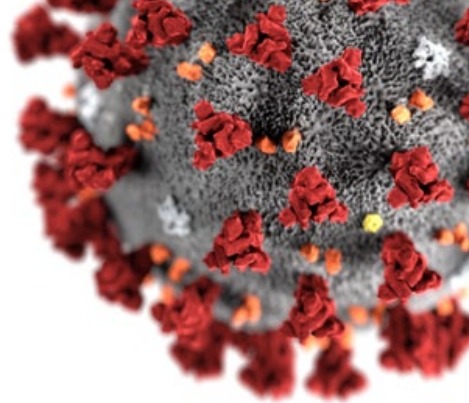


How long to stay home when you are sick with **COVID-19**



STAY HOME AND AWAY FROM OTHERS UNTIL:

1

At least **10 days*** have passed since symptoms first appeared.

*At least 20 days if severely ill or immunocompromised.

AND

2

Fever free for at least **24 hours**, without the use of a fever-reducing medication.

AND

3

Other symptoms, such as cough and shortness of breath, **have improved**.

Everyone should prevent the spread of COVID-19 by:

- **Washing hands** frequently with soap and water for at least 20 seconds, or using a hand sanitizer with at least 60% alcohol
- **Covering your cough** with a tissue or your elbow
- **Wearing a cloth face covering**, if it can be safely managed
- **Cleaning and disinfecting** frequently touched objects and surfaces

