. O. Box 428  
Sanders, AZ 86512  
Phone: (928) 688-2871  
Fax: (928) 688-2501

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish, Navajo  
**Website:** [www.azdes.gov](http://www.azdes.gov)
Springerville

Apache County Public Health Services District
323 S. Mountain Ave
Springerville, AZ 85938
Contact: Jennifer Foote, RN
Phone: (928) 333-2415
Fax: (928) 333-5876
Email: jfoote@co.apache.az.us
Program description: Program that has a diabetes component, nutrition, exercise, and gestational/prenatal.
Diabetes complications specific: Hypertension screening, prenatal care, smoking cessation.
Health professionals: RN
Audience: General population.
Languages available: English, Spanish
Website: www.co.apache.az.us

Apache County Public Health Services
Springerville WIC
323 S. Mountain Avenue
Springerville, AZ 85938
Phone: (928) 333-2415
Fax: (928) 333-5876
Days/Times: Mon.-Thurs. 8-5
Website: www.co.apache.az.us

White Mountain Regional Medical Center
WMRMC Diabetes Education Program
118 South Mountain Avenue
Springerville, AZ 85938
Contact: Linda Martin, Director of Marketing & Community Services
Phone: (928) 333-7102
Fax: (928) 333-4369
Program description: Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training (for professionals).
Diabetes complications specific: Hypertension screening and foot care.
Health professionals: CDE, RD, RN

St. Johns

Apache County Public Health Services
Apache County Wellness Program
395 South 1st West
St Johns, AZ 85936
Contact: Nancy Quinn, Human Resources Technician
Phone: (928) 337-7618
Fax: (928) 337-7606
Email: nquinn@co.apache.az.us
Program description: Diabetes education, weight management, nutrition, exercise.
Diabetes complications specific: Hypertension screening, smoking cessation, cardiovascular disease.
Audience: General population.
Languages available: English
Website: www.wmrmc.com

Apache County Human Resources
Apache County Wellness Program
395 South 1st West
St Johns, AZ 85936
Contact: Nancy Quinn, Human Resources Technician
Phone: (928) 337-7618
Fax: (928) 337-7606
Email: nquinn@co.apache.az.us
Program description: Diabetes education, weight management, nutrition, exercise.
Diabetes complications specific: Hypertension screening, smoking cessation, cardiovascular disease.
Audience: General population.
Languages available: English, Navajo

Apache County Human Resources
Apache County Wellness Program
395 South 1st West
St Johns, AZ 85936
Contact: Nancy Quinn, Human Resources Technician
Phone: (928) 337-7618
Fax: (928) 337-7606
Email: nquinn@co.apache.az.us
Program description: Diabetes education, weight management, nutrition, exercise.
Diabetes complications specific: Hypertension screening, smoking cessation, cardiovascular disease.
Audience: General population.
Languages available: English
Website: www.wmrmc.com

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
395 South Washington
St Johns, AZ 85936
Phone: (928) 337-2113
Fax: (928) 337-2287
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash
assistance, medical and general assistance, provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** www.azdes.gov

---

**Navajo Nation Special Diabetes Project**

Navajo Division of Health, the Navajo Nation Administration Bldg. # 2, First Floor, Morgan Blvd.
P.O. Box 3748
Window Rock, AZ 86515

**Contact:** Robert I. Nakai, Program Manager
Phone: (928) 871-6532
Fax: (928) 871-6543

**Program description:** The program provides educational, preventive, nutritional, and physical activity information on diabetes, how to prevent it, and how to manage when diagnosed. Clients are taught about healthy foods and preparation of portion size meals low in calories and fats. Information is provided through sponsored activities such as pow wows, fairs, rodeos, athletic activities, and Navajo song and dance, sponsoring physical activities such as walks, runs, and other appropriate physical activities. Prevention education, blood glucose screening, physical activities/recreation, education on nutrition, and referrals.

**Health professionals:** RN

**Audience:** People diagnosed with diabetes, general population, minorities, families of people with diabetes, schools (elementary, Head Start) and senior citizen/elderly.

**Languages available:** English, Navajo

**Year program started:** 1999

**Materials developed:** Brochures, booklets, stories, videos; mass media such as radio messages, talk shows, and billboards (13 billboards strategically located throughout the Navajo Nation).

**Website:** www.nnsdp.org

---

**Teec Nos Pos**

**Arizona Department of Economic Security**
Temporary Assistance to Needy Families (TANF)
Junction US Hwy 160 and Navajo Route 35
P. O. Box 100
Red Mesa, AZ 86514
Phone: (928) 656-3275
Fax: (928) 656-3286

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** www.azdes.gov

---

**Window Rock**

**Arizona Department of Economic Security**
Temporary Assistance to Needy Families (TANF)
54 B Hwy 264 Junction
P. O. Box 1890
Window Rock, AZ 86515
Phone: (928) 871-3436
Fax: (928) 871-2374

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** www.azdes.gov
**COCHISE COUNTY**

**Benson**

**Arizona Department of Economic Security**  
Temporary Assistance to Needy Families (TANF)  
551 West 4th Street  
Benson, AZ 85602  
Phone: (520) 586-2303  
Fax: (520) 586-7350  
**Program description:** Family assistance, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance and temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish, Korean, Navajo, Russian, Vietnamese, French, Apache, Arabic, and Chinese  
**Website:** www.azdes.gov

**Benson Hospital**  
450 South Ocotillo  
Benson, AZ 85602  
**Contact:** Mary Evans, MBA, RD, Dietitian  
Phone: (520) 586-2261  
Fax: (520) 586-2265  
**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, and support group (small unit - 22 beds).  
**Diabetes complications specific:** Diabetes screening.  
**Health professionals:** RD, MD/DO, RN  
**Audience:** People diagnosed with diabetes, minorities, and general population.  
**Languages available:** English, some Spanish  
**Website:** www.bensonhospital.org

**Cochise County Health & Social Services**  
Benson Office  
500 South Highway 80  
Benson, AZ 85602  
**Contact:** Cindy Berry, RN  
Phone: (520) 586-8200  
Fax: (520) 586-2051  
**Program description:** A small clinic providing diabetes screening, education, and nutrition.  
**Diabetes complications specific:** Hypertension screening and smoking cessation.  
**Health professionals:** RD, RN  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** www.cochise.az.gov

**Bisbee**

**Arizona Department of Economic Security**  
Temporary Assistance to Needy Families (TANF)  
207 Bisbee Road  
Bisbee, AZ 85603  
Phone: (520) 432-5415  
Fax: (520) 432-7277  
**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** www.azdes.gov

**Chiricahua Community Health Centers, Inc.**  
108 Arizona St.  
Bisbee, Arizona 85603  
**Contact:** Lanaya Turner, NP Staff Provider  
Phone: (520) 432-3309  
Fax: (520) 432-3717  
lturner@cchci.org  
**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and support group.
Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, cardiovascular disease.

Health professionals: Certified Diabetes Educator (CDE), MD/DO, PA/NP, RN

Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes.

Languages available: Spanish and Spanish

Year program started: 2002

Website: www.cchci.org

Cochise County Health Department
Adolescent Maternal and Child Health
1415 West Melody Lane, Building A
Bisbee, AZ 85603-3090

Contact: Maureen Kappler, RN
Phone: (520) 432-9471

Program description: Diabetes education, diabetes screening, weight management, nutrition, exercise, continuing education/training, and gestational/prenatal.

Audience: People diagnosed with diabetes, general population, minorities, families of people with diabetes, pregnant women, and teens.

Languages available: English, Spanish

Website: www.cochise.az.gov/health

Cochise County Health Department
WIC Program
1415 West Melody Lane, Building A
Bisbee, AZ 85603
Phone: (520) 432-9400

Program description: Blood sugar testing only.

Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

Year program started: 1972

Copper Queen Community Hospital
101 Cole Avenue
Bisbee, AZ 85603
Phone: (520) 432-5383
Fax: (520) 432-4460

Program description: Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, and gestational/prenatal.

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
615 2nd Street
Douglas, AZ 85607
Phone: (520) 364-1291

Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

Audience: General population.

Languages available: English, Spanish

Website: www.azdes.gov

Arizona Department of Economic Security
Vocational Rehabilitation
1140 F Avenue
Douglas, AZ 85607
Phone: (520) 364-4446
Fax: (520) 364-7197

Program description: Provides vocational assistance for job training.

Audience: People with disabilities.

Languages available: English, Spanish

Website: www.azdes.gov

Chiricahua Community Health Centers, Inc
1100 F Avenue
Douglas, AZ 85607
Contact: Tami Naranjo, MD Staff Provider
Phone: (520) 364-3285
Fax: (520) 364-3378
tnaranjo@cchci.org

Program description: Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, cardiovascular disease.

Health professionals: Certified Diabetes Educator (CDE), MD/DO, PA/NP, RN

Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes.

Languages available: English, Spanish

Year program started: 2001

Website: www.cchci.org

Chiricahua Community Health Centers, Inc
1205 F Avenue
Douglas, AZ 85607

Contact: John Haun, MD, Medical Director
Phone: (520) 364-1429
Fax: (520) 364-4261
Jhaun@cchci.org

Program description: Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and support group.

Diabetes complications specific: Eye screening, hypertension screening, prenatal care, smoking cessation.

Health professionals: CDE, RD, MD/DO, RN

Audience: People diagnosed with diabetes and general population.

Languages available: English, Spanish

Website: www.samcdouglas.org

Elfrida

Chiricahua Community Health Centers, Inc.
10566 Hwy 191
Elfrida, AZ 85610

Contact: Karen Crockett, MD Staff Provider
Phone: (520) 642-2222
Fax: (520) 642-3591
kcrockett@cchci.org

Program description: Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, and gestational/prenatal.

Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease.

Health professionals: Certified Diabetes Educator (CDE), MD/DO, PA/NP, RN

Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes.
Languages available: English, Spanish
Year program started: 2000
Website: www.cchci.org

Pearce

Sunsites Medical Clinic
P.O. Box 186
225 Frontage Road #105
Pearce, AZ 85625
Contact: Dr. Richard Singer; Angela Schroedl, NP
Phone: (520) 826-1088
Fax: (520) 826-1089
Program description: Program that has a diabetes component and diabetes education and screening, weight management, nutrition, and exercise.
Diabetes complications specific: Eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease.
Audience: General population.
Languages available: English
Website: www.ncch.com

Sierra Vista

Arizona Department of Economic Security
Vocational Rehabilitation
820 East Fry Boulevard
Sierra Vista, AZ 85635
Phone: (520) 459-7026
Fax: (520) 452-7158
Program description: Provides vocational assistance for job training.
Audience: People with disabilities.
Website: www.azdes.gov

Arizona Family Care Associates
302 El Camino Real, Suite #5
Sierra Vista, AZ 85625
Contact: Sue Ray, (520) 417-4344 (direct line)
Phone: (520) 459-3920
Fax: (520) 452-2218
Program description: General information for support group.
Audience: Adults and some children.
Languages available: English, Spanish, Pilipino, Pakistani, & Indian
Website: www.azdes.gov

Sierra Vista Regional Health Center
300 El Camino Real
Sierra Vista, AZ 85635
Contact: Anna Keefe, CDE, RD, Chief Clinical Dietician
Phone: (520) 417-3055
Fax: (520) 417-3056
Program description: Program that has a diabetes component. Diabetes education, screening, weight management, nutrition, exercise, and support group.
Health professionals: RD, MD/DO, RN
Audience: General population, persons with diagnosed diabetes, families of diabetics, and minorities.
Languages available: English, Spanish
Website: www.svrhc.org
Sierra Vista Regional Health Center
Diabetes Education Program/Outreach Center
1840 South Paseo San Luis
Sierra Vista, Arizona 85635
Contact: Julie Henderson, RD, CDE/Diabetes Program Coordinator
Phone: (520) 458-0136
Fax: (520) 458-4047
Program description: Provide 5-two hour classes (10 hours total) of diabetes education to the community. Topics included but are not limited to glucose monitoring, target blood sugar goals, meal planning, medications, short-term & long-term complications, emotional aspects, and heart health. These classes are taught by RN’s and RD’s (the majority of which also have their CDE credentials). Classes are offered year round and are open to the public. The number of participants fluctuate but class size is limited to 20 people. The classes are geared for people diagnosed with prediabetes, Type 2 diabetes, Type 1 diabetes, and support members.
Health professionals: CDE, RD, RN
Audience: General population, people with diagnosed diabetes, minorities, families of people with diabetes, heart health class (class #5) good for people with HTN and/or dyslipidemia.
Languages available: English
Year program started: 2004
Website: www.svrhc.org

Willcox

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
256 South Curtis Avenue
Willcox, AZ 85643
Phone: (520) 384-3583
Fax: (520) 384-2213
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English
Website: www.azdes.gov

Northern Cochise Community Hospital
901 Rex Allen Drive
Willcox, AZ 85643
Contact: Martina Smith, RN, BSN and Case Management
Phone: (520) 384-3541 ext 325
Fax: (520) 384-9212
Program description: Diabetes education, nutrition, exercise, support group, gestational/prenatal, diabetes education intermittently, and gestational/prenatal offered by our specialty clinics.
Diabetes complications specific: Hypertension screening, foot care, prenatal care, and cardiovascular disease.
Health professionals: MD/DO
Audience: General population and minorities.
Languages available: English, some Spanish
Website: www.ncch.net

Northern Cochise Community Hospital
Diabetes Support Group
901 Rex Allen Drive
Willcox, AZ 85643
Contact: Carrie Reed
Phone: (520) 384-3541 ext 395
Fax: (520) 384-9212
Program description: Support group meets every second Wednesday at 9 A.M. in the Dining room at Northern Cochise Community Hospital. No appointment necessary.
Audience: Persons with diagnosed diabetes, families of diabetics, minorities, general population, and health professionals.
Languages available: English
Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
397 Malpais Lane, Suite 7
Flagstaff, AZ 86001
Phone: (928) 779-0327
Fax: (928) 779-1833
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Arizona Department of Economic Security
Vocational Rehabilitation
1510 South Riordan Ranch Street
Flagstaff, AZ 86001
Phone: (928) 779-4147
Fax: (928) 779-6915
Program description: Provides vocational assistance for job training.
Audience: People with disabilities.
Languages available: English
Website: www.azdes.gov

Coconino County Health Department
Home Health Agency/Clinic
2625 North King Street
Flagstaff, AZ 86004
Contact: Jory Malis, RN
Phone: (928) 679-7337
Fax: (928) 679-7351
Program description: Diabetes education, diabetes screening, weight management, and nutrition.
Health professionals: RN
Audience: Elderly (60 years of age, and/or disabled) only and must have their own doctors to authorize care.

Coconino County Health Department
WIC Program
2625 North King Street
Flagstaff, AZ 86004
Contact: Lorraine Ornelas
Phone: (928) 679-7250
Fax: (928) 679-7205
Program description: Program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to five years.
Languages available: English, Spanish
Year program started: 1972
Website: www.coconino.az.gov/health

Flagstaff Medical Center
Flagstaff Diabetes Support Group
3241 S. Justin Street
Flagstaff, AZ 86001
Contact: Janice Karberg, Volunteer Facilitator
Phone: (928) 226-0807
Fax: (928) 226-0844
jraek1@q.com
Program description: The Flagstaff Diabetes Support Group, sponsored, in part, by Flagstaff Medical Center, offers these monthly meetings facilitated by Jan Karberg (volunteer) as a community service outreach - no fee -open to everyone. Support, resource listings, educational materials, healthy lifestyle suggestions, problem solving, reducing risks, & healthy coping with the emotional side of diabetes management are offered to everyone.
Health professionals: CDE, RD, MD/DO, PA/ NP, RN
Languages available: English, Spanish
Year program started: 1968
Website: www.coconino.az.gov/health
Speakers from all of the above areas of expertise are scheduled to do presentations

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English

**Year program started:** 1999

**Website:** [www.flagstaffmedicalcenter.com](http://www.flagstaffmedicalcenter.com)

---

**Flagstaff Medical Center**

Children’s Health Center  
1200 North Beaver Street  
Flagstaff, AZ 86002

**Contact:** Pam Garcia, RN  
Phone: (928) 773-2054  
Fax: (928) 773-2286

**Program description:** Diabetes education, diabetes screening, and pediatric.

**Diabetes complications specific:** Eye screening.

**Audience:** Children and teenagers diagnosed with diabetes.

**Languages available:** English, Spanish

**Website:** [www.flagstaffmedicalcenter.com](http://www.flagstaffmedicalcenter.com)

---

**Flagstaff Medical Center**

Nutrition Counseling/Outpatient  
1200 North Beaver Street  
Flagstaff, AZ 86002

**Phone:** (928) 773-2169  
**Fax:** (928) 773-2430

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, and foot care.

**Health professionals:** CDE, RD, RN

**Audience:** General population, people diagnosed with diabetes, and families of people with diabetes.

**Languages available:** English

**Year program started:** 1994

**Website:** [www.flagstaffmedicalcenter.com](http://www.flagstaffmedicalcenter.com)

---

**Native Americans for Community Action (NACA) Family Health Center**

Harmony through Health Diabetes Program  
1500 East Cedar Avenue, Suite 26  
Flagstaff, AZ 86004

**Contact:** Ken McKnight, Director of Health Services  
Phone: (928) 773-1245  
Fax: (928) 773-9429

**Program description:** Diabetes Education, diabetes screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, and dental.

**Health professionals:** MD, FNP

**Audience:** General population and Native Americans.

**Languages available:** English, Navajo

**Year program started:** 1998

---

**North Country Community Health Center**

Diabetes Program  
2920 N. Fourth St.  
Flagstaff, AZ 86004

**Contact:** Jennifer Noenickx, RN, CDE,  
Diabetes Program Coordinator or Virna Salazar, Diabetes Assistant/Case Manager  
Phone: (928) 213-6122 or (928) 213-6110

**Program description:** Diabetes self management education includes group and one-to-one classes, nutrition instruction, and gestational diabetes. Diabetes Care Clinic Days offered by individual providers to meet their client’s diabetic standards of care.

**Diabetes complications specific:** Retinal eye testing, hypertension/ hypercholesterolemia supervision, self-management goal setting, foot exams, depression assessments, smoking cessation referrals and dental clinic.

**Health professionals:** MD, DO, NP, PA, RN, MA, DDS

**Audience:** General population. Existing sliding fee scale available for under-insured and uninsured persons. AHCCCS eligibility offices accessible.
Languages available: English, Spanish, Navajo
Year program started: 2003
Website: www.northcountrychc.org

Northern Arizona University
Fronske Health Center-Campus Health Service
South San Francisco, Dome Access, Bldg. 41
P.O. Box 6033
Flagstaff, AZ 86011
Contact: Timothy Fleming, MD
Phone: (928) 523-2131
Fax: (928) 523-1102
timothy.fleming@nau.edu
Program description: Program that has a diabetes component, weight management, nutrition, exercise. We have a nutritionist on staff who offers one-on-one counseling, including diabetes information-helps students w/diabetes navigate through their meal plans at the dining halls.
Diabetes complications specific: Hypertension screening, smoking cessation, and cardiovascular disease.
Health professionals: RD, MD/DO, PA/NP, RN
Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes, professionals, teens, kids, and pregnant women.
Languages available: Spanish, English, and Navajo
Year program started: 1995
Materials developed: Many Powerpoint slide presentations for professionals
Website: www.flagstaffmedicalcenter.com

Social Security Administration
1585 South Plaza Way, Suite 130
Flagstaff, AZ 86001
Phone: (800) 772-1213
Program description: Assist people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits.
Audience: General population.
Languages available: English, Spanish
Website: www.ssa.gov
Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
1057 Vista Avenue
P.O. Box 1656
Page, AZ 86040
Phone: (928) 645-8131
Fax: (928) 645-5241
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish, Navajo
Website: www.azdes.gov

Lake Powell Medical Center
467 Vista Avenue
Page, AZ 86040
Phone: (928) 645-8123
Fax: (928) 645-3862
Program description: Diabetes education.
Diabetes complications specific: Diabetes screening, hypertension screening, foot care and gestational/prenatal.
Health professionals: MDs, RNs
Audience: People with diagnosed diabetes and general population.
Languages available: English, Navajo
Year program started: 1995
Website: http://cchcaz.org

Page Hospital
501 N. Navajo
P.O. Box 1447
Page, AZ 86040
Contact: Michele Grim, RD
Phone: (928) 645-2424
Fax: (928) 645-3549
Program description: Diabetes education, weight management, nutrition.
Diabetes complications specific: Hypertension screening, and gestational/prenatal.
Health professionals: RD
Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes.
Languages available: English
Year program started: 1995
Materials developed: Yes
Website: www.bannerhealth.com

Supai
Havasupai Tribe Diabetes Program
Village located in Havasu Canyon part of the Grand Canyon (west)
P.O. Box 10
Supai, AZ 86435
Contact: Bernita Paya, Director
Phone: (928) 448-2152
Fax: (928) 448-2551
blpaya@hotmail.com
Program Description: Program has a diabetes component that provides diabetes education, weight management, nutrition information, and a focus on increasing physical activity.
Health professionals: Contracted consultants provide trainings and services.
Audience: People with diagnosed diabetes, their families, and those at risk for diabetes. Focus is also on youth and elders. Open to the entire community.
Languages available: Havasupai, English
Year program started: 1995
Tuba City

Arizona Department of Economic Security
Family Assistance Administration
130 S. Main Street
P.O. Box 130
Tuba City, AZ 86045
Phone: (928) 283-4511
Fax: (928) 283-6624
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish, Navajo, and Hopi
Website: www.azdes.gov

Tuba City Regional Health Care Diabetes Education Program
167 N. Main Street
PO Box 600
Tuba City, AZ 86045
Contact: Dr. Kristin Graziano Director, Diabetes Clinical Services
Phone: (928) 283-2406
Fax: (928) 283-2408
kristin.graziano@tchealth.org
Ruby Whitehorne, RN, CHE (Acting DM Coordinator)
Phone: (928) 283-2963
Fax: (928) 283-2887
Program description: We provide a broad spectrum of diabetes clinical and preventive services. Our team and partners have a variety of backgrounds from health educators to physicians which makes for a strong multi-disciplinary effort. Additionally, through our Health Promotion Department, we provide community outreach opportunities for education, prevention, and screening, as well as run a very successful Diabetes Prevention Program. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, continuing education/training for professionals, and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.
Health professionals: CDE, RD, MD/DO, PA/NP, RN
Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes, people with prediabetes to participate in our Diabetes Prevention Program.
Languages available: English, Navajo, Hopi
Website: www.ihs.gov
**GILA COUNTY**

**Globe**

**Arizona Department of Economic Security**
Temporary Assistance to Needy Families (TANF)
605 South 7th Street
Globe, AZ 85501
Phone: (928) 425-3101
Fax: (928) 425-2881

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish
**Website:** www.azdes.gov

---

**Arizona Department of Economic Security**
Vocational Rehabilitation
605 South 7th Street
Globe, AZ 85501
Phone: (928) 425-3101
Fax: (928) 425-7950

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.
**Website:** www.azdes.gov

---

**Cobre Valley Community Hospital**
5880 South Hospital Drive
Globe, AZ 85501
Phone: (928) 425-3261
Fax: (928) 425-7903

**Program description:** Diabetes education, diabetes support group, diabetes screening, weight management, nutrition, and gestational/prenatal.

