

# ARIZONA COVID-19 RESPONSE

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## What can you do?

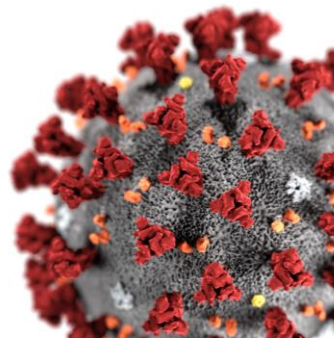
### To prepare your business?

- Develop an emergency communication and response plan.
- Review telework capacity and policies to prepare for increased absence due to illness in employees and family members, or early dismissal of early childhood programs and schools.
- Assess essential functions and positions of business operations and be prepared to change or suspend operations.
- Share plans with employees and other businesses you contract with.
- If you require your employees to travel, check the [CDC's Traveler's Health Notices](#) regularly for the latest guidance and recommendations on country specific travel.
  - Employees who become ill before traveling should reschedule plans and remain at home.
  - Employees traveling outside of the U.S. should follow their company policy for obtaining medical care if they become sick while traveling.

### To prepare your employees?

- Educate about everyday preventative actions such as:
  - Washing their hands often with soap and water for at least 20 seconds.
    - If soap and water are unavailable, sanitizer with at least 60% alcohol should be used.
  - Avoid touching your eyes, nose, and mouth with unwashed hands.
  - Avoid close contact with people who are sick.
  - Staying home when sick.
  - Covering coughs and sneezes with a tissue or elbow.
- Encourage staff to get the seasonal influenza vaccine.

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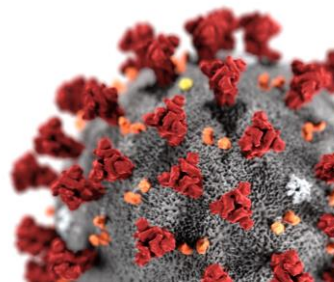
### To help prevent COVID-19?

- Perform routine environmental cleaning:
  - Routinely clean all frequently touched surfaces in the workplace, such as workstations, countertops, and doorknobs.
    - Use a bleach-and-water solution (0.1% solution; 1:50 dilution) or disinfectant with a label that says “EPA approved” for killing bacteria and viruses. Always follow directions on product labels.
    - No additional disinfection beyond routine cleaning is recommended at this time.
    - Provide disposable wipes so that commonly used surfaces can be wiped down by employees before and after each use.
- Employees who show up to work sick, or become sick at work, should be sent home immediately.

### When can sick employees come back to work?

- Contact your [local health department](#) for questions in regards to:
  - Sick employees with recent travel.
  - Potential exposure of COVID-19 in the workplace.
- To determine how long staff should stay home and away from others if they have, or think that they have, COVID-19, visit our [‘Release from Isolation’ guidance](#).
- A healthcare provider’s note for employees who are sick with acute respiratory illness should not be required to validate their illness or to return to work, as healthcare provider offices and medical facilities may be extremely busy and not able to provide such documentation in a timely way.

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## What can you do?

### Who to contact if you have questions?

Please contact the Arizona COVID-19 Hotline (1-844-542-8201).

### Additional Resources

- [azhealth.gov/coronavirus](https://azhealth.gov/coronavirus)
- [cdc.gov/coronavirus/2019-ncov](https://cdc.gov/coronavirus/2019-ncov)
- [Arizona Pandemic Influenza Response Plan](#)
- [Travel Guidance](#)
- [Identify possible work-related exposures and health risks of employees](#)
- [Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 \(COVID-19\)](#)

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