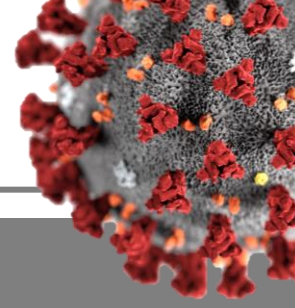


ARIZONA COVID-19



Home Visitor Fact Sheet

Community Health Workers, Social Workers, APS, DCS

Disease Background

Transmission

Based on the available evidence, SARS-CoV-2, the virus that causes COVID-19 infection, is [transmitted via respiratory droplets](#) between people in close contact.

Symptoms

Fever ($> 38^{\circ}\text{C}$ or 100.4°F), cough, myalgia, fatigue, shortness of breath, sore throat early in course.

Incubation Period

Symptoms appear 2-14 days after exposure.

Infectious Period

COVID-19 is most infectious while a patient has acute upper respiratory symptoms.

Recommended Precautions

While in the home, caregivers should:

- Perform hand hygiene frequently. Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains 60 to 95% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- If the patient is not able to wear a facemask (for example, because it causes trouble breathing), you, as the caregiver, should wear a mask when you are in the same room as the patient.
- Wear a disposable facemask and gloves when you touch or have contact with the patient's blood, stool, or body fluids, such as saliva, sputum, nasal mucus, vomit, urine.
- Clean all "high-touch" surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables, every day. Also, clean any surfaces that may have blood, stool, or body fluids on them.

If a caregiver is exposed to a suspect or confirmed COVID-19 case, they should monitor their health and call their healthcare provider right away if they develop symptoms suggestive of COVID-19.

Treatment

No vaccine or specific treatment for COVID-19 is available; care is supportive. Corticosteroid use is not recommended.

Additional Resources*

- [Information for Healthcare Professionals](#)
- [Evaluating and Reporting Persons Under Investigation \(PUI\)](#)
- [Interim Infection Prevention and Control Recommendations for Patients with Confirmed Coronavirus Disease 2019 \(COVID-19\) or Persons Under Investigation for COVID-19 in Healthcare Settings](#)
- [Preventing the Spread of Coronavirus Disease 2019 in Homes and Residential Communities](#)

*Some resources may differ from Arizona recommendations. Please refer back to Arizona guidance for specifics pertaining to Arizona.

Who to contact if you have questions?

Please contact the Arizona COVID-19 Hotline (**1-844-542-8201**).