**Diabetes complications specific:** Hypertension screening.

**Health professionals:** RD, MD/DO, RN
**Audience:** People diagnosed with diabetes.
**Languages available:** English, Spanish
**Website:** www.cvchospital.com

---

**Gila County Health Department**
5515 S. Apache Avenue, Suite 100
Globe, AZ 85501
Phone: (928) 425-3189
Fax: (928) 425-0794
**Website:** www.gilacountyaz.gov

**Gila County Health Department**
WIC Program
5515 S. Apache Avenue, Suite 100
Globe, AZ 85501
Phone: (928) 402-8815
Fax: (928) 425-0794

**Contact:** Ursula Donovan

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Prenatal care, general nutrition education, and referrals.

**Health professionals:** RD, RN
**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Languages available:** English
**Year program started:** 1972

---

**Miami**

**Social Security Administration**
2105 East US Hwy 60, Suite 102
Miami, AZ 85539
Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population, all.
**Languages available:** English, Spanish
**Materials developed:** Yes
**Website:** www.ssa.gov
Payson

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
100 North Tonto Street Suite 100
Payson, AZ 85541
Phone: (928) 474-4521
Fax: (928) 468-8677
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Arizona Department of Economic Security
Vocational Rehabilitation
100 North Tonto Street Suite 100
Payson, AZ 85541
Contact: Karen Gray
Phone: (928) 474-0784
Fax: (928) 468-9853
Program description: Provides vocational assistance for job training.
Audience: People with diabetes.
Languages available: English
Website: www.azdes.gov

Gila County Health Department
107 West Frontier, Suite A
Payson, AZ 85541
Contact: Lucinda Butler, RN
Phone: (928) 474-1210
Fax: (928) 474-7069
Program description: Diabetes education and nutrition.
Audience: General population.
Languages available: English, some Spanish
Website: www.gilacounty.az.gov

Payson Regional Medical Center
807 South Ponderosa Drive
Payson, AZ 85541
Contact: Diane Fredrick
Phone: (928) 474-3222
Fax: (928) 472-1295
Program description: Diabetes education, diabetes screening, weight management, nutrition, and gestational/prenatal, exercises.
Diabetes complications specific: Eye screening, and hypertension screening.
Health professionals: CDE, RD, MD/DO, RN
Audience: People with diagnosed diabetes, families of people with diabetes.
Languages available: English
Year program started: 1991
Website: www.paysonhospital.com

Payson Regional Medical Center
Home Health Care
215 North Beeline Highway
Payson, AZ 85541
Contact: Director, Bonnie Sweeney
Phone: (928) 472-5245
Fax: (928) 472-5250
Program description: Provides home health care to diabetics as ordered by MD.
Health professionals: RNs, CNAs, LPNs
Languages available: English
Year program started: 1991
Website: www.paysonhospital.com

Samaritan Family Health Center
117 East Main Street
Payson, AZ 85411
Phone: (928) 474-1714
Fax: (928) 472-8070
Program description: Diabetes screening
Diabetes complications specific: Eye screening, hypertension screening and foot care.
Health professionals: MD/DO
Audience: General population, Medicare, private insurance.
Languages available: English
Peridot

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
Peridot Shopping Center Hwy 70
PO Box 747
Peridot, AZ 85542
Phone: (928) 475-2212
Fax: (928) 475-2658

Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

San Carlos

San Carlos Apache Tribal Diabetes Prevention Program
1 Mohave Ave.
P.O. Box 1651
San Carlos, AZ 85550
Contact: John Duncan, Program Manager
Phone: (928) 475-5940
Fax: (928) 475-5925

Program description: The program has a weight management clinic with comprehensive professional support, community outreach education to teach prevention and control measures, many physical activities for community and health education opportunities. We also have an Annual Diabetes Conference and two fitness centers. Diabetes education, diabetes screening, weight management, nutrition, exercise, and continuing education/training for professionals.

Diabetes complications specific: Hypertension screening and foot care.

Health professionals: PA/NP, RN

Audience: People with diagnosed diabetes, general population, and families of people with diabetes.

Languages available: English, Apache
Year program started: 1997

San Carlos Hospital Diabetes Team
IHS San Carlos Hospital
Cibeque Circle
P.O. Box 208
San Carlos, AZ 85550
Contact: Linda C. Clark RN, CDE
Phone: (928) 475-2371
Fax: (928) 475-7370

Program description: Comprehensive diabetes education including nutritional services. Optometry, dental available. Our team tries to provide comprehensive to most ADA minimum standards of care. Education is provided by appointment, walk-in and group sessions. Our team provides education to all the local schools on a yearly basis by invitation. Diabetes education, diabetes screening, weight management, nutrition, and exercise.

Diabetes complications specific: Eye screening, hypertension, foot care, prenatal, and renal care.

Health professionals: CDE, RD, MD/DO, RN

Audience: Native Americans with diagnosed diabetes and pre-diabetes, minorities, families of people with diabetes, teenagers, pregnant women, people with hypertension, school age children.

Languages available: English, Apache
Year program started: 1988
Materials developed: Yes
Website: www.ihs.gov
**GRAHAM COUNTY**

**Safford**

**Arizona Department of Economic Security**  
Temporary Assistance to Needy Families (TANF)  
1938 West Thatcher Boulevard  
Safford, AZ 85546  
Phone: (928) 428-6731  
Fax: (928) 428-1206  
**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** [www.azdes.gov](http://www.azdes.gov)

**Arizona Department of Economic Security**  
Vocational Rehabilitation  
1938 Thatcher Boulevard  
Safford, AZ 85546  
Phone: (928) 428-7700 x1106  
Fax: (928) 428-4018  
**Program description:** Vocational assistance for job training.  
**Audience:** People with disabilities.  
**Languages available:** English, Spanish  
**Website:** [www.azdes.gov](http://www.azdes.gov)

**Graham County Health Department Annex**  
WIC Nutrition Department  
820 West Main Street  
Safford, AZ 85546  
**Contact:** Rochelle Figueroa, Nutritionist  
Phone: (928) 428-7690  
Fax: (928) 348-9873  
**Program description:** Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.  
**Diabetes complications specific:** Hypertension screening and foot care.  
**Audience:** Women pregnant, breastfeeding, postpartum, infants and children up to 5 years of age.  
**Languages available:** English, Spanish  
**Year program started:** 1972  
**Website:** [www.graham.az.gov](http://www.graham.az.gov)

**Mt. Graham Regional Medical Center**  
Graham Greenlee Diabetes Prevention and Control Program  
1600 20th Avenue  
Safford, AZ 85546  
**Contact:** Darlene Horst  
Phone: (928) 348-8777 or (928) 348-8776  
**Program description:** Diabetes education, weight management, nutrition, exercise, support group, continuing education/training, and type 1 and type 2 diabetes program.  
**Diabetes complications specific:** Diabetes screening.  
**Health professionals:** CDE, RD, RN  
**Audience:** People diagnosed with diabetes and families of people diagnosed with diabetes.  
**Languages available:** English, Spanish  
**Website:** [www.mtgraham.org](http://www.mtgraham.org)

**Safford Community Health Center**  
618 Central Avenue  
Safford, AZ 85546  
Phone: (928) 428-1500, Toll Free: (877) 428-1500  
Fax: (928) 428-1555

**Social Security Administration**  
650 S 14th Avenue  
Safford, AZ 85546  
Phone: 1 (800) 772-1213 or (928) 428-5303  
**Program description:** People with diagnosed diabetes, assist people to make social security claims for disability insurance, retirement insurance, survivor insurance, medicare - hospitalization & medicare supplementary benefits call 800- or walk in.  
**Audience:** General population, all.  
**Languages available:** English, Spanish  
**Website:** [www.ssa.gov](http://www.ssa.gov)
**GREENLEE COUNTY**

**Clifton**

*Arizona Department of Economic Security*
Temporary Assistance to Needy Families (TANF)
300 North Coronado Avenue
P.O. Box 927
Clifton, AZ 85533
Phone: (928) 865-4131
Fax: (928) 865-5146

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** www.azdes.gov

---

**Greenlee County Health Department**
WIC Program
253 5th Street
P.O. Box 936
Clifton, AZ 85533

**Contact:** Janel Ortega
Phone: (928) 865-2601 or (928) 865-1929

**Program description:** Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Diabetes screening and hypertension screening.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age and general population.

**Health professionals:** RD, RN

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** www.co.greenlee.az.us
LA PAZ COUNTY
**LA PAZ COUNTY**

**Needles**

**Social Security Administration**  
1096 East Broadway  
Needles, CA 92363  
Phone: (800) 772-1213  
*Program description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. (Call the 800 number or walk in.)  
*Audience:* General population, all.  
*Languages available:* English, Spanish  
*Website:* [www.ssa.gov](http://www.ssa.gov)

**Parker**

**Arizona Department of Economic Security**  
Temporary Assistance to Needy Families (TANF)  
Parker Multi-Service Center  
1032 Hopi Avenue  
Parker, AZ 85344  
Phone: (928) 669-9293  
Fax: (928) 669-8627  
*Program description:* Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
*Audience:* General population.  
*Website:* [www.azdes.gov](http://www.azdes.gov)

**La Paz Regional Hospital**  
1200 West Mohave Road  
Parker, AZ 85344  
Contact: Ruth Grothe, Case Manager  
Phone: (928) 669-9201  
Fax: (928) 669-7417  
*Program description:* Follow-up and support provided by buddy system. Referrals for education, health information, and other related services.  
*Audience:* People with diagnosed diabetes.  
*Year program started:* 1995  
*Website:* [www.lapazhospital.org](http://www.lapazhospital.org)

**La Paz County Health Department**  
1112 Joshua Avenue, #206  
Parker, AZ 85344  
Contact: Diana Grazier, Director of Nursing  
Phone: (928) 669-1100  
Fax: (928) 669-6703  
*Program description:* Diabetes education.  
*Diabetes complications specific:* Diabetes screening.  
*Audience:* General population.  
*Languages available:* English, Spanish  
*Website:* [www.co.la-paz.az.us](http://www.co.la-paz.az.us)

**Arizona Department of Economic Security**  
Vocational Rehabilitation  
1032 Hopi Avenue  
Parker, AZ 85344  
Phone: (928) 669-8389  
Fax: (928) 669-8675  
*Program description:* Provides vocational assistance for job training.  
*Audience:* People with disabilities.  
*Website:* [www.azdes.gov](http://www.azdes.gov)

**La Paz County Health Department**  
1112 Joshua Avenue, #206  
Parker, AZ 85344  
Contact: Diana Grazier, Director of Nursing  
Phone: (928) 669-1100  
Fax: (928) 669-6703  
*Program description:* Diabetes education.  
*Diabetes complications specific:* Diabetes screening.  
*Audience:* General population.  
*Languages available:* English, Spanish  
*Website:* [www.co.la-paz.az.us](http://www.co.la-paz.az.us)

**Parker USPHS Hospital**  
12033 Agency Road  
Parker, AZ 85344  
Contact: Diane Selleck  
Phone: (928) 669-3283  
Fax: (928) 669-3311  
*Program description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.  
*Diabetes complications specific:* Eye screening and hypertension screening.  
*Health professionals:* RD (CDE), MD/DO, RN (CDE)  
*Audience:* Native American population.  
*Languages available:* English, Navajo  
*Year program started:* 1950  
*Website:* [www.ihs.gov](http://www.ihs.gov)
MARICOPA COUNTY

Avondale

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
290 East La Canada Blvd.
Avondale, AZ 85323
Phone: (623) 925-0095
Fax: (623) 932-2183
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
290 East La Canada Blvd.
Avondale, AZ 85323
Phone: (623) 925-0095
Fax: (623) 932-2183
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Maricopa County Health Department
WIC Program
950 East Van Buren
Avondale, AZ 85323
Phone: (623) 932-3900
Program description: A supplemental food and nutrition program for women, infants, and children 1-5 years, nutrition education, as well as community, medical and social referral programs.
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.
Languages available: English, Spanish
Year program started: 1972
Website: www.maricopa.gov

Maricopa Integrated Health Systems
Avondale Family Health Center
950 East Van Buren
Avondale, AZ 85323
Phone: (623) 344-6800
Fax: (623) 344-6801
Program description: A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program has a diabetes component, diabetes education, and nutrition.
Diabetes complications specific: Eye screening, hypertension screening, prenatal care, smoking cessation, renal care, and cardiovascular disease.
Health professionals: RD, MD/DO, RN
Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes.
Languages available: English, Spanish
Year program started: 2001
Website: www.mihs.org

Buckeye

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
302 North 4th Street
Buckeye, AZ 85326
Phone: (623) 327-0862
Fax: (623) 386-7759
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Clínica Adelante, Inc.
Buckeye Family Care Center
306 East Monroe Avenue
Buckeye, AZ 85326
Phone: (623) 386-4814
Fax: (623) 386-4593
Program description: Primary care includes OB prenatal care. Monthly scheduled obstetrician, and nutritionist. Sliding scale fee available. Program has a diabetes
component, individual diabetes education, screening, weight management, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension, foot care, prenatal and cardiovascular care.

**Health professionals:** RD, MD/DO, NP/PA, RN, Medical assistant and OB prenatal care.

**Audience:** Persons diagnosed with diabetes, minorities, teenagers, pregnant women and pediatrics.

**Languages available:** English, Spanish

**Year program started:** 1995

**Materials developed:** Yes

**Website:** www.clinicaadelante.com

---

**Maricopa Integrated Health Systems**
Chandler Family Health Center
811 South Hamilton
Chandler, AZ 85225
Phone: (480) 344-6100
Fax: (480) 344-6101

**Program description:** A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program that has a diabetes component, diabetes education, nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease.

**Health professionals:** CDE, MD/DO, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** www.mihs.org

---

**Maricopa County Health Department**
WIC Program
3002 North Arizona Avenue, Suite 13
Chandler, AZ 85224
Contact: Renee Siegfried
Phone: (480) 892-7702
Fax: (480) 892-7936

**Program description:** Nutrition education, as well as community, medical and social referral programs, weight management, nutrition, and gestational/prenatal.

**Diabetes complications specific:** Iron screening, hemoglobin checks.

**Health professionals:** RD

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** www.maricopa.gov

---

**Arizona Department of Economic Security**
Temporary Assistance to Needy Families (TANF)
2018 N. Arizona Ave, Suite D104
Chandler, AZ 85225
Phone: (480) 812-2160
Fax: (480) 812-2175

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** www.azdes.gov

---

**Arizona Department of Economic Security**
Vocational Rehabilitation
2018 N. Arizona Ave, Suite D-116
Chandler, AZ 85224
Phone: (480) 917-0493
Fax: (480) 917-3512

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** www.azdes.gov

---

**Arizona Diabetes Recourse Directory**
35
El Mirage

Maricopa Integrated Health Systems
El Mirage Family Health Center
12428 West Thunderbird Road
El Mirage, AZ 85335
Contact: Trish Stradleigh – Clinical Manager
Phone: (623) 344-6500
Fax: (623) 344-6501
Diabetes Education: 602-344-5104
Program description: Program that has a diabetes component, diabetes education, quarterly group classes, and one on one.
Diabetes complications specific: Hypertension screening, foot care, prenatal care, smoking cessation, renal care, cardiovascular disease, fasting blood glucose.
Health professionals: CDE, RD, MD, PA, RN
Audience: People with diagnosed diabetes, general population, uninsured AHCCCS eligible, enrolled maricopa health system program, commercial insurance.
Languages available: English, Spanish
Website: www.mihs.org

Glendale

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
5409 West Glendale
Glendale, AZ 85301
Phone: (602) 842-0061
Fax: (623) 842-6311
Program description: Family assistance program that provides Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance.
Audience: General population and African refugees.
Languages available: English, Spanish
Website: www.azdes.gov

Maricopa County Health Department
WIC Program
5141 Lamar Road
Glendale, AZ 85301
Phone: (602) 939-0989
Program description: A supplemental food and nutrition program for women, infants, and children 1-5 years, nutrition education, as well as community, medical and social referral programs
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.
Languages available: English, Spanish
Year program started: 1972
Website: www.maricopa.gov
Social Security Administration
5907 West King Avenue
Glendale, AZ 85306
Phone: (800) 772-1213
Program description: Assists persons to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare - supplementary benefits, Medicare prescription, drug plan. Call or walk in.
Audience: General population.
Languages available: English, Spanish
Website: www.ssa.gov

Banner Thunderbird Medical Center
Outpatient Diabetes Program
5555 West Thunderbird Road
Glendale, AZ 85306
Contact: Debra Martin
Phone: (602) 588-4890 or (602) 865-5555
Fax: (602) 865-4893
Program description: Outpatient program includes individual consultants and group classes. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training (for professionals), and gestational/prenatal.
Health professionals: CDE, RD, RN
Audience: People with diabetes, health professionals, minorities, families of people with diabetes (e.g. teenagers, pregnant women, people with hypertension, etc.). Must be diagnosed with diabetes for appointment.
Languages available: English, Spanish - Translators available with arrangement.
Year program started: 1996
Materials developed: Yes

Banner Thunderbird Medical Center
Outpatient Diabetes Program
5555 West Thunderbird Road
Glendale, AZ 85306
Contact: Debra Martin
Phone: (602) 588-4890 or (602) 865-5555
Fax: (602) 865-4893
Program description: Outpatient program includes individual consultants and group classes. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training (for professionals), and gestational/prenatal.
Health professionals: CDE, RD, RN
Audience: People with diabetes, health professionals, minorities, families of people with diabetes (e.g. teenagers, pregnant women, people with hypertension, etc.). Must be diagnosed with diabetes for appointment.
Languages available: English, Spanish - Translators available with arrangement.
Year program started: 1996
Materials developed: Yes

Guadalupe

Las Fuentes Health Clinic of Guadalupe
Muevete Guadalupe Healthy Lifestyle Initiative
8625 Avenida Del Yaqui
Guadalupe, AZ 85283
Phone: (480) 777-2263
Fax: (480) 777-2264
Program description: Muevete Guadalupe Healthy Lifestyle Initiative is a group formed by area agencies (Centro de Amistad, Las Fuentes, the Pasqua Yaqui Tribe, Maricopa Public Health, ADHS-Diabetes Program, ASU College of Nursing) in the Guadalupe Community. These groups promote and create activities and functions that address healthy lifestyles, which in turn prevent and controls diabetes and its complications. Activities include community education, community walking groups, health fairs and festivals.
Health professionals: RD, MD, PA/NP
Audience: People with diabetes, general population, minorities, and families of people with diabetes.
Languages available: English, Spanish
Year program started: 2002
Website: www.lasfuentes.org

Maricopa County Health Department
WIC Program
9206 South Avenida Del Yaqui
Guadalupe, AZ 85283
Phone: (480) 838-2859
Fax: (480) 838-6294
Program description: Nutrition education, as well as community, medical and social referral programs.
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.
Languages available: English, Spanish
Year program started: 1972
Website: www.maricopa.gov

Maricopa Integrated Health Systems
Guadalupe Family Health Center
5825 East Calle Guadalupe
Guadalupe, AZ 85283
Contact: Lori Lynn – Clinical Manager
Phone: (480) 344-6000
Fax: (480) 344-6001

**Program description:** Program that has a diabetes component, individual diabetes education (ADA recognized), weight management, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** www.mihs.org

---

**Luke AFB**

Luke Air Force Base
56 Med Group/SGOPI Diabetes
Luke AFB, AZ 85309

**Contact:** Miss Chuchinski
Phone: (623) 856-4625

**Program description:** Weight management, nutrition, exercise, and support group.

**Diabetes complications specific:** Diabetes screening, eye screening, hypertension screening, foot care, and renal care.

**Health professionals:** RD, MD, RN

**Audience:** Personnel on active duty, retirees and family members stationed at the base.

**Languages available:** English, Spanish

**Website:** www.luke.af.mil

---

**Arizona Department of Economic Security**
Temporary Assistance to Needy Families (TANF)
1619 East Main
Mesa, AZ 85203
Phone: (480) 834-4066
Fax: (480) 834-4401

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** www.azdes.gov

---

**Mesa**

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
163 North Dobson Road
Mesa, AZ 85201
Phone: (480) 890-7300
Fax: (480) 890-7374

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** www.azdes.gov

---

Banner Baywood Medical Center
6644 Baywood Avenue
Mesa, AZ 85206

**Contact:** Margaret O’Brien, RD, CDE
Phone: (480) 321-4578
Fax: (480) 321-4533

**Program description:** Outpatient diabetes/nutrition services, one-on-one consultations.
Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and gestational/prenatal.

