



WIC Benefits for Foster and Adopted Children

Applicants in Arizona foster care or applicants who have been adopted out of Arizona foster care who receive Medicaid benefits from one of the following Arizona Health Care Cost Containment System (AHCCCS) plans are eligible to receive WIC benefits from the Supplemental Nutrition Program for Women, Infants and Children (WIC) automatically.

- Arizona Health Care Cost Containment System (AHCCCS) Complete Care Plan (ACC),
- Mercy Care Department of Child Safety Comprehensive Health Plan (DCS CHP),
- American Indian Health Program (AIHP), or
- Arizona Long Term Care System (ALTCS)

Applicants who are participating in SNAP (Supplemental Nutrition Assistance Program) automatically qualify to participate in the WIC program.

The Arizona Department of Health Services (ADHS) administers the WIC program for the state of Arizona. WIC serves:

- Infants
- Children up to five years of age
- Pregnant women
- Breastfeeding women until their infant's first birthday
- Women whose pregnancy ended less than six months ago

Parents can apply for their infants and children too, including dads, foster parents, grandparents, and other guardians.

WIC provides helpful nutrition tips and breastfeeding support services, supplemental nourishing foods, and referrals to health and community resources.

What does WIC provide for foster and adopted children?

WIC food benefits can include, but are not limited to: beans, cereals, cheese, eggs, formula, fruits, infant foods, milk, peanut butter, vegetables, and other nutritious foods. WIC staff can also offer additional support by helping with referrals to other community resources.

How do I enroll my foster or adopted child in the WIC program?

Contact a [local WIC clinic](#), sign up using the [online portal](#), or call 1 (800) 252-5942 to make an appointment. Make sure to have the **Notice to Provider** document available for the appointment, but ask the local office what to bring to the appointment if you are unsure. Some WIC appointments can be done from home instead of coming into the clinic. Contact your local [WIC clinic](#) for more information.

Where do I buy WIC approved foods?

Many stores and markets accept WIC benefits. You can find a [complete list](#) of stores on the Arizona WIC website, the EzWIC app, or by calling your local store to ask if they accept WIC. In addition, you can download the EzWIC app on your smartphone by searching for **EzWIC** in the **App Store** or **Google Play** store.

Most stores that accept WIC will identify WIC approved foods on their shelves. For example, see the WIC approved item shelf sticker to the right.



How do I purchase WIC approved foods?

WIC benefits are loaded monthly onto an eWIC card for easy use. The app shows the [food list](#), your food balance, the dates you can use the benefits, and allows you to scan foods in the store to see if the items are WIC approved.

To find all of the resources and information related to WIC, visit the [Arizona WIC website](#).

Source: [Arizona WIC website](#)

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