# 3rd Annual Integrated HIV Symposium

**Tuesday and Wednesday, March 7th and 8th, 2017**

Desert Willow Conference Center  
4340 East Cotton Center Blvd.  
Phoenix, AZ 85040  

## DAY 1 AGENDA

**Tuesday, March 7, 2017**

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 am</td>
<td>Sign-In, Breakfast Service Begins</td>
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| 8:30 am to 8:45 am | Welcome and Housekeeping  
                  | John Sapero, Carmen Batista                                           |
| 8:45 am to 9:00 am | Leadership TED Talk  
                   | Matt Bennett, Coldspring Center                                      |
| 9:00 am to 9:20 am | Statewide Integrated Plan - Presentation  
                   | Carmen Batista, Arizona Department of Health Services, Ryan White Part B |
| 9:20 am to 10:15 am | Statewide Integrated Plan- Regional Breakouts                           |
| 10:15 am to 10:30 am | Break                                                                         |
| 10:30 am to 12:00 pm | Breakout Sessions 1 (choose 1)  
                       | **Impact of dental services on HIV Care, retention and viral load suppression:** Dental services are among some of the most beloved and heavily utilized Ryan White care services. Join clinicians as they discuss how dental health impacts client HIV outcomes.  
                       | **IDU and Harm Reduction:** As the state deals with an increasing drug abuse epidemic, HIV continues to be a threat to a population that is often marginalized and criminalized. With significantly higher transmission rates in Arizona than in the US overall among people who inject drugs and a changing political climate, we must continue to break down the cultural barriers that prevent people who inject drugs from achieving optimal health, thereby ending HIV transmission and loss to care. This presentation will cover current harm reduction initiatives in Pima and Maricopa counties and look ahead to comprehensive harm reduction programs statewide. |
A Very HIP Sampler: 30 Prevention Program Options in 90 Minutes:
Biomedical interventions (PrEP, nPEP and ART) don’t happen in a vacuum.
Thirty options for your clinic, health department or CBO to help you complement, implement and improve biomedical interventions and other high-impact HIV prevention services. Touches on PrEP, PEP, HIV testing, billing EBIs, DEBIs, PCSIs, GLBTQQIA and much more. Denver Prevention Training Center

Integration of Mindfulness in HIV Practice: Provide an understanding of how mindfulness restructures the physical brain, improving mental, emotional, social and physical health. Learn mindfulness approaches that can be integrated into practice with clients/patients. Mindfulness is the future of healing and an important practice as the response to HIV moves into the future. Find out how to integrate these approaches to help clients, and see your work in a whole new light. Matt Bennett- ColdSpring Center

12:00 pm to 1:00 pm
Lunch
Transgender Issues in HIV – Jai Smith, Southern Arizona AIDS Foundation

1:00 pm to 1:15 pm
Break

1:15 pm to 2:45 pm
Breakout Sessions 2 (choose 1)
VIIV Couch Talk- The Client’s Path to Care: A Client/Consumer, Case Manager and Provider discuss the client’s experience from linkage to care through initiation and maintenance in care. Discussion will include how clients move from being more dependent on case management to greater independence in navigating systems. Darwin Gunderson

Cultural Humility and adherence support: This workshop will focus on the need for client centered care related to cultural differences which may mitigate full treatment adherence for diverse populations of people living with HIV/AIDS. Attention will be paid to the realities of intersectionality and the use of cultural humility in establishing an informed approach to adherence challenges. Angelica Lindsey-Ali, Ebony House, Inc.

HIV Leadership Development Think Tank: We won’t be able to meet our audacious goals of ending the HIV epidemic without strong leadership. Be prepared to discuss your thoughts on what agency leadership development needs are, recommended structures and how Arizona and Maricopa County can support the development of leadership at the agencies.

THRIVE Self Care: As helping professionals, we are at risk of experiencing issues that mirror those of the traumatized individuals we serve. Research demonstrates the dangerous impact on physical and emotional health when exposure to trauma is combined with a stressful work environment. Knowledge is the best defense against burn-out, vicarious trauma and compassion fatigue. The Thrive workshop goes further than other self-care workshops by addressing the critical elements of health to enhance productivity and quality of work. Utilizing research in neurobiology, psychology and business, this workshop provides skills for those working in the community to be more effective and
efficient at work, allowing for the highest level of services possible. Matt Bennett, Coldspring Center

2:45 pm to 3:00 pm
Break

3:00 pm to 4:30 pm
Breakout Sessions 3 (choose 1)
IGNITE Your Community- Building an Impactful Community Outreach Program: Eight IGNITE Outreach Community Leaders will present the IGNITE Your Community session, planned to inspire and showcase Southwest Center for HIV/AIDS' Community Outreach Project to demonstrate how an impactful program can be built on people, empowerment, passion and creative thinking – even with minimal funding. Jeremy Bright- Southwest Center for HIV/AIDS

Early Intervention Services: Learn about Texas’s early intervention services model and engage in a facilitated discussion on best EIS practices.

Mental Health and Substance Abuse: This session would be an overview of how these topics relate to HIV and have serious impact on the success of patients in care. Joseph Leahy

Connecting the Paradigms: Using Motivational Interviewing as the organizing principle, Connecting Paradigms will show how providers can utilize the research of neurobiology, and the principles of trauma informed care and harm reduction, to create a holistic approach to helping patients heal medically, psychologically, and socially. With the vast issues facing the average client, this approach provides models that enable helping professionals to partner with clients around both change and healing. Matt Bennett, Coldspring Center

5:00 pm
Evaluation and Close