**Health professionals:** CDE, RD  
**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes, women and gestational diabetics.  
**Languages available:** English, have capability to use AT&T Language Line for interpretation/translation  
**Year program started:** 2000  
**Website:** [www.bannerhealth.com](http://www.bannerhealth.com)

**Banner Baywood Diabetes Support Group**  
Banner Baywood Medical Center  
6644 Baywood Avenue  
Mesa, AZ 85206  
**Contact:** Margaret O’Brien, RD, CDE  
Phone: (480) 321-4578  
Fax: (480) 321-4533  
**Program description:** Support group. Facilitated discussion format diabetes support group meets first and third Tuesday each month, 3-4 PM at Banner Baywood Center for Women’s Health – Cooper Room.  
**Health professionals:** CDE, RD  
**Audience:** People with diagnosed diabetes and families of people with diabetes.  
**Languages available:** English  
**Year program started:** 1996  
**Website:** [www.bannerhealth.com](http://www.bannerhealth.com)

**Maricopa County Health Department**  
WIC Program  
423 North Country Club, Suite 45  
Mesa, AZ 85201  
Phone: (480) 833-0334  
Fax: (480) 833-3271  
**Program description:** Diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian. Also includes a nutritional worker who helps educate clients.  
**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.  
**Languages available:** English, Spanish, French and can provide translation services for other languages  
**Year program started:** 1972  
**Website:** [www.maricopa.gov](http://www.maricopa.gov)

**Maricopa Integrated Health Systems**  
Mesa Family Health Center  
59 South Hibbert  
Mesa, AZ 85210  
Phone: (480) 344-6200  
Fax: (480) 344-6201  
**Program description:** A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program that has a diabetes component, diabetes education, and nutrition.  
**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, renal care, and cardiovascular disease.  
**Health professionals:** CDE, RD, MD/DO, RN  
**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.  
**Languages available:** English, Spanish  
**Year program started:** 2001  
**Website:** [www.mihs.org](http://www.mihs.org)

**Peoria**

**Arizona Department of Economic Security**  
Family Assistance Administration  
8990 West Peoria  
Peoria, AZ 85345  
Phone: (602) 771-0011  
Fax: (623) 334-6303  
**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance.
Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** [www.azdes.gov](http://www.azdes.gov)

---

**Phoenix**

**Advocates for the Disabled**  
Disability Service  
4520 North Central Avenue, Suite #575  
Phoenix, AZ 85012  
Phone: (602) 212-2600  
**Program description:** Assist low-income individuals. Prove eligibility for SSI/Disability Benefits.  
**Audience:** People with diagnosed diabetes.  
**Languages available:** English, Spanish  
**Year program started:** 1970  
**Website:** [www.advocatesforthedisabled.org](http://www.advocatesforthedisabled.org)

**American Diabetes Association (Phoenix and Northern Arizona)**  
8125 North 23rd Avenue, Suite #222  
Phoenix, AZ 85021  
**Contact:** Suzanne Miller, Director  
Phone: (602) 861-4731  
Fax: (602) 995-1344  
**Program description:** National non-profit voluntary health organization with focus on research, information, education and advocacy. We provide referrals for health professionals, diabetes recognition program and provider recognition. Diabetes education, weight management, nutrition, exercise, support group referral, continuing education/training for professionals, and gestational/prenatal.  
**Diabetes complications specific:** Referrals to eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular diseases.  
**Audience:** General population, people diagnosed with diabetes, minorities, and families of people with diabetes.  
**Languages available:** English, Spanish  
**Year program started:** ADA established in Arizona in 1975.  
**Materials developed:** Visit [www.diabetes.org](http://www.diabetes.org) for materials.  
**Website:** [www.diabetes.org](http://www.diabetes.org)

**Arizona Braille and Talking Book Library**  
1030 North 32nd Street  
Phoenix, AZ 85008  
Phone: (602) 255-5578  
**Program description:** Talking Book Program.  
**Audience:** Qualifiers for people who cannot read small print, cannot hold books, and cannot see.  
**Website:** [www.lib.az.us/braille](http://www.lib.az.us/braille)

**Arizona Center for the Blind and Visually Impaired**  
3100 East Roosevelt  
Phoenix, AZ 85008  
Phone: (602) 273-7411  
Fax: (602) 273-7410  
**Program description:** Diabetes education, support group, information on all types of devices to help blind diabetic people. Support group meets every Thursday.  
**Audience:** General population.  
**Languages available:** English  
**Website:** [www.acbvi.org](http://www.acbvi.org)

**Arizona Department of Economic Security**  
Family Assistance Program  
4635 South Central  
Phoenix, AZ 85040  
Phone: (602) 276-5773  
Fax: (602) 268-3412  
**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** [www.azdes.gov](http://www.azdes.gov)
Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
215 East McDowell Road
Phoenix, AZ 85003
Phone: (602) 495-1308
Fax: (602) 257-0582
**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** www.azdes.gov

---

Arizona Department of Economic Security
Vocational Rehabilitation
1430 East Indian School Road, #100
Phoenix, AZ 85014
Phone: (602) 212-0068, District Office (602) 266-6752
Fax: (602) 241-1479

**Program description:** Vocational help to keep a job or train for a job.

**Audience:** People with disabilities, severely mentally ill (Magellan Health Care referral is needed – go through District Office).

**Website:** www.azdes.gov

---

Arizona Kidney Foundation Financial Assistance
4203 East Indian School Road, #140
Phoenix, AZ 85018
Phone: (602) 840-1644

**Website:** www.azkidney.org

---

Concilio Latino de Salud
Juntos Contra al Diabetes
546 East Osborn Road, #22
Phoenix, AZ 85012

**Contact:** Elizabeth Valdez, Executive Director
Phone: (602) 285-0970

**Program description:** Three-year project entails working towards providing diabetes education and outreach to participants and cultural competence training to medical personnel. Program that has a diabetes component, including media such as public service announcements and talk shows on risk factors, including diabetes, and nutrition.

**Diabetes complications specific:** Smoking cessation and cardiovascular disease.

**Audience:** Minorities.

**Languages available:** English, Spanish

**Year program started:** 1995

---

Donor Network of Arizona
201 West Coolidge
Phoenix, AZ 85013
Phone: (602) 222-2200
Fax: (602) 222-2202

**Diabetes complications specific:** Organ procurement for diabetics in need (local doctor referral necessary). Locate organs, eyes and tissues.

**Audience:** General population.

**Website:** www.dnaz.org

---

Grand Canyon University
Cook Health Center
3300 West Camelback Road
Phoenix, AZ 85017

**Contact:** April Polley, RNC, MBA, Director
Phone: (877) 860-3951

**Program description:** Program that has a diabetes component, diabetes education, and nutrition.

**Diabetes complications specific:** Hypertension screening and foot care.

**Health professionals:** RNs

**Audience:** University students at Grand Canyon University.

**Languages available:** English

**Year program started:** 1988

**Materials developed:** Yes

**Website:** www.gcu.edu

---

Insurance Board Consumer Assistance
2910 North 44th Street, Suite 210
Phoenix, AZ 85018
(602) 364-2499
Inter Tribal Council of Arizona, Inc.
ITCA Diabetes Nutrition
2214 North Central Avenue, Suite 100
Phoenix, AZ 85004
Contact: Melva Zerkoune, MS, RD
Phone: (602) 307-1513
Fax: (602) 258-4825
Program description: ITCA provides training and technical assistance to tribal and Native American urban diabetes programs.
Audience: Native Americans.
Languages available: English
Website: www.itcaonline.com

Juvenile Diabetes Research Foundation
4343 East Camelback Road, Suite #230
Phoenix, AZ 85018
Phone: (602) 224-1800
Fax: (602) 224-1801
Program description: This program raises funds for the diabetics who need help and for research to find a cure for diabetes.
Audience: Juvenile diabetics and also some Type 2 diabetics.
Year program started: 1973
Website: www.jdf.org/arizona

Lions Vision Center
Services for the Visually Challenged
1016 North 32nd Street, Suite 2
Phoenix, AZ 85008
Phone: (602) 267-7573
Fax: (602) 267-7595
Program description: Examination and glasses for the needy.
Audience: Children, adults, and the elderly.
Website: www.lionsvisioncenter.org

Maricopa County Department of Public Health
Maricopa County WIC Program
4041 North Central Avenue, 700C
Phoenix, AZ 85012
Contact: Tina Wegner, Nutrition Education & Training Coordinator
Phone: (602) 506-9318
Fax: (602) 506-9330
Program description: Nutrition and food assistance program, and gestational/prenatal.
Health professionals: RD
Audience: Women pregnant & breastfeeding, infants, and children – 5 years.
Languages available: English, Spanish
Website: www.maricopa.gov

Maricopa Integrated Health Systems
Diabetes Self Management Education Program
2525 East Roosevelt Street
Phoenix, AZ 85008
Contact: Bobbie Bright, MS, RD, CDE Diabetes Educator
Phone: (602) 344-5104
Fax: (602) 344-1480
bobbie.bright@hcs.maricopa.gov
Program description: American Diabetes Association recognized program providing individual education and group classes. Curriculum includes all components required by ADA. Diabetes education, weight management, nutrition, exercise, continuing education/training for professionals, and gestational/prenatal.
Health professionals: CDE, RD, RN
Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes.
Languages available: English, Spanish
Year program started: 2001
Website: www.mihs.org

Maricopa Integrated Health Systems
Seventh Avenue Family Health Center
1205 South 7th Avenue
Phoenix, AZ 85007
Contact: Veronica Ojeda
Phone: (602) 344-6600
Fax: (602) 344-6601
Program description: A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program that has a diabetes component, diabetes education, and nutrition.

Diabetes complications specific: Eye screening, hypertension screening, prenatal care, smoking cessation, renal care, and cardiovascular disease.

Health professionals: CDE, RD, RN

Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes.

Languages available: Spanish, English, Interpreter phones in house

Year program started: 2001

Website: www.mihs.org

Maricopa Integrated Health Systems
Women’s Care Clinic
2601 East Roosevelt Street
Phoenix, AZ 85008
Phone: (602) 344-5589
Fax: (602) 267-5894

Program description: Comprehensive prenatal care for diabetics both established/gestational.

Audience: People with diagnosed diabetes, minorities, teenagers, pregnant women, people with hypertension.

Languages available: English, Spanish

Year program started: 1999

Website: www.mihs.org

Maricopa Integrated Health Systems
Sunnyslope Family Health Center
934 West Hatcher
Phoenix, AZ 85021

Contact: Heidi Gonzales, RN
Phone: (602) 344-6300
Fax: (602) 344-6301

Program description: Diabetes component, diabetes education, diabetes screening, and nutrition.

Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular.

Health professionals: CDE, MD/DO, RN

Audience: People diagnosed with diabetes, families of people with diabetes, minorities, and children.

Languages available: English and Spanish

Year program started: 2001. The American Diabetes Association recognizes the Diabetes Education Program that has individual education and group classes. Refers to Comprehensive Health Center Website: www.mihs.org
Maricopa Medical Center
Nutrition
2601 East Roosevelt Street
Phoenix, AZ 85008
Phone: (602) 344-5217
Program description: Diabetes education, weight management, and nutrition.
Diabetes complications specific: Hypertension, renal care, and cardiovascular disease.
Audience: Inpatients.
Languages available: English, Spanish
Year program started: 1993
Website: www.mihs.org

Mountain Park Health Center
Diabetes Collaborative Program
2702 North 3rd Street, Suite 4020
Phoenix, AZ 85004
Contact: Charmaine Trujillo, Diabetes Collaborative Coordinator
Phone: (602) 323-3242
Fax: (602) 323-3496
Program description: This program provides comprehensive medical care and dental care, which includes group visits and classes, behavioral health and care management, retinal eye screening at four clinics in the Phoenix metro area. Accepts most insurances and AHCCCS plans and also has a sliding fee program. Primary medical care and dental care for all individuals at risk for diabetes. Program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, a support group, and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension, foot care, smoking cessation, renal care and cardiovascular disease.
Health professionals: PA/NP, RN, MD
Audience: General population and Native Americans.
Website: www.nativehealthphoenix.org

Medstar Research Institute
1616 East Indian School Road, #250
Phoenix, AZ 85016
Phone: (602) 277-0488
Program description: Diabetes research articles only, in Native American populations.
Website: www.medstarresearch.org

Native American Community Health Center, Inc.
4520 North Central Avenue Suite 620
Phoenix, AZ 85012
Contact: Cheryl Litzin
Phone: (602) 279-5262
Fax: (602) 263-0452
Program description: NACHI provides health services to a growing number of Native Americans living in urban Phoenix area. Most NACHI funding comes from federal money and ADHS. Diabetes education, screening, weight management, nutrition, exercise, and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension, foot care, smoking cessation, renal care and cardiovascular disease.
Health professionals: PA/NP, RN, MD
Audience: General population and Native Americans.
Website: www.nativehealthphoenix.org

Phoenix Area Indian Health Service
Diabetes Program
2 Renaissance Square
40 N. Central Ave.
Phoenix, AZ 85004
Charles Rhodes, M.D., Area Diabetes Consultant
Phone: (602) 364-5179
Fax: (602) 364-5025
Program description: Diabetes education, diabetes screening, support group, nutrition,
weight management, exercise, and continuing education/training.

**Diabetes complications specific:** Eye screening, hypertension screening, renal care, cardiovascular disease, prenatal, and gestational.

**Health professionals:** CDE, RD, MD/DO, PA/NP, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Native American

**Year program started:** 1976

**Materials developed:** Yes

**Website:** [www.ihs.gov](http://www.ihs.gov)

**Phoenix Baptist Hospital**
2000 West Bethany Home Road
Phoenix, AZ 85015

**Contact:** Kelly Laskey
Phone: (602) 246-5897

**Program description:** Program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, support group, and gestational/prenatal.

**Diabetes complications specific:** Hypertension screening, prenatal care, renal care, and cardiovascular disease.

**Health professionals:** RD, MD, MA, PhD, RN

**Audience:** Inpatients only.

**Languages available:** English, Spanish

**Year program started:** 1992

**Materials developed:** Yes

**Website:** [www.abrazohealth.com](http://www.abrazohealth.com)

**Phoenix Indian Medical Center**
Diabetes Education Path To Health (DEPTH)
4212 North 16th Street
Phoenix, AZ 85016

**Contact:** Suzanne Lipke, RN, MSN, CDE, DEPTH Program Director
Phone: (602) 263-1200 ext. 1396

**Program description:** An IHS Integrated Diabetes Education recognized program for Native American/Alaskan Native adults living in the Phoenix area. Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, continuing education/training (for professionals), and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, Smoking Cessation, and Cardiovascular Disease.

**Audience:** Native American people diagnosed with diabetes, and families of people with diabetes.

**Languages available:** English, Spanish, Navajo, Apache, Pima and other Native American languages

**Year program started:** 2002

**Website:** [www.ihs.gov](http://www.ihs.gov)

**Phoenix Memorial Healthcare Center**
1201 South 7th Avenue
Phoenix, AZ 85007

**Phone:** (602) 258-5111

**Program description:** Refer to the Seventh Avenue Family Health Center with MIHS and South Central Family Health Center.

**Diabetes education, diabetes screening, weight management, nutrition, exercise, and support group.**

**Diabetes complications specific:** Smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** RD, MD, PA, NP, RN

**Audience:** In-Patients only.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [http://promisehealthcare.com](http://promisehealthcare.com)

**Raising Special Kids**
5025 E Washington St. Suite 204
Phoenix, AZ 85034

**Contact:** Vickie French-Family Support Specialist
Phone: (602) 242-4366
Fax: (602) 242-4306
info@raisingspecialkids.org
Program description: We provide support and training for families of children with special health care needs. We also offer training and consultation on special education to parents and professionals. Assistance with navigation of healthcare system.

Audience: Families of people with diabetes.
Languages available: Spanish, English
Year program started: 1979
Materials developed: Yes
Website: www.raisingspecialkids.org

Recording for the Blind and Dyslexic
Services for Visually Challenged
3627 East Indian School Road, Suite #108
Phoenix, AZ 85018
Contact: Donna Brown
Phone: (602) 443-0155
Fax: (602) 553-0226

Program description: Provide audio text books (kindergarten through post-graduate degrees) on cassettes and CDs, and downloadable onto MP3’s for the visually impaired. Fees vary based on equipment needed. If a book is not available on tape, a tape can be produced with 2 copies of the book.

Audience: Visually impaired.
Website: www.rfbd.org

Social Security Administration
250 North Central Avenue Suite 100
Phoenix, AZ 85007
Phone: (800) 772-1213

Program description: Help people with disabilities make social security claims.

Audience: General population, all.
Materials developed: Yes
Website: www.ssa.gov

Social Security Administration
16241 North Tatum Blvd.
Phoenix, AZ 85032
Phone: (800) 772-1213

Program description: Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call or walk in.

Audience: General population, all.
Languages available: English, Spanish
Materials developed: Yes
Website: www.ssa.gov

St. Joseph’s Hospital
350 West Thomas Road
Phoenix, AZ 85013
Contact: Stacey Bailey, MS, RD, CDE
Phone: (602) 406-3237

Program description: Outpatient nutrition education.

Audience: People with diagnosed diabetes and other medical conditions.
Website: www.stjosephs-phx.org

St. Vincent De Paul
Virginia Piper Medical & Dental Clinic
420 W. Watkins Road
P.O. Box 13600
Phoenix, AZ 85002-3600
Contact: Janice Ertl, Clinical Director
Phone: (602) 261-6880
Fax: (602) 261-6816

Program description: Program that has a diabetes component, diabetes education, nutrition, classes - one on one instructor by donation charity clinic.

Diabetes complications specific: Eye screening, hypertension screening, foot care, and smoking cessation.

Health professionals: CDE, RD, MD/DO, PA/NP, RN, NMD

Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes, children with metabolic syndrome.
Languages available: English, Spanish
Year program started: 2000
Website: www.stvincentdepaul.net
VA Hospital
Diabetes Educator
650 East Indian School
Phoenix, AZ 85012
Contact: Elaine Manahan, CDE; Mary B. Collo, RN, MS, CANP, CDE
Phone: (602) 277-5551
Fax: (602) 222-6435
Program description: Diabetes education, weight management, and diabetes screening.
Diabetes complications specific: Eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease (conducted mostly at health fairs).
Health professionals: CDE, RD, MDs, PA/NP, RN
Audience: Veterans with diabetes. Must be referred by primary care physician.
Languages available: English, Spanish
Year program started: 1978
Materials developed: Yes. Videos and other resources available.
Website: www.phoenix.va.gov

Maricopa County Health Department
WIC Program
8119 East Roosevelt Street
Scottsdale, AZ 85257
Phone: (480) 949-7448
Fax: (480) 423-8557
Program description: Diabetes component, nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.
Languages available: English, Spanish
Year program started: 1972
Website: www.maricopa.gov

Mayo Clinic Scottsdale
Diabetes Center
13400 East Shea Boulevard
Scottsdale, AZ 85259
Phone: (480) 301-7092
Fax: (480) 301-8918
Program description: Diabetes education, weight management, nutrition, continuing education, and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension, foot care, prenatal care, smoking cessation, renal care, cardiovascular disease, one-on-one assessment and teaching classes.
Health professionals: CDE, RD, MD/DO (Endocrinology), RNs
Audience: For Mayo clients after seeing a Mayo endocrinologist. People diagnosed with diabetes and families of people with diabetes.
Languages available: English, Spanish, Native American with interpreter
Year program started: 1987
Materials developed: Yes
Website: www.mayoclinic.org

Scottsdale
Arizona Department of Economic Security
Vocational Rehabilitation
10900 North Scottsdale Road, Suite 401
Scottsdale, AZ 85254
Phone: (480) 948-3819
Fax: (480) 596-5349
Program description: Provides vocational assistance for job training.
Audience: People with disabilities.
Languages available: English, Spanish
Website: www.azdes.gov
Scottsdale Healthcare
Endocrinology Institute
9700 North 91st Street, Suite #220
Scottsdale, AZ 85258
Contact: Kyle Wilson, (480) 323-4920
Phone: (480) 323-4800
Fax: (480) 323-4929
Program description: Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, gestational/prenatal.
Diabetes complications specific: Eye screening, foot care.
Health professionals: CDE, RD, RNs
Audience: People diagnosed with diabetes, general population, minorities, families of people with diabetes, adults, children, type 1 diabetes, type 2 diabetes, and prediabetes.
Languages available: English
Year program started: 1991
Materials developed: Yes
Website: www.shc.org

Scottsdale Healthcare Shea
9003 East Shea Boulevard
Scottsdale, AZ 85260
Phone: (480) 323-4800
Program description: Program that has a diabetes component providing diabetes education, screening, weight management, nutrition, exercise, support group, continuing education and gestational and prenatal counseling.
Health professionals: CDE, RD, RN
Audience: People with diagnosed diabetes, families of diabetics, minorities, the General population.
Languages available: English
Website: www.shc.org

Social Security Administration
3200 North Hayden Road, Suite B120
Scottsdale, AZ 85251
Phone: (800) 772-1213
Program description: Assist people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare-hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.
Audience: General population, all.
Languages available: English, Spanish
Materials developed: Yes
Website: www.ssa.gov

Surprise
Clínica Adelante, Inc.
Tidwell Family Care Center
16560 North Dysart Road
Surprise, AZ 85374
Phone: (623) 546-2294
Fax: (623) 546-3514
Contact: Letizia Lufrano
Program description: Program that has a diabetes component, diabetes education, diabetes screening, and nutrition.
Diabetes complications specific: Eye screening, hypertension screening, foot care and cardiovascular disease.
Health professionals: MD/DO, PA/NP, RN
Audience: General population, people diagnosed with diabetes, and families of people with diabetes.
Languages available: English, Spanish
Year program started: 2003
Website: www.clinicaadelante.com

Tempe
American Heart Association
2929 South 48th Street
Tempe, AZ 85282
Phone: (602) 414-5353
Fax: (602) 414-5355
Program description: General education relates to heart disease and related to complications as well as prevention. Weight management, nutrition, and exercise.
Diabetes complications specific:
Cardiovascular disease.

Audience: General population.
Languages available: English, Spanish
Materials developed: Yes
Website: www.americanheart.org

Arizona Department of Economic Security
Family Assistance Administration
5038 South Price
Tempe, AZ 85282
Phone: (480) 831-1408
Fax: (480) 831-2957
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Arizona State University
Student Health
P.O. Box 872104
Tempe, AZ 85287
Contact: Carrie Jankowski, RN
Phone: (480) 965-3346
Fax: (480) 965-6531
Program description: Diabetes education, diabetes screening, weight management, nutrition, and exercise.
Diabetes complications specific: Eye screening, hypertension screening, foot care, and smoking cessation.
Health professionals: RD, MD/DO, RN
Audience: ASU students.
Languages available: English, Spanish, German, and translation line available
Website: http://students.asu.edu

Sun Sounds of Arizona
Rio Salado/Maricopa County College District
2323 West 14th Street
Tempe, AZ 85281
Contact: Bill Pasco, Director
Phone: (480) 774-8300
Fax: (480) 774-8310
Program description: Radio program for the blind. This organization is a radio station, which provides special radios to its clinics. They are on a special airwave. They read material to the blind, such as newspapers, books, etc. This is a free service. Broadcasting now offered through real audio on the web.
Audience: General population.
Languages available: Spanish, English
Year program started: 1979
Website: http://sunsounds.org

Wickenburg

Clínica Adelante
Wickenburg Family Care
811 North Tegner Street
Wickenburg, AZ 85390-2226
Contact: Billie Cote, RN office manager
Phone: (928) 684-9555
Fax: (623) 583-8330
Program description: Diabetes component, diabetes education, diabetes screening, and nutrition.
Diabetes complications specific: Eye screening, hypertension screening, foot care and cardiovascular disease.
Health professionals: MD/DO, PA/NP, RN, internal medicine
Audience: General population, people with diagnosed diabetes, and families of people with diabetes.
Languages available: English, Spanish
Year program started: 2004
Website: www.clinicaadelante.com
MOHAVE COUNTY

**Bullhead**

**Arizona Department of Economic Security**
Temporary Assistance to Needy Families (TANF)
2601 Highway 95
Bullhead City, AZ 86442
Phone: (928) 704-7776
Fax: (928) 704-7075

*Program description:* Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

*Website:* [www.azdes.gov](http://www.azdes.gov)

**Arizona Department of Economic Security**
Vocational Rehabilitation
2601 Highway 95
Bullhead City, AZ 86442
Phone: (928) 763-8422
Fax: (928) 763-5841

*Program description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

*Website:* [www.azdes.gov](http://www.azdes.gov)

**Regional Center For Border Health / The Well Woman Health Check Program**
1984 Hwy 95 Suite 4
Bullhead City, Arizona 86442

*Contact:* Carla Ortega - Assistant Program Coordinator / Case Manager
Phone: (928) 704-6690
Fax: (928) 704-6602
cvo@frontiernet.net

*Program description:* Diabetes education.

