What can you do?

To prepare your business?

- Develop an emergency communication and response plan.
- Review telework capacity and policies to prepare for increased absence due to illness in employees and family members, or early dismissal of early childhood programs and schools.
- Assess essential functions and positions of business operations and be prepared to change or suspend operations.
- Share plans with employees and other businesses you contract with.
- If you require your employees to travel, check the [CDC’s Traveler’s Health Notices](https://www.cdc.gov/travel) regularly for the latest guidance and recommendations on country specific travel.
  - Employees who become ill before traveling should reschedule plans and remain at home.
  - Employees traveling outside of the U.S. should follow their company policy for obtaining medical care if they become sick while traveling.
  - Employees returning from travel within or outside of the U.S. who are not sick should be allowed to return to work unless otherwise indicated by public health.
- Contact the Arizona COVID-19 Hotline (1-844-542-8201) with questions.

To prepare your employees?

- Educate about everyday preventative actions such as:
  - Staying home when sick.
  - Covering coughs and sneezes with a tissue or elbow.
  - Washing their hands often with soap and water for at least 20 seconds. If soap and water are unavailable, sanitizer with at least 60% alcohol should be used.
- Encourage staff to get the seasonal influenza vaccine.
What can you do?

To help prevent COVID-19?

- Perform routine environmental cleaning:
  - Routinely clean all frequently touched surfaces in the workplace, such as workstations, countertops, and doorknobs.
  - Use a bleach-and-water solution (0.1% solution; 1:50 dilution) or disinfectant with a label that says “EPA approved” for killing bacteria and viruses. Always follow directions on product labels.
  - No additional disinfection beyond routine cleaning is recommended at this time.
  - Provide disposable wipes so that commonly used surfaces can be wiped down by employees before and after each use.
- Employees who show up to work sick, or become sick at work, should be sent home immediately.

When can sick employees come back to work?

- If staff have been tested for COVID-19 and are awaiting results, they should remain under home isolation precautions.
- If staff have tested positive for COVID-19, they should remain under home isolation precautions for 7 days from specimen collection OR until 72 hours after fever is gone and symptoms of acute infection resolve, whichever is longer.
- If staff have tested negative for COVID-19 and have compatible symptoms (fever, cough, shortness of breath), they should stay home from others until 72 hours after all symptoms of acute infection resolve.
- If staff have fever with cough or shortness of breath and have not been tested for COVID-19, they should stay home away from others until 72 hours after fever is gone and symptoms of acute infection resolve.
- If staff have other non-compatible symptoms and have not been tested for COVID-19, they should stay home until 24 hours after all symptoms are gone without the use of medicine.
  - At this time, a healthcare provider’s note for employees who are sick with acute respiratory illness should not be required to validate their illness or to return to work, as healthcare provider offices and medical facilities may be extremely busy and not able to provide such documentation in a timely way.
What can you do?

Who to contact if you have questions?

Please contact the Arizona COVID-19 Hotline (1-844-542-8201).

Additional Resources

- azhealth.gov/coronavirus
- cdc.gov/coronavirus/2019-ncov
- Arizona Pandemic Influenza Response Plan
- Travel Guidance
- Identify possible work-related exposures and health risks of employees
- Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 (COVID-19)