



How to...

WASH YOUR HANDS

Wet

Wet hands with clean, running water (warm or cold).

1



Soap

Apply soap and rub hands together. Include backs of hands, between fingers, and under nails.

2



Scrub

Scrub hands for 20 seconds. Need a timer? Hum "Happy Birthday" twice.

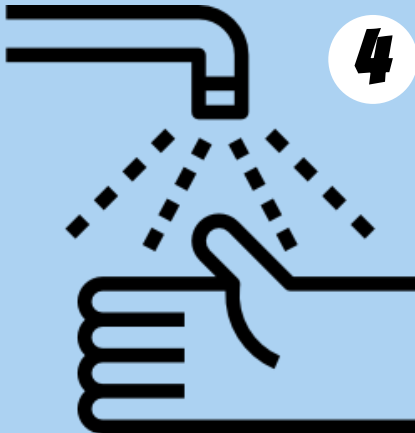
3



Rinse

Rinse hands well under clean, running water.

4



Dry

Dry hands using a clean towel. Turn off tap with towel.

5