*Audience:* People with diagnosed diabetes, general population, minorities, and families of people with diabetes.

*Languages available:* English, Spanish

*Year program started:* 2009

*Website:* [www.rcfbh.org](http://www.rcfbh.org)

**Senior Circle of Western Arizona Regional Medical Center**
Diabetes Support Group
2735 Silver Creek Road
Bullhead City, AZ 86442

*Contact:* Valerie Conner, Clinical Dietitian
Phone: (928) 763 2273 x 3112
Fax: (928) 704-7188
valerieconner@iammorrison.com

*Program description:* The Diabetes Support Group meets every month (Except December) on the second Friday of the month from 10:00 a.m. to 11:00 a.m. At present, we meet in the Education Building (Building 2) across from the WARMC Lobby on Silver Creek Road. There is always an educational program and time for questions, answers and discussion. There is an established group of participants and new people are always welcome. Occasionally we sponsor a special event, such as “How To Eat at a Buffet” at the Harrah’s Buffet in Laughlin. Program that has a diabetes component, diabetes education, weight management, nutrition, support group, continuing education/training for professionals, community outreach through “Healthy Woman” program, Senior Circle, and community groups.

*Diabetes complications specific:* Eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease. We bring in outside physicians and practitioners to speak. We also promote fitness. Senior Circle has a chair exercise class.

*Health professionals:* Registered Dietitian (RD), MD/DO. Our dietitians are in the process of qualifying for Certified Diabetes Educator credential.

*Audience:* People with diagnosed diabetes, general population, minorities, families of people with diabetes, community groups.
**Western Arizona Regional Medical Center**

2735 Silver Creek Road  
Bullhead City, AZ 86442  
Phone: (928) 763-2273  
Fax: (928) 763-0283  
**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.  
**Diabetes complications specific:** Hypertension screening.  
**Health professionals:** RD, MD/DO, RN  
**Audience:** General population.  
**Languages available:** English  
**Year program started:** 1984  
**Materials developed:** Yes  
**Website:** [www.warmc.com](http://www.warmc.com)

**Kingman Regional Medical Center Diabetic Support Group**  
1719 Beverly Ave  
Kingman, AZ 86401  
**Contact:** Aaron Stafford, MS, RD  
**Phone:** (928) 692-4607  
**Fax:** (928) 692-4610  
**Program description:** Support group. Meetings are held at Del E. Webb Wellness & Rehabilitation Center on the last Tuesday of the month at 7 p.m. (Call to place name on support group list.), diabetes education, weight management, nutrition, and exercise.  
**Health professionals:** RD, RNs  
**Audience:** People with diagnosed diabetes, families of diabetics.  
**Languages available:** English  
**Year program started:** 1993  
**Website:** [www.azkrmc.com](http://www.azkrmc.com)

**Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)  
301 Pine Street  
Kingman, AZ 86401  
**Phone:** (928) 753-4441  
**Fax:** (928) 753-9205  
**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** [www.azdes.gov](http://www.azdes.gov)

**Arizona Department of Economic Security**

Vocational Rehabilitation  
519 East Beale Street, Suite 130  
Kingman, AZ 86401  
**Phone:** (928) 753-5105  
**Fax:** (928) 753-5110  
**Program description:** Provides vocational assistance for job training.  
**Audience:** People with disabilities.  
**Website:** [www.azdes.gov](http://www.azdes.gov)

**Kingman Regional Medical Center Outpatient Nutrition and Wellness Center**

Diabetes Education  
1719 Beverly Avenue  
Kingman, AZ 86401  
**Contact:** Jenifer Rapp  
**Phone:** (928) 692-4607  
**Fax:** (928) 692-4610  
**Program description:** Full diabetes education clinic, serving juveniles and others, including diabetes (Type 2) and education classes.  
**Health professionals:** CDE, RN, physiologist, and pharmacist  
**Audience:** People with diagnosed diabetes, juveniles, new onset diabetes, and referrals from doctors.  
**Languages available:** English, other languages available through main hospital  
**Year program started:** 2006  
**Materials developed:** Brochures, ADA approved  
**Website:** [www.azkrmc.com](http://www.azkrmc.com)
Mohave County Department of Public Health
318 North 5th Street
P.O. Box 7000
Kingman, AZ 86402-7000
Contact: Patty Mead, Health Director
Phone: (928) 753-0743
Fax: (928) 718-5547
Program description: Provide referral information only.
Website: www.co.mohave.az.us

Mohave County Department of Public Health
WIC Program
318 North Fifth Street
Kingman, AZ 86401
Contact: Carol Matthews
Phone: (928) 753-0794
Fax: (928) 718-5551
Program description: Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.
Languages available: English, Spanish
Year program started: 1972
Website: www.co.mohave.az.us

Lake Havasu

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
232 London Bridge Road
Lake Havasu, AZ 86403
Phone: (928) 680-6003
Fax: (928) 680-9559
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Littlefield

Canyonlands Community Health Care
Northwest Arizona Regional Healthcare
I-15 exit 9 at Firestation
Littlefield, Arizona 86432
Contact: CJ Hansen, Site Director
Phone: (928) 347-5971
Fax (928) 347-5793
c.hansen@cchcaz.org
Diabetes complications specific: Eye screening and foot care.
Health professionals: MD/DO
Audience: People with diagnosed diabetes, general population, minorities, families of people with diabetes.
Languages available: English, Spanish
Website: www.canyonlandschc.org

Peach Springs

Peach Springs Indian Health Center
943 Hualapai Way
P.O. Box 190
Peach Springs, AZ 86434
Contact: Sylvia Armstrong, RN
Phone: (928) 769-2204
Fax: (928) 769-2933
Program description: Diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension screening, and smoking cessation.
Health professionals: CDE, RD, MD/DO, RN, Health Educator
Audience: General population, Native Americans.
Languages available: English, Hualapai
Year program started: 1983
Website: www.ihs.gov
NAVAJO COUNTY

Cibecue

Cibecue IHS Center
Indian Service
2 West 3rd Street
P.O. Box 80039
Cibecue, AZ 85911
Phone: (928) 332-2560
Fax: (928) 332-2418

Program description: Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.


Health professionals: CDE, MD/DO, PA/NP, RN

Audience: General population.

Languages available: English, Apache

Year program started: 1980

Website: www.ihs.gov

Holbrook

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
153 West Vista
Holbrook, AZ 86025
Phone: (928) 524-6294
Fax: (928) 524-1791

Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

Audience: General population.

Languages available: English, Spanish

Website: www.azdes.gov

Navajo County Public Health Services District
117 East Buffalo Street
Holbrook, AZ 86025

Phone: (928) 524-4750
Fax: (928) 524-4754

Contact: Mary Flynn Tyler, Assistant Health Director

Program description: Nutrition information, physical activity for adults and children, and hypertension screening.

Audience: General population.

Languages available: English, Spanish, Navajo

Website: www.navajocountyaz.gov

Kayenta

Navajo Area Indian Health Service/Kayenta Service Unit
Kayenta Service Unit Diabetes Care and Education Program
PO Box 368, HWY 163, Bldg KA-2010, Box #12
Kayenta, AZ 86033
Contact: Molly-Jayne Bangert, BSN, RN, CDE, Diabetes Coordinator
Phone: (928) 697-4296
Fax: (928) 697-4145
Email: molly-jayne.bangert@ihs.gov

Program description: The three Kayenta Service Unit clinics, (Kayenta Health Center, Inscription House Health Center and the Dennehotso Health Station) are part of the Navajo Area Indian Health Services medical system, providing comprehensive diabetes medical care to the Native American’s/Navajo – Dine tribe and other Native American’s living in and seeking care from the service unit. Patient education for those with a known diagnosis of diabetes focuses on home blood glucose monitoring for prevention of acute and chronic complications, nutrition/healthy food choices, weight loss, exercise, foot care as well as prevention strategies for family members and community members at risk for diabetes. The IHS facilities work collaboratively with tribal programs who focus is more preventative and community
screenings as well as working with specialty clinics for nephrology and cardiac care.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, and specialty clinics for renal care and cardiovascular disease.

**Health professionals:** MD/DO, PA/NP, CDE, RD, RN, Nutrition Assistant, diabetes health technician

**Languages available:** English and Navajo

**Website:** www.ihs.gov

---

**Navajo Nation Health Education Program**

Kayenta Health Center

Hwy 163 Bldg.KA-2010

P.O. Box 368

Kayenta, AZ 86033

Phone: (928) 697-4000

Fax: (928) 697-4145

**Contact:** Health Educator

**Program description:** Provides diabetes education, screening, nutrition, exercise, and classes for health educators. Screening communities to detect diabetes and hypertension. Provides presentation in schools, communities, and worksite on awareness of diabetes and hypertension, nutrition, exercising. Also provided is patient education on maintenance of glucose, food choice, exercising and screening. Health education staff provides the diabetes and hypertension education.

**Health professionals:** Health Educators

**Audience:** General population, people diagnosed with diabetes, and families of people with diabetes.

**Languages available:** English, Navajo

**Year program started:** 1990

**Materials developed:** Yes

---

**Kykotsmovi**

**Hopi Tribal Office of Health Services**

The Hopi Tribe

Hwy 264 Mile Marker 388

P.O. Box 123

Kykotsmovi, AZ 86039

Phone: (928) 737-6000

**Contact:** Joyce Hamilton

**Program description:** General health promotion programs that have a diabetes component; education, screening, nutrition, exercise. Services provided by the health services in all areas with main emphasis on DM, hypertension, and teen pregnancy.

**Audience:** People diagnosed with diabetes, general population, and families of people with diabetes.

**Languages available:** English, Hopi, Tewa

---

**Pinon**

**Arizona Department of Economic Security**

Family Assistance Administration

Route 65 Near Whip Por Will Chapter

P.O. Box 679

Pinon, AZ 86510

Phone: (928) 725-3488

Fax: (928) 725-3588

**Program description:** AHCCCS Applications and Food Stamps.

**Audience:** General population.

**Languages available:** English, Navajo

---

**Navajo Nation Program for Self Reliance (TANF)**

P.O. Box 650

Pinon, AZ 86510

Phone: (928) 725-3715, (928) 725-3716

Fax: (928) 725-3717

**Program description:** Family assistance program that provides TANF, cash assistance (Navajo Tribe), trainings for employment readiness, support to school age children financially in need.
Polacca

Hopi Health Care Diabetes Program
IHS/Hopi Tribal Diabetes Program
Hwy 264 Mile Marker 388
P.O. Box 4000
Polacca, AZ 86042
Phone: (928) 737-6000
Fax: (928) 737-6099
Contact: Velita Sidney
Program description: General health promotion, diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal.
Health professionals: RD, MD/DO, RN
Audience: People diagnosed with diabetes, general population, minorities, families of people with diabetes.
Languages available: English, Navajo, Hopi
Materials developed: Diabetes education materials - contact the Hopi Tribe for copies.
Website: www.ihs.gov

Shonto

Inscription House Health Clinic
Diabetes Program
Hwy 98 and Navajo Route 16
P.O. Box 7397
Shonto, AZ 86054
Phone: (928) 672-3000
Fax: (928) 672-3005
Contact: Samantha Interpreter, RD
Program description: Diabetes education, diabetes screening, weight management, support group, and hypertension screening.
Health professionals: RD, RN, MD/DO

Show Low

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
2500 East Cooley, Ste 400
Show Low, AZ 85901
Phone: (928) 532-4300
Fax: (928) 532-4369
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population. The office in Show Low serves the following zip codes: 85901, 85902, 85912, 85920, 85922, 85923, 85924, 85925, 85928, 85929, 85931, 85932, 85933, 85934, 85935, 85936, 85937, 85938, 85939, and 85940.
Languages available: English, Spanish
Website: www.azdes.gov

Arizona Department of Economic Security
Vocational Rehabilitation
2500 East Cooley Ste 400
Show Low, AZ 85901
Phone: (928) 532-4300
Fax: (928) 532-4369
Program description: Provides vocational assistance for job training.
Audience: People with disabilities.

Social Security Administration
2500 E. Cooley Ste 407
Show Low, AZ 85901
Phone: (800) -772-1213
Program description: Assists people to make social security claims for disability insurance,
retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population, all.

**Languages available:** English, Spanish

**Materials developed:** Yes

### Summit Healthcare Regional Medical Center

**Diabetes Self Management Training Program**
2200 Show Low Lake Road
Show Low, AZ 85901

**Contact:** Jennette Larsen, RN, Program Coordinator
Phone: (928) 537-6984
Fax: (928) 537-4526

**Program description:** Group and individual diabetes self management training (includes nutrition, exercise, coping, medications, blood glucose monitoring, problem solving, risk reduction), certified insulin pump trainers, monthly diabetes discussion group, gestational/prenatal.

**Health professionals:** RN, RD

**Audience:** People with diagnosed diabetes, and families of people with diabetes.

**Languages available:** English

**Year program started:** 2007

**Materials developed:** Yes

**Website:** [www.nrmc.org](http://www.nrmc.org)

### Arizona Department of Economic Security

**Temporary Assistance to Needy Families (TANF)**
210 Facto Rd
P.O. Box 1180
Whiteriver, AZ 85941

Phone: (928) 338-4134
(800) 352-8401
Fax: (928) 338-1925

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Apache

### Whiteriver Indian Health Service Hospital

**Diabetes Management Department**
200 W. Hospital Dr.
P.O. Box 860
Whiteriver, AZ 85941

Phone: (928) 338-4911 ext. 3665
Fax: (928) 338-3522

**Contact:** Diabetes Management Department

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise and hypertension screening.

**Health professionals:** MD, CDE, RD, RN, Community Health Representative

**Audience:** People diagnosed with diabetes and their families.

**Languages available:** English, Apache

**Year program started:** 1994

**Website:** [www.ihs.gov](http://www.ihs.gov)
Winslow

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
319 East 3rd Street
Winslow, AZ 86047
Phone: (928) 289-2425
Fax: (928) 289-3614
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
Dilkon Chapter Compound HC-63 Box J
Winslow, AZ 86047
Phone: (928) 657-3278
Fax: (928) 657-3290
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish

Winslow Indian Health Care Center Diabetes Program
500 N. Indiana Ave
Winslow, AZ 86047
Contact: Claudia Duncan
Phone: (928) 289-6137
Fax: (928) 289-6258
Program description: Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training for professionals, and gestational/prenatal. Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.
Health professionals: Certified Diabetes Educator (CDE), RD, PA/NP, RN
Audience: People with diagnosed diabetes, minorities, families of people with diabetes.
Languages available: English, Navajo, and Hopi
Year program started: 1992
Website: http://wihcc.com

Little Colorado Medical Center
1501 N. Williamson Avenue
Winslow, AZ 86047-2797
Phone: (928) 289-4691
Fax: (928) 289-9180
Audience: General population.
Languages available: English, Spanish
PIMA COUNTY

Ajo

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
38 Plaza Street
Ajo, AZ 85321
Contact: Bertha Salanas
Phone: (520) 387-7292
Fax: (520) 387-6172
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance. Diabetes education and diabetes screening
Audience: People with diagnosed diabetes, minorities, general population, and families of people with diabetes.
Languages available: English, Spanish
Year program started: 1984
Website: www.azdes.gov

Desert Senita Community Health Center
Diabetes Outreach
410 Malacate Street
Ajo, AZ 85321
Contact: Chris Dimitrakopoulos, RN
Phone: (520) 387-5184
Fax: (520) 387-5347
Program description: The program provides five classes (two hours each) that include the topics (1) What is diabetes? (2) Nutrition (3) Physical Activity (4) Complications (5) Foot Care. The program has a three-month follow up and six-month follow up visits. Diabetes education, nutrition, exercise and support group.
Diabetes complications specific: Foot care, smoking cessation, and cardiovascular disease.
Health professionals: RN
Audience: General population.
Languages available: English, Spanish
Year program started: 2002
Website: www.ajochc.org

Pima County Health Department
Public Health Nursing
120 West Estrella
Ajo, AZ 85321
Contact: Fran Driver
Phone: (520) 387-7206
Fax: (520) 387-7393
Program description: Diabetes education and diabetes screening.
Audience: People with diagnosed diabetes, minorities, general population, and families of those with diabetes.
Health professionals: RN
Languages available: English, Spanish
Year program started: 1984
Website: www.ajochc.org

Arivaca

United Community Health Center
17388 West 3rd Street
P.O. Box 233
Arivaca, AZ 85601
Contact: Kim Burton, RN, BSN, Clinical Manager
Phone: (520) 407-5500
Fax: (520) 398-2613
Diabetes complications specific: Diabetes screening, eye screening, hypertension screening, foot care, and gestational/prenatal.
Health professionals: MD/DO, FNP, PA, RN, LPN
Audience: General population, people with diagnosed diabetes, minorities, families of people with diabetes, prenatal.
Languages available: English, Spanish
Year program started: 1983
Materials developed: Yes
Website: http://uchcaz.org
**Green Valley**

**Carondelet Medical Mall at Green Valley**  
Carondelet Diabetes Care Center Satellite  
400 West Camino Casa Verde  
Green Valley, AZ 85614  
**Contact:** Donna Zazworsky, RN, MS, CCM, FAAN, Director  
Phone: (520) 872-6055  
Fax: (520) 872-6557  
**Program description:** Diabetes self-management education, support groups.  
**Diabetes complications specific:** Diabetes screening, hypertension screening, foot care.  
**Health professionals:** CDE, RD, RN, FNP  
**Audience:** People with diagnosed diabetes and families of people with diabetes.  
**Languages available:** English, Spanish  
**Materials developed:** Patient Workbook and Diabetes Passport  
**Website:** [www.carondelet.org](http://www.carondelet.org)

**Continental Clinic (UCHC)**  
Continental Family Medical Center  
1260 S. Campbell Rd.  
P.O. Box 1354  
Green Valley, AZ 85614  
**Contact:** Patrick Lloyd  
Phone: (520) 625-3691  
Fax: (520) 625-2894  
**Program description:** Diabetes education, screening, weight management, nutrition, and exercise.  
**Diabetes complications specific:** Hypertension screening.  
**Health professionals:** MD/DO, PA/NP, RN, LPN, FMP  
**Audience:** General population and pregnant women.  
**Languages available:** English/Spanish  
**Year program started:** 1983  
**Materials developed:** Yes  
**Website:** [http://uchcaz.org](http://uchcaz.org)

**Friends in Deed**  
Diabetes Support Group  
301 West Camino Casa Verde  
Green Valley, AZ 85614  
Phone: (520) 625-1150  
**Program description:** Program that has a diabetes component and support group. Diabetes Support Group meets every third Thursday of the month at Friends in Deed.  
**Audience:** People diagnosed with diabetes and families of people with diabetes.  
**Languages available:** English  
**Website:** [www.friendsindeed.org](http://www.friendsindeed.org)

**Pima County Health Department**  
Public Health Nursing  
601 North La Canada  
Green Valley, AZ 85614  
**Contact:** Isela Luna, RN, PhD  
Phone: (520) 648-1626  
Fax: (520) 648-6385  
**Program description:** Program that has a diabetes component, diabetes education, diabetes screening, weight management, and nutrition.
Diabetes complications specific: Eye screening, hypertension screening, foot care and prenatal care.

Health professionals: RN, PHN

Audience: People diagnosed with diabetes, general population, and families of those with diabetes.

Languages available: English, Spanish

Year program started: 1996

United Community Health Center
81 West Esperanza
Green Valley, AZ 85614

Contact: Marcia Konopka
Phone: (520) 625-4401
Fax: (520) 625-8504

Program description: Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

Diabetes complications specific: Eye screening, hypertension screening, and foot care.

Health professionals: MD/DO, RN, FMP, PAC, Radiologist, Internist

Audience: General population, all ages.

Languages available: English/Spanish

Year program started: 1983

Website: http://uchcaz.org

Marana Health Center
Nutritional Counseling
13644 North Sandario Road
Marana, AZ 85653

Contact: Angelica Cruz
Phone: (520) 682-4111
Fax: (520) 682-3817

Program description: Individual nutrition counseling, WIC provided on-site for gestational diabetes, diabetes education, diabetes screening, and weight management.

Diabetes complications specific: Eye screening, hypertension screening, foot care and smoking cessation.

Health professionals: CDE, RD, MD/DO

Audience: General population.

Languages available: English, Spanish

Website: www.maranahealthcenter.org

Marana Health Disparities Collaborative – Diabetes
Marana Health Center
13644 North Sandario Road
Marana, AZ 85653

Contact: Marti Vendor-Collaborative Coordinator
Phone (520) 682-4111
Fax: (520) 616-6230

Program description: Primary care.

Audience: General population, all ages.

Languages available: English, Spanish

Year program started: 2003

Website: www.maranahealthcenter.org
San Xavier

San Xavier PHS Indian Health Center
7900 South J Stock Road
San Xavier, AZ 85746
Contact: Sybil Cochran
Phone: (520) 295-2550
Fax: (520) 295-2609
Program description: Diabetes education, weight management, and nutrition.
Diabetes complications specific: Eye screening, hypertension screening, and foot care.
Health professionals: CDE, MD/DO, RN, Nutritionist
Audience: Native Americans with diagnosed diabetes and families of those with diabetes. Must provide proof of affiliation and be federally recognized.
Languages available: English, Spanish
Year program started: 1983
Website: www.ihs.gov

Tohono O’Odham

Year program started: 1980
Materials developed: Yes

Tohono O’odham Nation Department of Health and Human Services
Division of Health Promotion
Hwy 86 next to Indian Health Hospital
P.O. Box 810
Sells, AZ 85634
Contact: Laura Pablo and Faith Pablo
Phone (520) 383-6240
Fax (520) 383-1091
Program description: Diabetes education, diabetes screening, nutrition education.
Diabetes complications specific: Hypertension screening.
Health professionals: Diabetes Counselors
Audience: Tohono O’Odham members.
Languages available: English, Tohono O’Odham
Year program started: 1998

Sells

Sells Indian Hospital
Indian Health Services
Hwy 86
P.O. Box 548
Sells, AZ 85634
Contact: Barbara Khan
Phone: (520) 383-7356
Fax: (520) 383-7216
Program description: Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.
Health professionals: RD, MD/DO, PA/NP, RN
Audience: Native Americans with diagnosed diabetes, minorities, and families of people with diabetes.
Languages available: English, Spanish,
Year program started: 1980

Tucson

American Diabetes Association of Tucson
333 West Ft. Lowell Rd #123
Tucson, AZ 85705
Contact: Fred Gomez
Phone: (520) 795-3711 or (888) 342-2383
Fax: (520) 795-1179
Program description: Diabetes education, support group, diabetes awareness and fundraising.
Audience: People with diagnosed diabetes, general population, minorities, and families of people with diabetes.
Languages available: English, Spanish
Materials developed: Yes
Website: www.diabetes.org

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
5441 East 22nd Street, Suite 115
Tucson, AZ 85711
Phone: (520) 745-5802
Fax: (520) 745-8298
**Program description:** Provide temporary disability assistance, Supplemental Nutrition Assistance Program (SNAP) and cash assistance.
**Audience:** People diagnosed with diabetes, general population, and individuals with diabetes/diabetes related disabilities.
**Languages available:** English, Spanish
**Website:** [www.azdes.gov](http://www.azdes.gov)

**Arizona Department of Economic Security**
Vocational Rehabilitation
400 West Congress, Suite 420
Tucson, AZ 85701
**Contact:** Joyce Choate
Phone: (520) 628-6810
Fax: (520) 628-6858
**Program description:** Helps individuals with disabilities (i.e., diabetes-related) become or remain economically independent through work.
**Audience:** Individuals with diabetes related disabilities.
**Languages available:** English
**Website:** [www.azdes.gov](http://www.azdes.gov)

**Arizona Diabetes Center and Southern Arizona Limb Salvage Alliance (SALSA)**
The University of Arizona
Department of Surgery, Medical Research Building, Room 126
P.O. BOX 245215
Tucson, AZ 85724
**Contact:** Mary Dong
Phone: (520) 626-9989
Fax: (520) 626-7779
**Program description:** Diabetes education and outreach, transplantation of islets for type 1 diabetes and chronic pancreatitis. Program that has a diabetes component, diabetes education, exercise, continuing education/training.
**Diabetes complication specific:** Islet cell transplantation for type 1 diabetes, foot care, diabetic wound care.
**Health professionals:** MD/DO, DPM
**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.
**Languages available:** English, Spanish
**Year program started:** 2008
**Materials developed:** Education materials, training through telemedicine.
**Website:** [www.pancreatitiscenter.org](http://www.pancreatitiscenter.org) and [www.diabeticfootonline.com](http://www.diabeticfootonline.com)

**Carondelet St. Joseph’s Hospital**
Diabetes Care Center
350 North Wilmot Road
Tucson, AZ 85711
**Contact:** Donna Zazworsky, RN, MS, CCM, FAAN – Director
Phone: (520) 873-3968
Fax: (520) 873-3564
**Program description:** Diabetes self-management education, diabetes medical nutrition therapy, support group, and gestational/prenatal.
**Diabetes complications specific:** Diabetes screening, hypertension screening, foot care, and prenatal care.
**Health professionals:** CDE, RD, RN
**Audience:** People with diagnosed diabetes and families of people with diabetes.
**Languages available:** English, Spanish, and translator available for all other languages
**Year program started:** 1988 American Diabetes Association Recognized
**Website:** [www.carondelet.org](http://www.carondelet.org)
**Satellite Locations:**
- Tucson Heart Hospital
- Mt. Graham Regional Medical Center – Safford, Arizona

**Carondelet St. Mary’s Hospital**
Diabetes Care Center
1601 W. St. Mary’s Road
Tucson, AZ 85745
**Contact:** Donna Zazworsky, RN, MS, CCM, FAAN – Director
Phone: (520) 872-6055
Fax: (520) 872-6557
**Program description:** Diabetes Self-Management Diabetes education, Diabetes Medical Nutrition Therapy, support groups, and gestational/prenatal.
**Diabetes complications specific:** Diabetes screening, hypertension screening, foot care, and prenatal care.
**Health professionals:** CDE, RD, RN
**Audience:** People with diagnosed diabetes and families of people with diabetes.
**Languages available:** English, Spanish and translator available for all other languages
**Year program started:** 1990 American Diabetes Association Recognized
**Materials developed:** Patient Workbook and Diabetes Passport provided
**Website:** [www.carondelet.org](http://www.carondelet.org)

El Rio Health Center
Sembrando Nuestro Mañana
El Rio Pharmacy-based Diabetes Program
839 West Congress Street
Tucson, AZ 85745
Phone: (520) 670-3904
Fax: (520) 205-4980
**Contact:** Leticia Martinez, RD, MS, MPH, BCDDM
**Program description:** Program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, continuing education/training, gestational/prenatal.
**Pharmacy-based Diabetes Clinic:**
**Contact:** Sandra Leal, Pharm D
**Program description:** El Rio’s Pharmacy-Based Diabetes Clinics are located at the Congress, Pascua and El Pueblo clinics. The Pharmacy-Based Diabetes Clinics offer diabetes management using clinical pharmacists to provide comprehensive medical treatment based on effective drug regimens. The program has three distinctive features: 1) increased direct service to patients involving intensive and ongoing consultation with a clinical pharmacist (in Spanish, when needed); 2) integrated treatment of three related diseases (diabetes, high blood pressure, and high cholesterol); and 3) in-depth information and education which empowers patients to proactively manage their health.
**Diabetes complication specific:** Eye screening, hypertension screening, foot care, smoking cessation, prenatal screening.
**Health professionals:** CDE, RD, Pharm D
**Audience:** People with diagnosed diabetes, minorities, general population, and families of people with diabetes.
**Languages available:** English, Spanish
**Year program started:** 1998, 2001 (pharmacy-based program)
**Website:** [www.elrio.org](http://www.elrio.org)

**El Pueblo Clinic**
101 West Irvington-Building 3C
Tucson, AZ 85714
Phone: (520) 573-0096
Fax: (520) 741-8818
**Program description:** Diabetes education and diabetes screening.
**Diabetes complications specific:** Eye screening, hypertension screening and gestational/prenatal.
**Health professionals:** MD/DO, Medical Assistants
**Languages available:** English, Spanish
Kino Community Hospital
Diabetes Care Center
2800 East Ajo Way
Tucson, AZ 85713
Contact: Linda Lorentz, RN
Phone: (520) 874-4600
Fax: (520) 874-4601
Program description: Seminars on hypertension and other diabetic screenings (eye screening) scheduled once or twice a month. No specific dates set. Diabetes education, nutrition, exercise, and support group.
Health professionals: CDE, MD/DO, PA/NP, RN, and referrals for nutrition and weight management available if needed.
Audience: General population.
Languages available: English, Spanish, and translator available for all other languages.
Year program started: 1976
Materials developed: Pamphlets on diabetes and how to check insulin levels

My House Senior Living
6700 N. Oracle Road, Suite 118
Tucson, AZ 85704
Contact: Bernard Kennady, Office Manager
Phone: (520) 745-5222
Fax: (520) 745-9030
Program description: Only offers in-home services for individuals with disabilities.
Audience: Elderly and disabled.
Languages available: English and Spanish
Year program started: 1928

Native American Indian Research and Training Center
1642 East Helen Street
Tucson, AZ 85719
Contact: Dr. Jenny Joe
Phone: (520) 621-5075
Fax: (520) 621-9802
Program description: Program that has a diabetes component, diabetes education, and continuing education and training for professionals.
Health professionals: RD, MD/DO, RN
Audience: People with diagnosed diabetes and professionals.
Languages available: English, Spanish, Navajo
Year program started: 1983
Materials developed: Website has information on diabetes (basic information) and information on diabetes conferences
Website: http://nartc.fcm.arizona.edu

Northwest Diabetes Life Skills Center
7492 N. La Cholla Blvd.
Tucson, AZ 85741
Contact: Vanesa Quinn
Phone: (520) 742-2121
Fax: (520) 742-2122
Program description: Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.
Diabetes complications specific: Hypertension screening, and self-management instructions.
Health professionals: CDE, RD, RN
Audience: People diagnosed with diabetes and families of people with diabetes.
Languages available: English
Year program started: 1997
Materials developed: Yes
Website: www.nch.org

Pascua Yaqui Health Programs
Pasqua Yaqui Diabetes Prevention Program
7490 South Camino de Oeste
Tucson, AZ 85746
Contact: Tina Aguilar, Program Director
Phone: (520) 879-6200
Program description: Diabetes education, weight management, nutrition, and exercise.
Diabetes complications specific: Eye screening, hypertension screening, and foot care.
Health professionals: RD, MD/DO, and RN
Audience: Pascua Yaqui tribe members and families of members with diabetes.
Languages available: English, Spanish, and Yaqui
Year program started: 1992
Materials developed: Pamphlets available

Pima County Health Department East
WIC Program
6920 East Broadway, Suite H
Tucson, AZ 85710
Contact: Rebecca Melland
Phone: (520) 721-8475
Program description: Diabetes education, weight management, nutrition, gestational/prenatal and prenatal care. Offers nutrition education and referrals for other medical or social services.
Health professionals: RD
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.
Languages available: English, Spanish
Year program started: 1972

Pima Home Health
4600 South Park, Suite #7
Contact: Barbara A. Vuillemin RN, Diabetes Educator
Tucson, AZ 85714
Phone: (520) 294-4474
Program description: Diabetes education.
Audience: People with diagnosed diabetes.

Pima County Health Department
Public Health Nursing Administration
3950 South Country Club
Tucson, AZ 85714
Contact: Isela Luna, RN, PhD
Phone: (520) 243-7736
Fax: (520) 791-0366
Program description: Program that has a diabetes component, diabetes education, weight management, nutrition and case management.
Diabetes complications specific:

Hypertension screening, and prenatal care.
Health professionals: RN, PHN
Audience: People diagnosed with diabetes, general population, and families of those with diabetes.
Languages available: English, Spanish
Year program started: 1996
Website: www.pimahealth.org

Social Security Administration
2716 South 6th Avenue
Tucson, AZ 85713
Phone: (800) 772-1213
Program description: Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits.
Audience: General population.
Languages available: English, Spanish

Southern Arizona Veterans Affairs
Health Care System
3601 South 6th Avenue
Tucson, AZ 85723
Contact: Leeann Pritts, RN, CDE
Phone: (520) 792-1450 ext. 6722
Program description: This is not a specialized clinic for diabetics. Program offers case management services to diabetic patients to help coordinate services available to them such as helping patients to set up yearly diabetic screenings, getting registered for diabetic/weight management classes, one-on-one insulin training, etc.
Program that has a diabetes component, diabetes education, weight management, nutrition, and exercise.
Health professionals: CDE, RD, MD/DO, RN
Audience: Veterans and their spouses.
Languages available: English, Spanish
Year program started: 1983
 Materials developed: Pamphlet available for patients on insulin maintenance, and other diabetes education
 Website: www.tucson.va.gov

St. Elizabeth’s Health Center
140 West Speedway, #100
Tucson, AZ 85705
Contact: Dana Pepper
Phone: (520) 628-7871
Fax: (520) 770-8528
Program description: Diabetes education, diabetes screening, weight management, nutrition, exercise, continuing education and training and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, and smoking cessation.
Health professionals: CDE, RD, MD/DO, RN
Audience: General population with eligibility requirements.
Languages available: English, Spanish

Three Points Clinic
15921 West Ajo Way
Tucson, AZ 85735
Contact: Elizabeth Baez
Phone: (520) 822-2335
Fax: (520) 822-2362
Program description: Diabetes education, diabetes screening, and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension screening, and prenatal care.
Health professionals: MD, NP, RN
Audience: General population.
Languages available: English, Spanish
Year program started: 1986

Tucson Medical Center
5301 East Grant Road
Tucson, AZ 85712
Contacts: Marsha Devaney, RN 520-324-1265; Nancy Klug, RN 520-324-3526; Spanish Speaking - Frances Catinella, RD 520-324-3682
Program description: Provides comprehensive diabetes education that includes education on nutrition, diabetes complications. Also has support group. Offers gestational/prenatal outpatient classes.
Diabetes complications specific: Eye screening and foot care.
Health professionals: RD, RN, ADA certified
Audience: People with diagnosed diabetes - medical referral required for participation in program.
Languages available: English, Spanish
Year program started: 1990
University of Arizona
Department of Medicine
Endocrinology Section
2800 West Ajo Way
Tucson, AZ 85713
Contact: Linda Lorentz, RN
Phone: (520) 874-4600
Fax: (520) 874-4601
Program description: Seminars on hypertension and other diabetes screenings (eye screening) scheduled once or twice a month. No specific dates set
Diabetes education, nutrition, exercise, and support group.
Diabetes complications specific: Eye screening, hypertension screening, foot care, renal care, and cardiovascular disease, referrals for nutrition and weight management available if needed.
Health professionals: MD, FNP
Audience: General population.
Languages available: English, Spanish, and translator available for all other languages.
Year program started: 1976
Materials developed: Pamphlets on diabetes and how to check insulin levels.

University of Arizona/Angel Wing Clinic/
Steele Children’s Research Center
Pediatric Endocrinology
1501 North Campbell Avenue
Tucson, AZ 85724
Contact: Mark Wheeler, MD, Chetan Patel, MD, Kurt Griffin, PhD, MD, Priti G. Patel MD
Phone (520) 626-6077
Fax: (520) 626-2881
Program description: Diabetes screenings.
Health professionals: MD, CDE, Pediatric Endocrinologist
Audience: Pediatrics ADA Recognized Education Program.
Languages available: English/Spanish
Year program started: 1994
Website: www.uph.org

West Side Family Practice
1773 West St. Mary’s Road, Suite #103
Tucson, AZ 85745
Contact: Lynne M. Hudson RN, BSN
Phone: (520) 623-6333
Fax: (520) 628-3665
Program description: Diabetes screening, weight management, eye screening, hypertension screening, foot care and general health.
Health professionals: MD/DO, RN
Audience: General population.
Languages available: English, Spanish
Year program started: 1980
**PINAL COUNTY**

**Apache Junction**

Arizona Department of Economic Security  
Temporary Assistance to Needy Families (TANF)  
2066 West Apache Trail, Suite 108  
Apache Junction, AZ 85220  
Phone: (480) 982-9182  
Fax: (480) 671-6430  
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
Audience: General population.  
Languages available: English, Spanish  
Website: www.azdes.gov

Casa Grande Regional Medical Center  
1800 East Florence Boulevard  
Casa Grande, AZ 85222  
Phone: (520) 426-6300  
Fax: (520) 836-1261  
Program description: Diabetes education, weight management, nutrition, exercise, gestational/prenatal, and support group.  
Diabetes complications specific: Diabetes screening, eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease, and prenatal care.  
Health professionals: CDE, RD, MD/DO, RN  
Audience: People with diagnosed diabetes, minorities and general population.  
Languages available: English  
Year program started: 1982  
Website: www.casagrandehospital.com

**Casa Grande**

Arizona Department of Economic Security  
Temporary Assistance to Needy Families (TANF)  
318 North Florence  
P.O. Box 579  
Casa Grande, AZ 85222  
Phone: (520) 836-7435  
Fax: (520) 836-8025  
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
Audience: General population.  
Languages available: English, Spanish  
Website: www.azdes.gov

Social Security Administration  
501 North Marshall  
Casa Grande, AZ 85222  
Phone: (520) 836-4887  
Program description: Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.  
Audience: General population.  
Languages available: English, Spanish  
Website: www.ssa.gov

Arizona Department of Economic Security  
Vocational Rehabilitation  
318 North Florence Street  
Casa Grande, AZ 85222  
Phone: (520) 836-6388  
Fax: (520) 836-8025
Program description: Provides vocational assistance for job training.
Audience: People with disabilities.
Website: www.azdes.gov

Sun Life Family Health Center
Sun Life Family Health Center Diabetes Education
865 North Arizola Road
Casa Grande, AZ 85222
Contact: Nilda Fimbres, RN, CDE Certified Diabetes Educator
Phone: (520) 381-0395
Fax: (520) 836-8807
nildaf@slfhc.org
Program description: Sun Life Family Health Center in Casa Grande offers Family Practice to patients of all ages, Women’s Wellness, Family Dentistry & Orthodontics and on-site Pharmacy. Our Diabetes Education services offer face-to-face visits with our Certified Diabetes Educator, as well as a program consisting of group classes, a program designed to assist individuals in making informed decisions about their diabetes care, in managing their health, and improving their quality of life. Learning topics include the diabetes disease process, daily diabetic monitoring, medication, lifestyle changes, nutrition and physical activity. Program that has a diabetes component, diabetes education, gestational/prenatal, and group visit. Diabetes complications specific: Eye screening, hypertension screening, foot care, and prenatal care.
Health professionals: CDE, MD/DO, PA/NP, RN,
Audience: People with diagnosed diabetes, families of people with diabetes.
Languages available: English, Spanish
Website: www.sunlifefamilyhealth.org

Coolidge

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
1155 North Arizona Boulevard
Coolidge, AZ 85228
Phone: (520) 723-5351
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Arizona Department of Economic Security
Vocational Rehabilitation
1155 North Arizona Boulevard
Coolidge, AZ 82558
Phone: (520) 723-5351
Fax: (520) 723-9133
Program description: Provides vocational assistance for job training.
Audience: People with disabilities.
Website: www.azdes.gov

Sun Life Family Health Center
1284 North Arizona road
Coolidge, AZ 85228
Phone: (520) 723-9131
Fax: (520) 723-7974
contact@slfhc.org
Program description: Sun Life Family Health Center in Coolidge offers family health care to patients of all ages. Diabetic patients are referred to our Casa Grande office for diabetes education with our Certified Diabetes Educator. Sun Life offers discount programs to qualifying individuals and families. Program that has a diabetes component, diabetes education, weight management, and gestational/prenatal.
Health professionals: MD/DO, RN
Audience: People with diagnosed diabetes,
general population, minorities.

Languages available: English, Spanish
Website: www.sunlifefamilyhealth.org

Eloy

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
P.O. Box 656 or
109 North Sunshine Boulevard
Eloy, AZ 85231
Phone: (520) 466-4226
Fax: (520) 466-1304

Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Sun Life Family Health Center
501 North Main Street
Eloy, AZ 85231
Phone: (520) 466-7883
Fax: (520) 466-3946

Program description: Weight management, nutrition.
Diabetes complications specific: Primary care clinic with diabetes screening, eye screening, and smoking cessation.
Health professionals: MD/DO, PA/NP, RN
Audience: General population.
Languages available: English, Spanish
Year program started: 1984
Website: www.sunlifefamilyhealth.org

Florence

Pinal County Public Health Services District
500 South Central
Florence, AZ 85232
Contact: Rosanna Ringer, RD
Phone: (520) 866-7313
Fax: (520) 866-7358

Program description: Provides diabetes education through the WIC program including nutrition education and a food package to women, infants and children. Women with diabetes or gestational diabetes will receive high-risk nutrition counseling from a public health nutritionist. Women must be pregnant or post-partum.
Audience: WIC clients with diabetes.
Languages available: English, Spanish
Year program started: 1977
Website: http://pinalcountyaz.gov

Pinal County Diabetes Coalition
Pinal County Diabetes Coalition
P.O. Box 2945
Florence, AZ 85232
Contact: Mary Gonzales, Program Coordinator
Phone: (520) 866-7687
Fax: (520) 466-7990

Program description: The Pinal County Diabetes Coalition consists of community members and health professionals whose mission is to educate and motivate Pinal County residents to overcome the diabetes epidemic. Diabetes education, diabetes screening, weight management, nutrition, exercise and pre-diabetes education.
Audience: People diagnosed with diabetes, general population, minorities, and families of people with diabetes.
Languages available: English, Spanish
Year program started: 2002
Website: http://pinalcountyaz.gov
**Kearny**

**Arizona Department of Economic Security**  
Temporary Assistance to Needy Families (TANF)  
P.O. Box 1119  
331 Alden Road  
Kearney, AZ 85237  
Phone: (520) 363-5568  
Fax: (520) 363-7286

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** www.azdes.gov

**Contact:** Marc Matteson, Program Coordinator  
Phone: (520) 568-1082  
Fax: (520) 568-1081

**Program description:** Ak-Chin Diabetes Program is a Community Outreach Program that promotes diabetes prevention, provides general education on diabetes management and provides group and individual exercise programs. Diabetes education, nutrition, exercise, and a support group for children with Diabetes Type 2.  
**Languages available:** English, Spanish  
**Year program started:** 2002  
**Website:** [www.ak-chin.nsn.us](http://www.ak-chin.nsn.us)

**Mammoth**

**Arizona Department of Economic Security**  
Temporary Assistance to Needy Families (TANF)  
228 Main Street  
P.O. Box 518  
Mammoth, AZ 85618  
Phone: (520) 487-2311  
Fax: (520) 487-2102

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** www.azdes.gov

**Contact:** Della Sockyma, Diabetes Program Coordinator  
Phone: (602) 271-7940  
Fax: (602) 271-7870

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.  
**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, renal care, and cardiovascular disease.  
**Health professionals:** CDE, RD, MD, PA, NP, RN  
**Audience:** General population and Native Americans.  
**Languages available:** English, Pima  
**Year program started:** 1979  
**Website:** [www.grhc.org](http://www.grhc.org)

**Sacaton**

**Gila River Health Care**  
Life Center - Diabetes Education Center  
483 W Seed Farm Road  
Sacaton, AZ 85247  
**Contact:**  
**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.  
**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, renal care, and cardiovascular disease.  
**Health professionals:** CDE, RD, MD, PA, NP, RN  
**Audience:** General population and Native Americans.  
**Languages available:** English, Pima  
**Year program started:** 1979  
**Website:** [www.grhc.org](http://www.grhc.org)

**Maricopa**

**Ak-Chin Indian Community**  
Ak-Chin Diabetes Prevention Program  
42507 West Peters and Nall Road  
Maricopa, AZ 85239

**Contact:**  
**Program description:**  
**Audience:**  
**Languages available:**  
**Year program started:**  
**Website:**
SANTA CRUZ COUNTY
SANTA CRUZ COUNTY

Nogales

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
1843 North State Drive
Nogales, AZ 85621
Phone: (520) 281-2634
Fax: (520) 761-3046
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Carondelet Holy Cross Hospital Inc.
Carondelet Diabetes Care Center Satellite
1100 West Target Range Road
Nogales, AZ 85621
Phone: (520) 287-2771
Fax: (520) 287-7314
Program description: Diabetes education, diabetes screening at health fairs, weight management, nutrition, and exercise.
Diabetes complications specific: Eye screening, foot care, and hypertension screening.
Health professionals: CDE, NP
Audience: General population.
Languages available: English, Spanish
Year program started: 1962

Mariposa Community Health Center
1852 North Mastick Way
Nogales, AZ 85621
Contact: Eladio Pereira, MD
Phone: (520) 281-1550
Fax: (520) 281-1112
Program description: Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, and exercise.
Diabetes complications specific: Eye screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.
Health professionals: MD, NP, RN
Audience: People diagnosed with diabetes, general population, minorities, families of people with diabetes, teenagers, pregnant women, and people with hypertension.
Languages available: English, Spanish
Website: www.mariposachc.net

Carondelet Health Network
1171 Target Range Road
Nogales, AZ 85621
Contact: Gwen Gallegos, FNP, CDE
Phone: (520) 287-8068
Fax: (520) 287-8015
Program description: In-patient and out patient diabetes education, diabetes screening, weight management, nutrition, and exercise.
Diabetes complications specific: Eye screening, foot care, hypertension screening and gestational diabetes education.
Audience: General population, people with diabetes, minorities, and families of diabetics.
Languages available: English, Spanish
Year program started: 1994
Mariposa Community Health Center
Platicamos Salud, Health Promotion/Disease Prevention Department
Diabetes Patient Education Program
1852 North Mastick Way
Nogales, AZ 85621
Contact: Rosie Piper, Health Promotion Manager
Phone: (520) 375-6050
Fax: (520) 761-2153
Program description: Program is a series of 4 classes, delivered by a promotora (lay health workers) with a CDE for Technical Assistance (TA). Classes average 9-12 people. Diabetes education.
Audience: People with diagnosed diabetes and families of people with diabetes.
Languages available: Spanish
Year diabetes program started: 1998
Website: www.mariposachc.net

Mariposa WIC Program
1520 North Hohokam Drive
Nogales, AZ 85621
Phone: (520) 287-4994
Fax: (520) 287-5792
Program description: Program that has a diabetes component including nutrition education, as well as community, medical and social referral programs to/from Mariposa Community Health Center Platicamos Salud.
Audience: Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.
Languages available: English, Spanish
Year program started: 1972

Social Security Administration
1760 North Mastick Way
Nogales, AZ 85621
Phone: (800) 772-1213
Program description: Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call 800-number or walk in.
Audience: General population, all.
Languages available: English, Spanish
Materials developed: Yes
Website: www.ssa.gov

Patagonia
Patagonia Family Health Center
101 Taylor Street
Patagonia, AZ 85624
Phone: (520) 394-2262
Fax: (520) 394-2753
Program description: Diabetes education, diabetes screening, weight management, nutrition, and exercise.
Health professionals: MD, CDE
Audience: General population.
Languages available: English, Spanish
Year program started: 1980
YAVAPAI COUNTY

Bagdad

Bagdad Community Health Center
12 Hope Drive
P.O. Box 948
Bagdad, AZ 86321
Contact: Jamie Walker, RN
Phone: (928) 633-4111
Fax: (928) 633-3376
Program description: Primary medical care.
Health professionals: MD, PA, RN, LPN
Audience: People with diagnosed diabetes, minorities, general population, and families of people with diabetes.
Languages available: English
Year program started: 1997

Camp Verde

Camp Verde Health Center
460 Finnie Flat Road
Camp Verde, AZ 86322
Contact: Sue Simbric RN, CDE
Phone: (928) 567-5257
Fax: (928) 567-5257
Program description: One-on-one training and insulin pump training, diabetes education.
Health professionals: CDE, RN
Audience: People with diagnosed diabetes, families of people with diabetes.
Languages available: English

Cottonwood

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
1500 East Cherry Street, Suite A
Cottonwood, AZ 86326
Phone: (928) 634-0780 Fax: (928) 649-6829
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Arizona Department of Economic Security
Vocational Rehabilitation
1500 East Cherry Street
Cottonwood, AZ 86326
Phone: (928) 634-0063
Fax: (928) 639-0967
Audience: People with disabilities.
Program description: Provides vocational assistance for job training.
Website: www.azdes.gov

Verde Valley Medical Center
269 South Candy Lane
Cottonwood, AZ 86326
Contact: Mary May, RN, CDE or Martha Brown, MS, RD, CDE
Phone: (928) 639-6346 or (928) 634-2251
Fax: (928) 639-6340
Program description: Monthly class (ADA approved) and one-on-one training as needed. Program that has a diabetes component, diabetes education, weight management, nutrition, and exercise.
Health professionals: CDE, RD, RN
Audience: People with diagnosed diabetes, families of people with diabetes.
Languages available: English
Yavapai County Health Department
10 South 6th Street
Cottonwood, AZ 86326
Phone: (928) 639-8130
Fax: (928) 639-8179
Program description: Diabetes education, weight management, nutrition, and exercise.
Diabetes complications specific: Eye screening, hypertension screening, foot care, smoking cessation, and cardiovascular disease.
Health professionals: MD, RD
Audience: General population.
Languages available: English, Spanish
Year program started: 1994
Materials developed: Yes
Website: www.co.yavapai.az.us

Prescott

Arizona Department of Economic Security
Vocational Rehabilitation
1519 West Gurley Street, Suite 12
Prescott, AZ 86302
Phone: (928) 277-2788
Fax: (928) 277-2791
Program description: Provides vocational assistance for job training.
Audience: People with disabilities.
Website: www.azdes.gov

Northern Arizona VA Health Care System
500 North Highway 89N
Prescott, AZ 86313
Contact: Linda Montez, RN and Nancy DuPree, CDE, MPH/CD, RN
Phone: (928) 445-4860 ext. 2581
Program description: Diabetes education and pre-diabetes education.
Diabetes complications specific: PCP gives a comprehensive exam and uses resources such as eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular health. Once diagnosed/assessed, the patient is referred to receive diabetes education.
Health professionals: CDE, RD, RN, MD, PA, NP
Audience: Veterans diagnosed with diabetes or pre-diabetes, families of veterans with diabetes, veterans who are minorities, new veteran patients (with an appointment) and referred veterans from PCP within the system.
Languages available: English, translators available if needed
Website: www.prescott.va.gov
Social Security Administration
205 N Marina
Prescott, AZ 86301
Phone: (800) 772-1213
Program description: Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.
Audience: General population, all.
Languages available: English, Spanish
Website: www.ssa.gov

Yavapai Community Health Services
Community Health Center of Yavapai
1090 Commerce Dr.
Prescott, AZ 86305
Contact: Debbie Savolini
Phone: (928) 442-5581
Fax: (928) 771-3369
debbie.savolini@co.yavapai.az.us
Program description: No longer have an ADA certified program - patients are referred to the local hospitals (YRMC and VVMC) for education.
Health professionals: MD/DO, PA/NP
Audience: General population, people diagnosed with diabetes, minorities, teenagers, pregnant women, people with hypertension, Yavapai Indian Tribe, people diagnosed with diabetes and families of people with hypertension.
Languages available: English, Spanish
Year program started: 1983
Website: www.co.yavapai.az.us

Yavapai Regional Medical Center
Diabetes Education
930 Division Street
Prescott, AZ 86301
Contact: Andrea Klein, RN, CDE
alklein@yrmc.org
Phone: (928) 759-5924
Fax: (928) 759-5351
Program description: Program offered for DM, one-on-one consultations, group classes, insulin pumping, and classes are held five days a week totaling ten hours. Diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training for professionals, and gestational/prenatal.
Diabetes complications specific: Cardiovascular disease.
Health professionals: CDE, RD, RN
Audience: People diagnosed with diabetes, general population, minorities, families of people diagnosed with diabetes, teens, professionals, and gestational.
Languages available: Spanish
Year program started: 1999; ADA recognized in 2001 and 2004
Materials developed: Handouts, conversation MAPS – own curriculum.
Website: www.yrmc.org
Prescott Valley

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
7875 East Florentine Road
P.O. Box 26340
Prescott Valley, AZ 86314
Phone: (928) 775-3140
Fax: (928) 775-3177
Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Arizona Department of Economic Security
Vocational Rehabilitation
8128 East Highway 69
Prescott Valley, Arizona 86314
Phone: (928) 277-2820
Program description: Provides vocational assistance for job training.
Audience: General population and people with disabilities.
Languages available: English
Website: www.azdes.gov

Yavapai Regional Medical Center
Diabetes Education
3262 North Windsong Drive
Prescott Valley, AZ 86314
Contact: Andrea Klein, RN, CDE aklein@yrmc.org
Phone: (928) 759-5920
Fax: (928) 759-5984
Program description: Diabetes education, weight management, nutrition, exercise and gestational/prenatal.
Diabetes complications specific: Cardiovascular disease.
Health professionals: CDE, RD, RN
Audience: People diagnosed with diabetes, general population, minorities, and families of people diagnosed with diabetes.
Languages available: English
Year program started: 1999; ADA recognized in 2001 and 2004
Website: www.yrmc.org
YUMA COUNTY

San Luis

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
663 North 1st Avenue
P.O. Box 699
San Luis, AZ 85349
Phone: (928) 627-1890
Fax: (928) 624-0917

Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Regional Center for Border Health, Inc.
San Luis Walk-in Clinic
1896 E. Babbit Lane
San Luis, AZ 85349
Phone: (928) 722-6112

Program description: When available the Nutrition & Wellness Institute has an R.D. on site. Most of the education is offered by Community Health Workers/Promotoras and a Diabetes Prevention Assistant. Program that has a diabetes component, diabetes education weight management, nutrition, exercise, and continuing education/training (for professionals).

Health professionals: RD and Promotores/ community health workers

Audience: People with diagnosed diabetes, general population, families of people with diabetes, and offer nutrition and disease prevention classes as well as a walking club for community participants.

Languages available: English and Spanish
Year program started: 1997
Website: www.rcfbh.org

Campesinos Sin Fronteras
Campesinos Diabetes Management Program
P.O. Box 423 / 725 E. Main Street, Suite C-1
Somerton, AZ 85350

Sunset Community Health Center
815 E Juan Sanchez Boulevard
P.O. Box 2017
San Luis, AZ 85349

Contact: Elvira Griego
Phone: (928) 627-3822
Fax: (928) 627-3989

Program description: Provides a program that has a diabetes component, diabetes education, weight management, nutrition, exercise, gestational/prenatal.

Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

Health professionals: MD/DO

Audience: General population, people diagnosed with diabetes, families of people diagnosed with diabetes and minorities.

Languages available: English, Spanish
Year program started: 1986

Somerton

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
342 Main Street
Somerton, AZ 85350
Phone: (928) 627-2075
Fax: (928) 627-8585

Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

Audience: General population.
Languages available: English, Spanish
Website: www.azdes.gov

Campesinos Sin Fronteras
Campesinos Diabetes Management Program
P.O. Box 423 / 725 E. Main Street, Suite C-1
Somerton, AZ 85350
Program description: Program provides support to persons that are in denial of their disease and need peer-to-peer support, support to caregivers that are caring for people with diabetes (and it’s complications; amputations, blindness, depression, low-self esteem, and denial/anger). Campesinos currently offers support groups weekly in Yuma, Somerton, and San Luis, AZ. Promotoras conduct home visits to diabetic patients who are confined to their home because of a disability (diabetes related or other), Hospital visits to their participants to provide support, and follow-up phone calls to remind them that they are there if they need that extra support or need someone to talk to. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group and gestational/prenatal.


Health professionals: Promotores

Audience: People diagnosed with diabetes and families of people with diabetes, persons that are overweight or obese or at risk of obesity, minorities, and general population.

Languages available: Spanish

Year program started: 1999

Regional Center for Border Health, Inc
Pasos Adelante
214 W. Main Street
P.O. Box 617
Somerton, AZ 85350
Contact: Frances Herrera, Program Coordinator
Phone: (928) 627-0190
Fax: (928) 627-8315

Program description: When available the Nutrition & Wellness Institute has an R.D. on site. Most of the education is offered by Community Health Workers/Promotoras and a Diabetes Prevention Assistant. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and continuing education/training (for professionals).

Health professionals: RD and Community Health Workers/Promotoras

Audience: People with diagnosed diabetes, general population, families of people with diabetes, and offer nutrition and disease prevention classes as well as a walking club for community participants.

Languages available: English and Spanish

Year program started: 1997

Website: www.rcfbh.org

Sunset Community Health Center
115 North Somerton Avenue or P.O. Box 538
Somerton, AZ 85350
Contact: Maria Ortiz
Phone: (928) 627-2051
Fax: (928) 627-3857

Program description: Diabetes education is given by a promotora to all diabetes patients who are uninsured. Diabetes education and diabetes screening.

Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

Health professionals: MD/DO, PA/NP, promotores/community health workers

Audience: People diagnosed with diabetes.

Languages available: English, Spanish

Year program started: 2002
Wellton

Sunset Community Health Center
10425 South Williams Street
P.O. Box 686
Wellton, AZ 85356
Phone: (928) 785-3256
Fax: (928) 758-3258

Program description: Diabetes education is given by Community Health Workers/Promotoras to all diabetes patients who need the service. Community Health Workers/Promotoras provide outreach, diabetic education, diabetes classes, diabetes screening, nutrition, exercise, gestational/prenatal, and support group.

Diabetes complications specific: Services include providing management of diabetic patients through medical care, hypertension screening, foot care, prenatal care and renal care.

Health professionals: MD/DO
Audience: General population.
Languages available: English, Spanish
Year program started: 2002

Yuma

Arizona Department of Economic Security
Vocational Rehabilitation
1310 South 3rd Avenue
Yuma, AZ 85364
Phone: (928) 329-9462
Fax: (928) 329-9530

Program description: Provides vocational assistance for job training.
Audience: People with disabilities.
Website: www.azdes.gov

Arizona Department of Economic Security
Temporary Assistance to Needy Families (TANF)
1220 South 4th Avenue
Yuma, AZ 85365
Phone: (928) 782-7101
Fax: (928) 783-5313

Program description: Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.
Audience: General population.
Languages available: English, Spanish

Easter Seal Society of Arizona
661 East 32nd Street, Suite A
Yuma, AZ 85365
Phone: (928) 726-6800
Fax: (928) 726-1690

Program description: Non-profit agency dedicated to improving the health and welfare of persons with disabilities of all ages and to advancing their opportunities for employment, recreation, and transportation. Has a computer placement program utilizing renovated computers with training and mentoring. Has a family focus therapy/education program, support groups, and recreation programs. Loans equipment and makes referrals to appropriate agencies.
Audience: Minorities and families of people with diabetes.
Languages available: English
Year program started: 1928
Social Security Administration
1235 South Redondo Center Drive
Yuma, AZ 85364
Phone: (800) 772-1213
Program description: Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.
Audience: General population, all.
Languages available: English, Spanish
Materials developed: Yes
Website: www.ssa.gov

Sunset Community Health Center
2060 West 24th Street
Yuma, AZ 85364
Contact: Angeles Facio
Phone: (928) 819-8999
Fax: (928) 539-5579
Program description: Diabetes education is given by a Promotora to all diabetes patients who need the service. Promotora outreach, diabetic education, diabetes classes, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.
Diabetes complications specific: Services include providing management of diabetic patients through medical care, eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, cardiovascular disease.
Health professionals: MD/DO, PA/NP, promotores
Audience: People diagnosed with diabetes and families of people with diabetes.
Languages available: English, Spanish
Year program started: 2002

Yuma County Health Department
Yuma County Diabetes Education Program
2200 West 28th Street
Yuma, AZ 85364
Contact: Maria Nunez, Director of Nursing
Phone: (928) 317-4550
Fax: (928) 317-4591
Program description: Program that has a diabetes component, diabetes education, and nutrition.
Diabetes complications specific: Prenatal care and smoking cessation.
Health professionals: RD, PA/NP, and RN
Audience: People with diagnosed diabetes.
Languages available: English, Spanish
Year program started: 2008
Materials developed: Handouts, Brochures, and Powerpoint Presentation

Yuma Regional Medical Center
Diabetes Education
2400 S. Avenue A
Yuma, AZ 85364
Contact: Christine Winters, MS, RD, CDE
Phone: (928) 336-2332
Fax: (928) 336-2337
Program description: The program is recognized by the American Diabetes Association. Support group meets every third Tuesday of each month at 6 p.m. at the Yuma Regional Corporate Center. Diabetes self management education, medical nutrition therapy, support group, gestational, continuing education/training for people with diagnosed diabetes.
Audience: General population, health professionals, minorities, people with diabetes, families of people with diabetes, teenagers, pregnant women, children, people with prediabetes.
Languages available: English, Spanish
Year program started: 1988
Website: www.yumaregional.org
NATIVE AMERICAN RESOURCES

For the full program listing of the below resources, refer back to the County listings.

Statewide

Inter Tribal Council of Arizona, Inc.
ITCA Diabetes Nutrition
2214 North Central Avenue, Suite 100
Phoenix, AZ 85004
Contact: Melva Zerkoune, MS, RD
Phone: (602) 307-1513
Fax: (602) 258-4825

APACHE COUNTY

Chinle

Chinle Service Unit Diabetes Program
Indian Health Service
Highway 191, Drawer PH
Chinle, AZ 86503
Phone: (928) 674-2911
Fax: (928) 674-7008

Fort Defiance

Fort Defiance Indian Hospital (IHS)
Diabetes Education Program
Corner of Routes. N 7 and N 12
Fort Defiance, AZ 86504
Contact: Secretary
Phone: (928) 729-8467
Fax: (928) 729-8498

Fort Defiance Indian Health Service
Fort Defiance Diabetes Program
Corner of Routes. N 7and N12
P.O. Box 649
Fort Defiance, Arizona 86504
Contact: Edith Edie Kline, R.N., Diabetes Program Director
Phone: (928) 729-8469
Fax: (928) 729-8498
edith.kline@ihs.gov

Navajo Nation Health Education Program
P.O. Box 288
Old Community Health Bldg. on old Hospital Grounds, Second Floor
Fort Defiance, AZ 86504
Contact: Natasha Bitsui, Senior Health Educator
Phone: (928) 729-4481
Fax: (928) 729-4484

Navajo Nation Special Diabetes Project
Navajo Division of Health, the Navajo Nation Administration Bldg. # 2, First Floor, Morgan Blvd.
P.O. Box 3748
Window Rock, AZ 86515
Contact: Robert I. Nakai, Program Manager
Phone: (928) 871-6532
Fax: (928) 871-6543
COCONINO COUNTY

Flagstaff

Native Americans for Community Action (NACA) Family Health Center
Harmony through Health Diabetes Program
1500 East Cedar Avenue, Suite 26
Flagstaff, AZ 86004
Contact: Ken McKnight, Director of Health Services
Phone: (928) 773-1245
Fax: (928) 773-9429

Tuba City

Tuba City Regional Health Care Diabetes Education Program
167 N. Main Street
PO Box 600
Tuba City, AZ 86045
Contact: Dr. Kristin Graziano Director, Diabetes Clinical Services
Phone: (928) 283-2406
Fax: (928) 283-2408
kristin.graziano@tchealth.org

LA PAZ COUNTY

Parker

Parker USPHS Hospital
12033 Agency Road
Parker, AZ 85344
Contact: Diane Selleck
Phone: (928) 669-3283
Fax: (928) 669-3311

GILA COUNTY

San Carlos

San Carlos Apache Tribal Diabetes Prevention Program
1 Mohave Ave.
P.O. Box 1651
San Carlos, AZ 85550
Contact: John Duncan, Program Manager
Phone: (928) 475-5940
Fax: (928) 475-5925

San Carlos Hospital Diabetes Team
IHS San Carlos Hospital
Cibeeque Circle
P.O. Box 208
San Carlos, AZ 85550
Contact: Linda C. Clark RN, CDE
Phone: (928) 475-2371
Fax: (928) 475-7370

MARICOPA COUNTY

Guadalupe

Las Fuentes Health Clinic of Guadalupe
Muevete Guadalupe Healthy Lifestyle Initiative
8625 Avenida Del Yaqui
Guadalupe, AZ 85283
Phone: (480) 777-2263
Fax: (480) 777-2264
**Phoenix**

Native American Community Health Center, Inc.
4520 North Central Avenue Suite 620
Phoenix, AZ 85012
**Contact:** Cheryl Litzin
Phone: (602) 279-5262
Fax: (602) 263-0452

Phoenix Area Indian Health Service
Diabetes Program
2 Renaissance Square
40 N. Central Ave.
Phoenix, AZ 85004
Phone: (602) 364-5179
Fax: (602) 364-5025

Phoenix Indian Medical Center
Diabetes Education Path To Health (DEPTH)
4212 North 16th Street
Phoenix, AZ 85016
**Contact:** Suzanne Lipke, RN, MSN, CDE,
DEPTH Program Director
Phone: (602) 263-1200 ext. 1396

**MOHAVE COUNTY**

Peach Springs

Peach Springs Indian Health Center
943 Hualapai Way
P.O. Box 190
Peach Springs, AZ 86434
**Contact:** Sylvia Armstrong, RN
Phone: (928) 769-2204
Fax: (928) 769-2933

**NAVAJO COUNTY**

Cibecue

Cibecue IHS Center
Indian Service
2 West 3rd Street
P.O. Box 80039
Cibecue, AZ 85911
Phone: (928) 332-2560
Fax: (928) 332-2418

Kayenta

Navajo Area Indian Health Service/Kayenta Service Unit
Kayenta Service Unit Diabetes Care and Education Program
PO Box 368, HWY 163, Bldg KA-2010, Box #12
Kayenta, AZ 86033
**Contact:** Molly-Jayne Bangert, BSN, RN, CDE,
Diabetes Coordinator
Phone: (928) 697-4296
Fax: (928) 697-4145
Email: molly-jayne.bangert@ihs.gov

Navajo Nation Health Education Program
Kayenta Health Center
Hwy 163 Bldg.KA-2010
P.O. Box 368
Kayenta, AZ 86033
Phone: (928) 697-4000
Fax: (928) 697-4145
**Contact:** Health Educator
**Kykotsmovi**

**Hopi Tribal Office of Health Services**  
The Hopi Tribe  
Hwy 264 Mile Marker 388  
P.O. Box 123  
Kykotsmovi, AZ 86039  
Phone: (928) 737-6000  
**Contact:** Joyce Hamilton

---

**Polacca**

**Hopi Health Care Diabetes Program**  
IHS/Hopi Tribal Diabetes Program  
Hwy 264 Mile Marker 388  
P.O. Box 4000  
Polacca, AZ 86042  
Phone: (928) 737-6000  
Fax: (928) 737-6099  
**Contact:** Velita Sidney

---

**Shonto**

**Inscription House Health Clinic**  
Diabetes Program  
Hwy 98 and Navajo Route 16  
P.O. Box 7397  
Shonto, AZ 86054  
Phone: (928) 672-3000  
Fax: (928) 672-3005  
**Contact:** Samantha Interpreter, RD

---

**Whiteriver**

**Apache Diabetes Wellness Center**  
White Mountain Apache Tribe  
202 N. Upper Terrace Avenue  
P.O. Box 1210  
Whiteriver, AZ 85941  
Phone: (928) 338-5278  
Fax: (928) 338-4974  
**Contact:** Alethea Velasquez, Director  
Diabetes Program

**Whiteriver Indian Health Service Hospital**  
200 W. Hospital Dr.  
P.O. Box 860  
Whiteriver, AZ 85941  
Phone: (928) 338-4911 ext. 3665  
Fax: (928) 338-3522  
**Contact:** Diabetes Management Department

---

**Winslow**

**Winslow Indian Health Care Center Diabetes Program**  
500 N. Indiana Ave  
Winslow, AZ 86042  
**Contact:** Claudia Duncan  
Phone: (928) 289-6137  
Fax: (928) 289-6258

---

**PIMA COUNTY**

**San Xavier**

**San Xavier PHS Indian Health Center**  
7900 South J Stock Road  
San Xavier, AZ 85746  
**Contact:** Sybil Cochran  
Phone: (520) 295-2550  
Fax: (520) 295-2609

---

**Sells**

**Sells Indian Hospital**  
Indian Health Services  
P.O. Box 548  
Sells, AZ 85634  
**Contact:** Barbara Khan  
Phone: (520) 383-7356  
Fax: (520) 383-7216
Tohono O’odham Nation Department of Health and Human Services
Division of Health Promotion
Hwy 86 next to Indian Health Hospital
P.O. Box 810
Sells, AZ 85634
Contact: Laura Pablo and Faith Pablo
Phone (520) 383-6240
Fax (520) 383-1091

Tucson

Native American Indian Research and Training Center
1642 East Helen Street
Tucson, AZ 85719
Contact: Dr. Jenny Joe
Phone: (520) 621-5075
Fax: (520) 621-9802

Pascua Yaqui Health Programs
Pasqua Yaqui Diabetes Prevention Program
7490 South Camino de Oeste
Tucson, AZ 85746
Contact: Tina Aguilar, Program Director
Phone: (520) 879-6200

Tucson Indian Center (TIC)
Special Diabetes Program for Indians
97 East Congress, Suite 101
Tucson, AZ 85701
Contact: Terilene Glasses
Phone: (520) 884-7131 Ext. 231

PINAL COUNTY

Maricopa

Ak-Chin Indian Community
Ak-Chin Diabetes Prevention Program
42507 West Peters and Nall Road
Maricopa, AZ 85239
Contact: Marc Matteson, Program Coordinator
Phone: (520) 568-1082
Fax: (520) 568-1081

Sacaton

Gila River Health Care
Life Center - Diabetes Education Center
483 W Seed Farm Road
Sacaton, AZ 85247
Contact: Della Sockyma, Diabetes Program Coordinator
Phone: (602) 271-7940
Fax: (602) 271-7870
STATE RESOURCES

American Diabetes Association (Phoenix and Northern Arizona)
8125 North 23rd Avenue, Suite #222
Phoenix, AZ 85021
Contact: Suzanne Miller, Director
Phone: (602) 861-4731
Fax: (602) 995-1344
Program description: National non-profit voluntary health organization with focus on research, information, education and advocacy. We provide referrals for health professionals, diabetes recognition program and provider recognition. Diabetes education, weight management, nutrition, exercise, support group referral, continuing education/training for professionals, and gestational/prenatal.
Diabetes complications specific: Referrals to eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular diseases.
Audience: General population, people diagnosed with diabetes, minorities, and families of people with diabetes.
Languages available: English, Spanish
Year program started: ADA established in Arizona in 1975.
Website: www.diabetes.org

American Diabetes Association of Tucson
333 West Ft. Lowell Rd#123
Tucson, AZ 85705
Contact: Fred Gomez
Phone: (520) 795-3711 or (888) 342-2383
Fax: (520) 795-1179
Program description: Diabetes education, support group, diabetes awareness and fundraising.
Audience: People with diagnosed diabetes, general population, minorities, and families of people with diabetes.
Languages available: English, Spanish
Materials developed: Yes
Website: www.diabetes.org

American Heart Association
2929 South 48th Street
Tempe, AZ 85282
Phone: (602) 414-5353
Fax: (602) 414-5355
Program description: General education related to heart disease and related to complications as well as prevention. Weight management, nutrition, and exercise.
Diabetes complications specific: Cardiovascular disease.
Audience: General population.
Languages available: English, Spanish
Materials developed: Yes
Website: www.americanheart.org

Arizona Association of Community Health Centers
700 E. Jefferson St.
Phoenix, AZ 85034
Phone: (602) 253-0090
Program description: Community health centers provide care and education to low-income, underinsured, and uninsured individuals. Sliding fee scale based on income is available.
Website: www.aachc.org
Arizona Department of Health Services
Arizona WIC Program
150 North 18th Avenue
Phoenix, AZ 85007
**Contact:** Karen Sell, RD
Phone: 1 (800) 252-5WIC (1-800-252-5942)
Local: (602) 542-1886
Fax: (602) 542-1890
**Program description:** Program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.
**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.
**Languages available:** English, Spanish
**Year program started:** 1972
**Website:** www.azwic.gov

Arizona Department of Health Services
Bureau of Public Health Statistics
150 North 18th Avenue
Suite 550
Phoenix, AZ 85007
**Contact:** Tim Flood, MD
Phone: (602) 542-7333
Fax: (602) 364-0082
**Program description:** Generates epidemiological data about diabetes and other chronic diseases, including associated risk factors.
**Audience:** Health system professionals.
**Languages available:** English, Spanish
**Year program started:** 1994
**Website:** www.azdhs.gov

Arizona Department of Health Services
Cardiovascular Disease Risk Reduction Program
150 North 18th Avenue, Suite 310
Phoenix, AZ 85007
**Contact:** Trish Herrmann, Program Manager
Phone: (602) 542-2758
Fax: (602) 542-0512
**Program description:** The Arizona Diabetes Program provides coordination in the area of diabetes and works toward the elimination of barriers for all persons with diabetes throughout Arizona in partnership with state, local, and community agencies, and with persons with diabetes and their families. The mission of the program is to reduce the incidence and prevalence of diabetes in Arizona.
**Materials developed:** Yes, Arizona Diabetes Strategic Plan
**Languages available:** English, Spanish
**Year program started:** 1994
**Website:** www.azdiabetes.gov
Arizona Department of Health Services
Immunization Program
150 North 18th Avenue, Suite 120
Phoenix, AZ 85007
Phone: (602) 364-3630
Fax: (602) 364-3285
Program description: Program that encourages flu vaccines and immunizations for metabolically compromised (including people with diabetes) populations.
Website: www.azdhs.gov

Arizona Department of Health Services
Nutrition and Physical Activity Program
150 North 18th Avenue, Suite 310
Phoenix, AZ 85007
Contact: Frances Kaplan, MPH
Phone: (602) 542-1886
Fax: (602) 542-1890
Program description: Diabetes component, nutrition, exercise and continuing education/training.
Audience: General population.
Year program started: 2003
Materials developed: Arizona Nutrition and Physical Activity State Plan
Website: www.eatsmartgetactive.org

Arizona Department of Health Services
Steps to A Healthier Arizona Initiative
150 North 18th Avenue, Suite 310
Phoenix, AZ 85007
Contact: Frances Kaplan, MPH
Phone: (602) 542-1214
Fax: (602) 542-0512
Program description: The Steps To A Healthier Arizona (Steps) Initiative collaborates with state and local partners, government agencies, professional associations, academia and tribal councils to provide the various activities. Program that has a diabetes component, diabetes education and screening, nutrition, exercise, continuing education/training (for professionals), and gestational/prenatal.
Diabetes complications specific: Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.
Health professionals: CDE, RD, MD/DO, PA/NP, RN
Audience: People diagnosed with diabetes, minorities, families of people with diabetes and general population.
Languages available: English, Spanish
Year program started: 2003
Website: www.azdhs.gov

Arizona Department of Insurance
Consumer Services
2910 North 44th Street, Suite #210
Phoenix, AZ 85018
Phone: (800) 325-2548
Fax: (602) 912-8469
Program description: Guide to Medicare Insurance information for people with pre-existing conditions who have trouble obtaining insurance.
Languages available: English, Spanish
Website: www.id.state.az.us
Arizona Diabetes Virtual Center of Excellence (ADVICE)
Arizona Telemedicine Program
PO Box 245105
Tuscon, AZ 85724
Contact: Rick McNeely, Co-Director
Phone: (520) 626-7343
Fax: (520) 626-2145
Program description: Clinical telemedicine, tele-diabetes education, program that has a diabetes component, weight management, nutrition, support group, continuing education training for professionals.
Diabetes complication specific: Eye screening, foot care.
Audience: People with diagnosed diabetes, minorities, families of people with diabetes, targeted diabetes and prediabetes patient programs for Native Americans and Hispanics and continuing education for healthcare professionals.
Languages available: English, Spanish
Year program started: 2003
Website: www.telemedicine.arizona.edu/advice.cfm

Arizona Foundation for the Eye (AFE)
Arizona Telemedicine Ophthalmic Program
1800 East Van Buren Street, 9th Floor
Phoenix, AZ 85006
Contact: Abby B. Guiver, President/CEO
Phone: (602) 251-3415
Fax: (602) 251-3400
Diabetes complications specific: Diabetes screening, ATOP screens for early signs of diabetic eye disease by contract for Arizona Community Health Centers, corporations and others.
Health professionals: MD/DO
Year program started: 2002
Website: www.azeyeinfo.com

Arizona Kidney Foundation
Serving End Stage Renal Disease Patients
4203 East Indian School Road, #140
Phoenix, AZ 85018
Phone: (602) 840-1644
Fax: (602) 840-2360
Program description: Diabetes component, nutrition, exercise, support group, continuing education/training (for professionals), educational, social and recreational programs. Financial assistance in crisis situations when no other help is available.
Audience: ESRD patients.
Languages available: English, Spanish
Year program started: 1963
Materials developed: Yes
Website: www.azkidney.org
Arizona State Hospital
Diabetes Education
2500 East Van Buren, Building 7
Phoenix, AZ 85008
Phone: (602) 220-6048
Fax: (602) 629-7335
**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and support group.
**Diabetes complications specific:** Eye screening, foot care, smoking cessation, and cardiovascular disease.
**Health professionals:** RN
**Audience:** People diagnosed with diabetes and metabolic syndrome and patients with psychiatric diagnoses.
**Languages available:** English
**Year program started:** 2000
**Website:** [www.azdhs.gov/azsh](http://www.azdhs.gov/azsh)

American Association of Diabetes Educators, Arizona Chapters
Central Arizona Association of Diabetes Educators (CAADE)
PO Box 36281
Phoenix, AZ 85067-6281
**Website:** [www.caadeonline.com](http://www.caadeonline.com)
Southern Arizona Chapter of Diabetes Educators (SACDE)
P.O. Box 40513
Tucson, AZ 85717-0513
**Website:** [www.sacde.org](http://www.sacde.org)

Juvenile Diabetes Research Foundation Arizona
Phoenix Arizona Chapter
4343 E. Camelback Road Suite #450
Phoenix, AZ 85018
Phone: (800) 223-1138
Local Phone: (602) 808-9548
Fax: (602) 808-9512
Southern Arizona Branch
4560 E. Broadway, Suite 214
Tucson, AZ 85711
Phone: (520) 327-9900
Fax: (520) 327-9906
desertsouthwest@jdrf.org
**Website:** [www.jdrfdsw.org](http://www.jdrfdsw.org)

Mental Health Association of Arizona
Phone: (480) 994-4407; 1 (800) MHA-9277 (1-800-642-9277)
**Program description:** The Mental Health Association (MHA) of Arizona promotes good mental health and works on behalf of all people living with mental illness by advocating, educating and shaping public policy. Programs include peer support groups, information and referral, community education and outreach, suicide prevention, and more. MHA of Arizona is the statewide affiliate of the National Mental Health Association.
**Website:** [www.mhaarizona.org](http://www.mhaarizona.org)

NAMI Arizona (National Alliance on Mental Illness)
Phone: (602) 244-8166; 1 (800) 626-5022 outside Greater Phoenix
**Program description:** NAMI Arizona has a HelpLine for information on mental illness, referrals to treatment and community services, and information on local consumer and family self-help groups throughout Arizona. NAMI Arizona provides emotional support, education, and advocacy to people of all ages who are affected by mental illness.
**Website:** [www.namiaz.org](http://www.namiaz.org)

U.S. Equal Employment Opportunity Commission
3300 North Central, Suite #690
Phoenix, AZ 85012
Phone: (602) 640-5000 (1-800-669-4000)
Fax: (602) 640-2489 (5071)
**Program description:** Deals with charges of discrimination.
**Audience:** General population.
**Languages available:** English, Spanish
**Website:** [www.eeoc.gov](http://www.eeoc.gov)
DIABETES TRAINING RESOURCES
FOR PROFESSIONALS

Carondelet Diabetes Education Institute
350 N. Wilmot
Tucson, AZ 85711
Contact: Maureen MacDonald, MEd, LMSW
CDEI Coordinator
Phone: (520) 873-3968
mmacdonald@carondelet.org
Program description: Professional Education
Training for Diabetes and Diabetes-Related
Topics: Diabetes Core Classes-18 hours
continuing education hours, Advanced
Classes on Gestational Diabetes, Insulin
Pump, Diabetes Wound Care, Type 1,
Diabetes, Motivational Interviewing. CEUs
vary; Mentoring. All approved for CEU’s by
AzNA, an accredited approver by the ANCC
and accepted by the AADE. Classes are
available in multiple sites via Telemedicine.
Health professionals: CDE, RN, RD
Audience: Health Professionals working in
diabetes, MD, NP, PA, CDE, RN, RD
Languages available: English
Year program started: 2005

Diabetes Management & Training Centers,
Inc.
Mailing Address: 3941 East Chandler
Boulevard, #106, P.M.B. 104
Phoenix, AZ 85048
Contact: Kris Swenson
Phone: (602) 426-1965
Fax: (480) 704-1579
Program description: Health Professional
Training—Courses integrate clinical updates
with program design and delivery methods.
The Diabetes Manager University: a 3-day
comprehensive overview course. The Art
of Diabetes Education: a 2-day intensive
workshop on patient centered methods of
program delivery and patient interaction.
The Business of Diabetes Education: a
2-day intensive course on designing and
delivering high quality diabetes services
that are also financially viable. Current
calendar for Phoenix-area courses available
at http://www.diabetestraining.com/
ProfessionalCourses.htm. Courses also
available for on-site delivery in client settings.
Patient Education Curriculum: The
Discovering Diabetes(TM) Patient Education
Complete Audiovisual Package and Point of
Care Forms. Patient Text. AV Package and
Patient Text are available in English, Spanish
and Native/Aboriginal Peoples versions.
Compatible with ADA and AADE Program
Recognition criteria.
Diabetes complications specific: Screening
and prevention content included in
professional courses and in patient
curriculum and text.
Health professionals: CDE, RD, RN
Audience: Health Professionals working in
diabetes, Program Administrators and Quality
Assurance personnel.
Languages available: English. Curriculum
materials also available in Spanish.
Website: www.diabetestraining.com

Northern Arizona Healthcare-Flagstaff
Medical Center
Diabetes Management Update
1200 N. Beaver Street
Flagstaff, AZ 86001
Contact: Education Department
Phone: (928) 773-2491
Fax: (928) 773-2430
Program description: Continuing education/
training offered about twice per year. Full
day of training (7.5 credits approved by the
California Board of Registered Nurses).
Health professionals: CDE, RD, RN
Languages available: English
Year program was started: 2007
NATIONAL RESOURCES

Federal Government

Professional and Voluntary Organizations

Federal Government

Centers for Disease Control and Prevention (CDC)
National Center for Chronic Disease Prevention and Health Promotion
Division of Diabetes Translation
Mail Stop K–10
4770 Buford Highway, NE
Atlanta, GA 30341–3717
Phone: (770) 448–5000 or 1 (800) CDC–INFO
(1–800–232–4636)
TTY: 1 (888) 232–6348
Fax: (770) 488–5966
Email: diabetes@cdc.gov
Website: www.cdc.gov/diabetes
Mission: To eliminate the preventable burden of diabetes through leadership, research, programs, and policies that translate science into practice.
Materials: CDC distributes several publications including a patient guide for people with diabetes (available in English and Spanish) and the eight-page National Diabetes Fact Sheet: National Estimates and General Information on Diabetes in the United States.

Indian Health Service (IHS)
Indian Health Service National Diabetes Program
5300 Homestead Road, NE
Albuquerque, NM 87110
Phone: (505) 248–4182 or (505) 248–4236
Fax: (505) 248–4188
Email: diabetesprogram@mail.ihs.gov
Website: www.ihs.gov/medicalprograms/diabetes/index.asp
Mission: To develop, document, and sustain a health effort to prevent and control diabetes in American Indian and Alaska Native communities.
Materials: IHS makes many diabetes resources available, including the Diabetes Curriculum Packet, nutrition education materials, general diabetes information, professional resources, training programs, posters, audiovisual materials, and other patient education materials. Educational materials are directed toward American Indian and Alaska Native populations, and some materials are available at a lower reading level. Materials can be obtained upon request from the IHS National Diabetes Office.

National Diabetes Education Program (NDEP)
1 Diabetes Way
Bethesda, MD 20892–3560
Phone: 1 (800) 438–5383
Fax: (703) 738–4929
Email: ndep@mail.nih.gov
Website: www.ndep.nih.gov
Mission: To improve the treatment and outcomes for people with diabetes, to promote early diagnosis, and to prevent or delay the onset of diabetes.
Materials: Diabetes education materials are available free or at little cost.

National Diabetes Information Clearinghouse (NDIC)
1 Information Way
Bethesda, MD 20892–3560
Phone: 1 (800) 860–8747
Fax: (703) 738–4929
Email: ndic@info.niddk.nih.gov
Website: www.diabetes.niddk.nih.gov
Mission: To serve as a diabetes information, educational, and referral resource for health professionals and the public. NDIC is a service of the National Diabetes and Digestive and Kidney Disease Institute (NIDDK), a part of the National Institutes of Health (NIH).
Materials: Diabetes education materials are available free or at little cost. Literature searches on myriad subjects related to diabetes are provided.
National Digestive Diseases Information Clearinghouse (NDDIC)
2 Information Way
Bethesda, MD 20892–3570
Phone: 1 (800) 891–5389
Fax: (703) 738–4929
Email: nddic@info.niddk.nih.gov
Website: www.digestive.niddk.nih.gov
Mission: To serve as a digestive disease informational, educational, and referral resource for health professionals and the public. NDDIC is a service of the NIDDK.
Materials: Educational materials about digestive diseases, available free or at little cost.

National Eye Institute (NEI)
2020 Vision Place
Bethesda, MD 20892–3655
Phone: 1 (800) 869–2020 (for health professionals only)
Fax: (301) 402–1065
Email: 2020@nei.nih.gov
Website: www.nei.nih.gov
Mission: To promote public and professional awareness of the importance of early diagnosis and treatment of diabetic eye disease.
Materials: NEI produces patient and professional education materials related to diabetic eye disease and its treatment, including literature for patients, guides for health professionals, and education kits for community health workers and pharmacists.

National Heart, Lung, and Blood Institute (NHLBI) Information Center
P.O. Box 30105
Bethesda, MD 20824–0105
Phone: (301) 592–8573
TTY: (240) 629–3255
Fax: (240) 629–3246
Email: nhlbiinfo@nhlbi.nih.gov
Website: www.nhlbi.nih.gov
Mission: To provide information and respond to inquiries related to the prevention and treatment of heart, lung, blood, and sleep disorders.
Materials: Patient education and professional materials are available on numerous topics, including cholesterol, high blood pressure, asthma, blood disease, heart disease, heart attack, exercise, obesity, lung disease, and sleep disorders. Treatment guidelines for health professionals are available on cholesterol, high blood pressure, obesity, and asthma.

National Institute of Dental and Craniofacial Research
National Oral Health Information Clearinghouse (NOHIC)
1 NOHIC Way
Bethesda, MD 20892–3500
Phone: (301) 402–7364
Fax: (301) 480–4098
Email: nidcrinfo@mail.nih.gov
Website: www.nidcr.nih.gov
Mission: To serve as a resource for patients, health professionals, and the public who seek information about general oral health topics and the oral health of special care patients.
Materials: NOHIC provides a variety of services to help patients and professionals obtain information including patient and professional educational materials.

National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC)
3 Information Way
Bethesda, MD 20892–3580
Phone: 1 (800) 891–5390
Fax: (703) 738–4929
Email: nkudic@info.niddk.nih.gov
Website: www.kidney.niddk.nih.gov
Mission: To serve as a kidney and urologic disease informational, educational, and referral resource for health professionals and the public. NKUDIC is a service of NIDDK.
Materials: Educational materials on kidney and urologic diseases are available free or at little cost.
National Kidney Disease Education Program (NKDEP)
3 Kidney Information Way
Bethesda, MD 20892
Phone: 1 (866) 4-KIDNEY or (866) 454–3639
Fax: (301) 402–8182
Email: nkdep@info.niddk.nih.gov
Website: www.nkdep.nih.gov
Mission: NKDEP is an initiative of the National Institutes of Health and aims to raise awareness of the seriousness of kidney disease, the importance of testing those at high risk (those with diabetes, high blood pressure, or a family history of kidney failure), and the availability of treatment to prevent or slow kidney failure.
Materials: Educational materials about kidney disease, available free or at little cost.

Office of Minority Health Resource Center (OMH-RC)
P.O. Box 37337
Washington, DC 20013–7337
Phone: 1 (800) 444–6472
Fax: (301) 251–2160
Email: info@omhrc.gov
Website: www.omhrc.gov
Mission: To improve the health of racial and ethnic populations through the development of health policies and programs. OMH-RC is the largest resource and referral service on minority health in the Nation.
Materials: OMH-RC offers information, publications, mailing lists, database searches, referrals, and more for African American, Asian, Hispanic/Latino, American Indian/Alaska Native, and Pacific Islander populations. OMH-RC publishes the newsletters Closing the Gap and HIV Impact.

Veterans Health Administration (VHA)
Program Chief, Diabetes
Veterans Health Administration
810 Vermont Avenue, NW
Washington, DC 20420
Phone: (202) 273–5400
Fax: (202) 273–9142
Website: www1.va.gov/diabetes/#veterans
Mission: To decrease the prevalence of adverse health outcomes in veterans with diabetes by ensuring that each patient at each facility has access to preventive and treatment programs that meet national standards of care.
Materials: The VHA Diabetes Clinical Practice Guidelines is a comprehensive, evidence-based document that incorporates information from several existing, national consensus, evidence-based guidelines into a format that maximally facilitates clinical decision making. An algorithmic format was chosen because of evidence that such a format improves data collection and diagnostic and therapeutics decision making and changes patterns of resource use. Guidelines were developed in six major subject areas, including glycemic control, foot care, eye care, hypertension, lipids, and renal disease. A computer version of the algorithm is under discussion.

Weight-control Information Network (WIN)
1 WIN Way
Bethesda, MD 20892–3665
Phone: 1 (877) 946–4627 or (202) 828–1025
Fax: (202) 828–1028
Email: win@info.niddk.nih.gov
Website: win.niddk.nih.gov
Mission: To address the health information needs of individuals through the production and dissemination of educational materials.
Materials: Fact sheets, brochures, reprints, consensus statements, and literature searches on weight control, obesity, and weight-related nutritional disorders.
Professional and Voluntary Associations

American Association of Clinical Endocrinologists (AACE)
1000 Riverside Avenue, Suite 200
Jacksonville, FL 32202
Phone: (904) 353–7878
Fax: (904) 353–8185
Website: www.aace.com
Mission: To provide an avenue for the study of the scientific, social, political, and economic aspects of endocrinology consistent with maintaining the highest levels of patient care and the highest standards of medical practice. AACE is an international organization representing physicians devoted to enhancing the field of clinical endocrinology.
Materials: AACE publishes a peer-reviewed scientific journal, Endocrine Practice. The organization also publishes The First Messenger newsletter and other timely publications, such as practice guidelines, to keep members abreast of scientific developments and news.

American Association of Diabetes Educators (AADE)
200 W. Madison Avenue, Suite 800
Chicago, IL 60606
Phone: 1 (800) 338–3633 or (312) 424–2426
Diabetes Educator Access Line: 1 (800) TEAMUP4 (1–800–832–6874)
Fax: (312) 424–2427
Email: aade@aadenet.org
Website: www.diabeteseducator.org or www.aadenet.org
Mission: AADE is a multi-disciplinary organization of more than 10,000 health professionals dedicated to advocating quality diabetes education and care.
Materials: AADE publishes The Diabetes Educator, a bimonthly journal for multidisciplinary members of the diabetes health care team. The journal publishes the latest diabetes education research and provides valuable teaching tools and techniques. AADE also produces the most comprehensive diabetes education resource, A Core Curriculum for Diabetes Education, now in its third edition. AADE members receive AADE News, providing association-related news and practice information, nine times per year.

American Diabetes Association (ADA)
1701 North Beauregard Street
Alexandria, VA 22311
Phone: 1 (800) DIABETES (1–800–342–2383) (National Call Center)
(703) 549–1500 (National Service Center)
1 (800) 232–3472 (professional member department only)
Fax: (703) 549–6995
Email: askada@diabetes.org
Professional Membership Email: membership@diabetes.org
Website: www.diabetes.org
Mission: To prevent and cure diabetes and to improve the lives of everyone affected by diabetes.
Materials: The American Diabetes Association publishes many books and resources for health professionals and people with diabetes. In addition, it publishes Diabetes Forecast, a monthly magazine for people with diabetes, and Diabetes Care, and Diabetes Spectrum, which are professional journals.

American Dietetic Association (ADA)
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606–6995
Website: www.eatright.org
Mission: To promote optimal nutrition and well-being for all people by advocating for its members.
Materials: The American Dietetic Association publishes a monthly professional journal, The Journal of the American Dietetic Association, and a monthly newsletter, ADA Courier. In addition, it publishes many books and other resources for consumers and professionals.
American Podiatric Medical Association (APMA)
9312 Old Georgetown Road
Bethesda, MD 20814–1621
Phone: (301) 571–9200
Fax: (301) 530–2752
Website: www.apma.org
APMA Foot Care Information Center
Phone: 1 (800) FOOT–CARE (1–800–366–8227)
Mission: To serve the professional needs and promote the standards and ethics of doctors of podiatric medicine and their services to the public.
Materials: APMA publishes a monthly magazine, APMA News; a monthly journal, Journal of the American Podiatric Medical Association; and a diabetes-specific booklet, Your Podiatric Physician Talks About Diabetes, along with many other brochures on various foot health topics.

American Urological Association (AUA)
1000 Corporate Boulevard, Suite 410
Linthicum, MD 21090
Phone: 1 (866) RINGAUA (1–866–746–4282) or (410) 689–3700
Fax: (410) 689–3800
Email: aua@auanet.org
Website: www.auanet.org
Mission: To provide research grants, patient and public education and awareness, Government relations, and patient support group activities.
Materials: Informational brochure about the American Urological Association Foundation, Family Urology (quarterly magazine), and patient education brochures.

Diabetes Action Research and Education Foundation
426 C Street, NE
Washington, DC 20002
Phone: (202) 333–4520
Fax: (202) 558–5240
Email: info@diabetesaction.org
Website: www.diabetesaction.org
Mission: To support and promote education and scientific research to enhance the quality of life for everyone affected by diabetes.
Materials: The foundation publishes the booklet Managing Your Diabetes: Basics and Beyond.

Diabetes Exercise and Sports Association (DESA)
8001 Montcastle Drive
Nashville, TN 37221
Phone: 1 (800) 898–4322
Fax: (615) 673–2077
Email: desa@diabetes-exercise.org
Website: www.diabetes-exercise.org
Mission: To enhance the quality of life for people with diabetes through exercise.
Materials: The Challenge is DESA’s quarterly newsletter. DESA also provides pamphlets on diabetes and exercise.

Endocrine Society
8401 Connecticut Avenue, Suite 900
 Chevy Chase, MD 20815–5817
Phone: (301) 941–0200 or 1 (888) 363–6274
Fax: (301) 941–0259
Email: pcorrea@endo-society.org
Website: www.endo-society.org
Mission: To promote excellence in research, education, and the clinical practice of endocrinology; foster a greater understanding of endocrinology among the general public and practitioners of complementary medical disciplines; and promote the interests of all endocrinologists at the national scientific research and health policy levels of Government.
Materials: The Endocrine Society publishes four professional journals: Endocrinology, The Journal of Clinical Endocrinology and Metabolism, Endocrine Reviews, and Molecular Endocrinology. Another publication, The Clinical Endocrinology Update Syllabus, provides practicing endocrinologists with a review of the
diagnosis and management of all major components of contemporary endocrinology.

**Juvenile Diabetes Research Foundation International (JDRF)**

120 Wall Street  
New York, NY 10005–4001  
Phone: 1 (800) 533–CURE (2873)  
Fax: (212) 785–9595  
Email: info@jdrf.org  
**Website:** www.jdrf.org  
**Mission:** To support and fund research to find a cure for diabetes and its complications. JDRF is a nonprofit, voluntary health agency, and the world’s leading charitable funder of research to find a cure for diabetes.  
**Materials:** JDRF publishes the quarterly magazines Countdown and Countdown for Kids, as well as a series of patient education brochures about type 1 and type 2 diabetes and also a research e-newsletter to provide the latest information about research on type 1 diabetes and its complications.

**National Kidney Foundation, Inc. (NKF)**

30 East 33rd Street  
New York, NY 10016  
Phone: 1 (800) 622–9010 or (212) 889–2210  
Fax: (212) 689–9261  
Email: info@kidney.org  
**Website:** www.kidney.org  
**Mission:** To prevent kidney and urinary tract diseases, improve the health and well-being of individuals and families affected by these diseases, and increase the availability of all organs for transplantation. Through its 51 affiliates nationwide, NKF conducts programs in research, professional education, patient and community services, public education, and donation. The work of NKF, a major voluntary health organization, is funded primarily by public donations.  
**Materials:** NKF has several publications including American Journal of Kidney Diseases, Journal of Renal Nutrition, Advances in Renal Replacement Therapy, Journal of Nephrology Social Work, Renalink, NKF MD, NKF Family Focus, Transplant Chronicles, and For Those Who Give and Grieve. Additional patient and public education materials are also available.

**National Certification Board for Diabetes Educators (NCBDE)**

330 East Algonquin Road, Suite 4  
Arlington Heights, IL 60005  
Phone: (847) 228–9795  
Phone requests for exam applications: (913) 541–0400  
Fax: (847) 228–8469  
Email: info@ncbde.org  
**Website:** www.ncbde.org  
**Mission:** To promote excellence in the field of diabetes education through the development, maintenance, and protection of the Certified Diabetes Educator (CDE) credential and the certification process.  
**Materials:** NCBDE publishes a brochure that contains information about eligibility requirements and the certification examination.

**Pedorthic Footwear Association (PFA)**

2025 M Street, NW, Suite 800  
Washington, DC 20036  
Phone: (202) 367–1145 or 1 (800) 673–8447  
Fax: (202) 367–2145  
**Website:** www.pedorthics.org  
**Mission:** To increase knowledge and understanding of pedorthics and its practice, encourage development of new pedorthic tools and techniques, and foster the professional development of pedorthic practitioners.  
**Materials:** PFA publishes the bimonthly magazine Current Pedorthics, formerly called Pedoscope; the brochures Pedorthics: Foot Care Through Proper Footwear and Diabetes & Pedorthics: Conservative Foot Care; reference guides; and manuals.
INTERNATIONAL RESOURCES

International Diabetes Federation (IDF)
Chaussée de la Hulpe 166
B-1170 Brussels, Belgium
Phone: +32-2-5385511 | Fax: +32-2-5385114
infor@idf.org
Website: www.idf.org

For further information on the IDF North American Region, please Contact:
Linda Cann
American Diabetes Association
1701 N. Beauregard Street
Alexandria VA 22311
USA
Tel: 1 (703) 549-1500 ext 2148 or 1 (703) 379-5066
Fax: 1 (703) 549-1715
E-mail: lcann@diabetes.org

Pan American Health Organization Field Office-US-Mexico Border
5400 Suncrest Dr, Ste C-4
El Paso, TX 79912
Phone: (915) 845-5950
Fax: (915) 845-4361
Website: www.fep.paho.org
**LIST OF ABBREVIATIONS**

Providers who may be part of a diabetes healthcare team

- CDE Certified Diabetes Educator
- CHR Community Health Representative
- CNA Certified Nutrition Assistant
- CHW Community Health Worker (Promotora/Community Health Representative)
- DO Doctor of Osteopathy
- DDS Doctor of Dental Surgery
- DPM Doctor of Podiatric Medicine
- FNP Family Nurse Practitioner
- LPN Licensed Practical Nurse
- MA Medical Assistant
- MD Medical Doctor
- NP Nurse Practitioner
- PA Physician Assistant
- PCP Primary Care Physician
- PHN Public Health Nurse
- RD Registered Dietitian
- RN Registered Nurse

**Other Abbreviations**

- ADA American Diabetes Association
- AHCCCS Arizona Health Care Cost Containment System
- DEPTH Diabetes Education Path to Health
- DM Diabetes Mellitus
- IHS Indian Health Services
- PHS Public Health Service
- SNAP Supplemental Nutrition Assistance Program
- TANF Temporary Assistance to Needy Families
- USPHS United States Public Health Service
- VA Veterans Administration
- WIC Women, Infants, and Children
A
Advocates for the Disabled 40
Ak-Chin Indian Community 77, 98
American Association of Clinical Endocrinologists (AACE) 108
American Association of Diabetes Educators (AADE) 103, 108
American Diabetes Association (ADA) 108
American Diabetes Association of Tucson 65, 99
American Diabetes Association (Phoenix and Northern Arizona) 40, 99
American Dietetic Association (ADA) 108
American Heart Association 48, 99
American Podiatric Medical Association (APMA) 109
American Urological Association (AUA) 109
Apache County Health Department 6
Apache County Human Resources 9
Apache County Public Health Services 6, 9
Apache County Public Health Services District 9
Apache Diabetes Wellness Center 59, 97
Arizona Association of Community Health Centers 99
Arizona Braille and Talking Book Library 40
Arizona Center for the Blind and Visually Impaired 40
Arizona Department of Economic Security 6, 8, 9, 10, 12, 13, 15, 16, 18, 21, 22, 24, 25, 26, 28, 30, 32, 34, 35, 36, 38, 39, 40, 41, 47, 49, 52, 53, 54, 56, 57, 58, 59, 60, 62, 65, 66, 74, 75, 76, 77, 80, 84, 85, 87, 90, 92
Arizona Department of Health Services 100, 101
Arizona Department of Insurance 101
Arizona Diabetes Center and Southern Arizona Limb Salvage Alliance (SALSA) 66
Arizona Diabetes Virtual Center of Excellence (ADVICE) 102
Arizona Family Care Associates 15
Arizona Foundation for the Eye (AFE) 102
Arizona, Juvenile Diabetes Research Foundation 103
Arizona Kidney Foundation 102
Arizona Kidney Foundation Financial Assistance 41
Arizona, Mental Health Association of 103
Arizona State Hospital 103
Arizona State University 49

B
Bagdad Community Health Center 84
Banner Baywood Diabetes Support Group 39
Banner Baywood Medical Center 38
Banner Thunderbird Medical Center 37
Benson Hospital 12

C
Campesinos Sin Fronteras 90
Camp Verde Health Center 84
Canyonlands Community Health Care 54
Carondelet Diabetes Education Institute 104
Carondelet Health Network 80
Carondelet Holy Cross Hospital Inc. 80
Carondelet Medical Mall at Green Valley 63
Carondelet St. Joseph’s Hospital 66
Carondelet St. Mary’s Hospital 66
Casa Grande Regional Medical Center 74
Centers for Disease Control and Prevention (CDC) 105
Chinle Service Unit Diabetes Program 6, 94
Chiricahua Community Health Centers 12, 13, 14
Cibcuen IHS Center 56, 96
Clinica Adelante 34, 48, 49
Cobre Valley Community Hospital 24
Cochise County Health Department 13
Cochise County Health & Social Services 12
Coconino County Health Department 18
Concilio Latino de Salud 41
Continental Clinic (UCHC) 63
Continental Pediatrics 63
Copper Queen Community Hospital 13

D
Desert Senita Community Health Center 62
Diabetes Action Research and Education Foundation 109
Diabetes Exercise and Sports Association (DESA) 109
Diabetes Management & Training Centers 104
Donor Network of Arizona 41

E
Easter Seal Society of Arizona 92
El Pueblo Clinic 67
El Rio Health Center 67
Endocrine Society 109

F
Flagstaff Medical Center 18, 19
Fort Defiance Indian Health Service 7, 94
Fort Defiance Indian Hospital (IHS) 7, 94
Friends in Deed 63

G
Gila County Health Department 24, 25
Gila River Health Care 77, 98
Graham County Health
Department Annex 28
Grand Canyon University 41
Greenlee County Health
Department 30

H
Havasupai Tribe Diabetes Program 21
Hopi Health Care Diabetes
Program 58, 97
Hopi Tribal Office of Health Services 57, 97

I
Indian Health Service (IHS) 105
Inscription House Health Clinic 58, 97
Insurance Board Consumer
Assistance 41
International Diabetes Federation (IDF) 111
Inter Tribal Council of Arizona 42, 94

J
Juvenile Diabetes Research
Foundation Arizona 42, 103
Juvenile Diabetes Research
Foundation International (JDRF) 110

K
Kingman Regional Medical Center 53
Kino Community Hospital 68

L
Lake Powell Medical Center 21
La Paz County Health Department 32
La Paz Regional Hospital 32
Las Fuentes Health Clinic of Guadalupe 37, 95
Lions Vision Center 42
Little Colorado Medical Center 60
Luke Air Force Base 38
Luke Air Force Base Arizona 38

M
Marana Health Center 64
Marana Health Disparities
Collaborative – Diabetes 64
Maricopa County Department of
Public Health 42
Maricopa County Health
Department 34, 35, 36, 37, 39, 47
Maricopa Integrated Health
Systems 34, 35, 36, 37, 39, 42, 43
Maricopa Medical Center 44
Mariposa Community Health
Center 80, 81
Mariposa WIC Program 81
Mayo Clinic Scottsdale 47
Medstar Research Institute 44
Mohave County Department of
Public Health 54
Mountain Park Health Center 44
Mt. Graham Regional Medical
Center 28
My House Senior Living 68

N
NAMI Arizona (National Alliance on
Mental Illness) 103
National Certification Board for
Diabetes Educators (NCBDE) 110
National Diabetes Education
Program (NDEP) 105
National Diabetes Information
Clearinghouse (NDIC) 105
National Digestive Diseases
Information Clearinghouse (NDDIC) 106
National Eye Institute (NEI) 106
National Heart, Lung, and Blood
Institute (NHLBI) Information
Center 106
National Institute of Dental and
Craniofacial Research 106
National Kidney and Urologic
Diseases Information
Clearinghouse (NKUDIC) 106
National Kidney Disease Education
Program (NKDEP) 107
National Kidney Foundation 110
Native American Community
Health Center 44, 96
Native American Indian Research and
Training Center 68, 98
Native Americans for Community
Action (NACA) Family Health
Center 19, 95
Navajo Area Indian Health Service/
Kayenta Service Unit 56, 96
Navajo County Public Health
Services District 56
Navajo Nation Health Education
Program 7, 57, 94, 96
Navajo Nation Program for Self
Reliance (TANF) 57
Navajo Nation Special Diabetes
Project 10, 94
North Country Community Health
Center 19
Northern Arizona Healthcare-
Flagstaff Medical Center 104
Northern Arizona University 20
Northern Arizona VA Health Care
System 85
Northern AZ Healthcare Diabetes
Program 20
Northern Cochise Community
Hospital 16
Northwest Diabetes Life Skills
Center 68

O
Office of Minority Health Resource
Center (OMH-RC) 107

P
Page Hospital 21
Pan American Health Organization
Field Office-US-Mexico Border 111
Parker USPHS Hospital 32, 95
Pascua Yaqui Health Programs 68, 98
Patagonia Family Health Center 81
Payson Regional Medical Center 25
Peach Springs Indian Health Center 54, 96
Pedorthic Footwear Association (PFA) 110
Phoenix Area Indian Health Service 44, 96
Phoenix Baptist Hospital 45
Phoenix Indian Medical Center 45, 96
Phoenix Memorial Healthcare Center 45
Pima County Health Department 62, 63, 69
Pima County Health Department East 69
Pima Home Health 69
Pinal County Public Health Services District 76

R
Raising Special Kids 45
Recording for the Blind and Dyslexic 46
Regional Center for Border Health 90, 91

S
Safford Community Health Center 28
Sage Memorial Hospital 8
Samaritan Family Health Center 25
San Carlos Apache Tribal Diabetes 26
San Carlos Apache Tribal Diabetes Prevention Program 95
San Carlos Hospital Diabetes Team 26, 95
San Xavier PHS Indian Health Center 65, 97
Scottsdale Healthcare 48
Scottsdale Healthcare Shea 48
Sells Indian Hospital 65, 97
Senior Circle of Western Arizona Regional Medical Center 52
Sierra Vista Regional Health Center 15, 16
Social Security Administration 14, 20, 24, 28, 32, 37, 46, 48, 58, 69, 74, 81, 86, 93
Southeast Arizona Medical Center 14
Southern Arizona Veterans Affairs 69
St. Elizabeth’s Health Center 70
St. Joseph’s Hospital 46
St. Vincent De Paul 46
Summit Healthcare Regional Medical Center 59
Sun Life Family Health Center 75, 76
Sunset Community Health Center 90, 91, 92, 93
Sunsites Medical Clinic 15
Sun Sounds of Arizona 49

T
The Well Woman Health Check Program 52
Three Points Clinic 70
Tohono O’odham Nation Department of Health and Human Services 65, 98
Tuba City Regional Health Care Diabetes Education Program 22, 95
Tucson Indian Center (TIC) 70, 98
Tucson Medical Center 70

U
United Community Health Center 62, 64
United Community Health Center @ Presidio Pointe 64
University of Arizona 71
University of Arizona/Angel Wing Clinic/Steele Children’s Research Center 71
U.S. Equal Employment Opportunity Commission 103

V
VA Hospital 47
Verde Valley Medical Center 84
Veterans Health Administration (VHA) 107

W
Weight-control Information Network (WIN) 107
Western Arizona Regional Medical Center 53

Y
Yavapai Community Health Services 86
Yavapai County Health Department 85
Yavapai Regional Medical Center 86, 87
Yuma County Health Department 93
Yuma Regional Medical Center 93
Arizona Diabetes Resource Directory Information New/Update Form

Please assist us in updating the Arizona Diabetes Resource Directory by completing the following survey.

_____ NEW            _____ Update            _____ No Change

1. Name of Program:______________________________________________________________

2. Sponsoring Organization/Agency:______________________________________________

3. Mailing Address:______________________________________________________________
   City: ___________________________ State: __________________ Zip Code: ____________

4. Contact Person/Title:___________________________________________________________
   Telephone Number (include area code): ____________________________ Fax: ____________

5. Type of Services/Program (check all that apply): __________________________________________________________________________
   General Health Promotion
   - program that has a diabetes component
   - diabetes Education
   - weight management
   - nutrition
   - exercise
   - support group
   - continuing education/training (for professionals)
   - gestational/prenatal

   Diabetes complications specific
   - eye screening
   - hypertension screening
   - foot care
   - prenatal care
   - smoking cessation
   - renal care
   - cardiovascular disease

   Health Professionals
   - Certified Diabetes Educator (CDE)
   - Registered Dietitian (RD)
   - MD/DO
   - PA/NP
   - RN
   - other: ______________________

   other: ______________________

   Other: _______________________________________________________________________

   Specify:
   - People with diagnosed diabetes
   - Minorities
   - General Population
   - Families of people with diabetes
   - Other (e.g., Professionals, teenagers, pregnant women, people with hypertension, etc.)

6. Audience: __________ People with diagnosed diabetes __________ Minorities
   __________ General Population __________ Families of people with diabetes
   Other (e.g., Professionals, teenagers, pregnant women, people with hypertension, etc.)

7. Language used: __________ Spanish __________ English __________ If an American Indian language, specify which one:
   Other: ______________________________________________________________________

8. Year diabetes program was started: __________________

9. Please list materials you have developed: ________________________________________________________________________________
   (Please send available samples to the Diabetes Prevention and Control Program with this questionnaire.)

10. Describe your program. (Include information about services provided, sources of support, who provides your services,
    number of participants, etc.) ______________________________________________________________________________________

    ______________________________________________________________________________________

Please return completed form via FAX at (602) 542-0512 or email at ramirec@azdhs.gov.
If you have any questions, please call (602) 542-8261.

Or you can mail completed form to: Arizona Department of Health Services
                               Diabetes Prevention and Control Program
                               150 N. 18th Avenue, Suite 310
                               Phoenix, AZ  85007-3242

Thank you for your time and assistance.